Release, Waiver of Liability, and Hold Harmless Agreement

for Injury, Illness, or Property Loss or Damage

In consideration for participation in workshops, classes, festivals, dance sessions, performances, and related activities ("Activities") sponsored by the Folk Dance Federation of California, South, Inc. ("the Federation"), its officers, teachers, and agents, paid or unpaid, I hereby release the Federation from liability, waive my right to sue, and hold harmless for any and all claims, including negligence by the Federation, arising from any physical injury or illness (including death), or from property damage or loss, that I may suffer or which may arise from my involvement in Federation-sponsored Activities.

I VOLUNTARILY PARTICIPATE in Federation-sponsored Activities. I am aware that participation may be physically challenging for me, and that dancing has some risk of personal injury or illness and a potential risk of death or loss of property. I realize that injuries or illness may result from actions, inactions, or negligence of myself, others, or the Federation, or from the condition of the site or facility. Nonetheless, I assume all risks, known and unknown, of my participation. In addition, I am sufficiently fit for the Activities, including dances, in which I participate.

I AGREE TO HOLD THE FEDERATION HARMLESS against any and all claims for personal injury, illness, loss or damage to my personal property, and liabilities and costs, including attorney's fees that result from my participation in its Activities. If the Federation incurs any of these expenses as a result of my participation in its Activities, I agree to reimburse the Federation.

I AGREE TO BE FINANCIALLY RESPONSIBLE for any costs resulting from any medical treatment I may need as a result of my participation in Federation Activities, or travel to and from its Activities. I am aware that the Federation does not provide medical insurance for me.

I UNDERSTAND THIS RELEASE IS INTENDED TO DISCHARGE IN ADVANCE, all Federation officers, teachers, and agents from any and all liability arising out of, or connected to, my participation in Activities of the Federation, and is also intended to be binding on my heirs, administrators, executors, and assigns.

I understand that this document is intended to be as broad and inclusive as permitted by law and that if any portion is held invalid, the balance will continue in full legal force and effect.

I HAVE READ this document and I am signing it freely. I understand that by signing, I am releasing the Federation from all liability, waiving my right to sue the Federation, and assuming all risks of participating in its Activities, including negligence and contraction of infectious disease.

Name (print)	
Signature	Date

Release, Waiver of Liability, and Hold Harmless Agreement for Coronavirus/COVID-19 and Other Infectious Diseases

By signing below, I acknowledge the contagious nature of COVID-19 and other diseases and acknowledge that the Folk Dance Federation of California, South, Inc. ("the Federation") cannot guarantee that any preventative measures it might take or require will reduce or prevent infection from COVID-19 or other disease. Also, I understand the Federation cannot guarantee I will not become infected with COVID-19 or other disease, and that attending a Federation-sponsored workshop, class, festival, dance, performance, or related activity ("Activities") could increase my risk of contracting such a disease.

I also understand that the risk of becoming exposed to, or infected by, COVID-19 or another infectious disease, during Federation sponsored Activities may result from the actions, inactions, omissions, or negligence of myself, others, or the Federation, or from the condition of the site or facility.

I VOLUNTARILY ASSUME THE RISK that I may be exposed to a disease-causing agent, including COVID-19, by attending Federation Activities; and I acknowledge that such exposure or infection may result in personal injury, disease, death, or permanent illness or disability.

I AGREE to hold the Federation HARMLESS against any and all claims for illness or disease, including COVID-19, and liabilities and costs, including attorney's fees that result from my participation in its Activities. If the Federation incurs any of these types of expenses, I agree to reimburse the Federation.

I AGREE to be financially responsible for any costs resulting from any medical treatment that I may need as a result of my participation in Federation Activities, or from travel to and from Activities. I am aware that the Federation does not provide medical insurance for me.

I UNDERSTAND THIS RELEASE IS INTENDED TO DISCHARGE IN ADVANCE, all Federation officers, teachers, and agents from any and all liability arising out of, or connected to, my participation in Activities of the Federation, and is also intended to be binding on my heirs, administrators, executors, and assigns.

I understand that this document is intended to be as broad and inclusive as permitted by law and that if any portion is held invalid, the balance will continue in full legal force and effect.

I have read this document and I am signing it freely. I understand by signing, I am releasing the Federation from all liability, including negligence, and waiving my right to sue the Federation, and I am assuming all risks of participating in its Activities, including contraction of COVID-19 or other infectious disease.

Name		
Signature	Date	