Folk Dance Federation of California

Dance Descriptions Volume III

WEGGIS DANCE (Vay-gis) (Swiss)

<u>Music</u> "Weggis Song"--see accompanying music. In various versions of the dance, an "interlude" of two measures is played after each chorus, during which couples take position for next figure.

References The version given here is based on one taught by Mr. Bernard Frank, leader of a folk dance group in Washington, D. C. The following references give other versions.

Fox, Grace I; Folk Dancing in High School and College, A. S. Barnes, M. Y., 1944, p. 67 Ref. 3, p. 38, "Swiss Polka."

Formation Couples in a circle, partners standing side by side, facing counterclockwise, in open position.

Steps

Heel-toe Polka*, Schottische*, Step-hop*, Three-step Turn*

Mus	sic (2/4)	Pattern
	Measure	I. Heel-Toe Polka
A	1 - 2	Starting on outside ft., partners progress fwd. with one heel-toe polka.
	3 - 4	Repeat heel-toe polka step, beginning on inside ft.
	5 - 8	Repeat action of meas. 1-4.
		Chorus
в	9	Partners both facing fwd. in line of direction of large circle, moving
2	· ·	diagonally fwd. away from each other (N to L, W to R), partners take
		one complete schottische step, with hands on hips.
	10	Moving diagonally fwd., returning to partner, partners take one complete
		schottische step.
	11 - 12	In shoulder-waist position, turn together clockwise with 4 step-hops.
	13 - 16	Repeat action of mens. 9-12.
		II. Heel-toe Polka in Small Circle
A	1 - 2	Facing each other and holding R hands, partners move around each other in
-	-	small circle with one heel-toe polka, each starting with L ft.
	3 - 4	Continue, starting with R ft.
	5 - 8	Repeat action of meas. 1-4.
		In this figure couples make one couplete turn, and end in original places.
		Chorus
В	9 - 16	Same as above.
		III. Step, Point and Polka, Side by Side
A	1 - 2	Partners assume "skating" position (similar to promenade position, except
		M has R arm under M L arm). Both step on R ft.; point L toe in front of R.
		Step on L ft.; point R toe in front of L.
	3 - 4	Starting with hop on L ft., both partners take 2 polka steps fwd.
	5 - 8	Repeat action of meas. 1-4.
		Chorus
В	9 - 16	Same as above.
		IV. Step, Point and Polka in Snall Circle.
А	1 - 4	Facing each other and holding R hands, partners step on R, point L in front
		of R; then step on L, point R in front of L, then take 2 polka steps, starting
	1.1.1	with hop on L, moving around each other in a small circle.
	5 - 8	Repeat action of mens. 1-4.
		In this figure, couples make one complete turn around each other and end in
		original places.
-		Chorus
В	9 - 16	Same as above.
		V. Three-step Turn
A	1 - 2	Partners face, holding inside hands high and having outside hands on hips.
		Partners make a three-step turn, turning away from each other, and both moving
		counterclockwise around the large circle. On last ct. of meas. 2, partners
		join hands (H L and W R), H brings ft. together and bows, while W makes
	7 4	curtsy, touching L in back of R.
	3 - 4 5 - 8	Repeat action of meas. 1-2 in reverse direction.
	5 - 8	Repeat action of meas. 1-4. Chorus
в	9 - 16	Same as above.
D	3 - 10	On last meas. (16), H lifts W in air.

Rote: This may be made a progressive dance by having H move fwd. to next W ahead at the end of each chorus, or at the end of the dance.

WEGGIS SONG









