

## To Milo

(Greece)

To Milo (TOH MEE-loh) means *the apple*. This dance was choreographed by Tineke and Maurits van Geel to Greek music. This music is by Dasho Kurti, the singer is Yiorgos Dalaras. This dance has been presented by Maurits on several occasions, most recently at the 2019 Stockton Folk Dance Camp at University of the Pacific.

Music: 4/4 Meter The basic rhythm is S. Q, Q (1, 2, 3). CD: *Dance Program 2019, Maurits van Geel, Track #9*

Video: *2019 Stockton Folk Dance Camp DVD*. Camp videos can be viewed by contacting a Camp participant who purchased it.

Formation: Open line of dancers facing center, arms in V-pos. The leader is on the right end of the line.

Steps & Styling: Smooth, not bouncy.

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Measures	4/4	PATTERN
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INTRODUCTION. Begin after the improvisation, with the melody. Just before the melody begins move arms up to W-pos with hands at shoulder level and slightly forward.

I. CROSSES IN FRONT.

- 1 Step R to R (cts 1-2); step L in front of R (ct 3); step R to R (ct 4).
- 2 Step L in front of R (cts 1-2); step R to R (ct 3); step L in front of R (ct 4).
- 3 Step R slight fwd (cts 1-2); moving L hip fwd, touch L fwd with flat foot (cts 3-4).
- 4 Step L diag bkwd L (cts 1-2); step R next to L (ct 3); step L in front of R (ct 4).
- 5-8 Repeat meas 1-4.

II. WALKING STEPS.

- 1 Step R to R (cts 1-2); step L in front of R (cts 3-4).
- 2 Beg R, four steps to R (cts 1, 2, 3, 4).
- 3-4 Repeat Fig I, meas 3-4.
- 5-8 Repeat meas 1-4.

III. GRAPEVINES.

- 1 Step R to R (cts 1-2); step L behind R (ct 3); step R to R (ct 4).
- 2 Step L in front of R (cts 1-2); step R to R (ct 3); step L behind R (ct 4).
- 3-4 Repeat Fig I, meas 3-4.
- 5-8 Repeat meas 1-4.

IV. TRAVELING RIGHT AND LEFT. Face CCW and lower arms to V-pos.

- 1 Step R fwd (cts 1-2); two steps (L,R) fwd (cts 3, 4).
- 2 Repeat meas 1 with opp ftwk, continuing to R (CCW).
- 3-4 Repeat Fig I, meas 3-4.
- 5-8 Repeat meas 1-4 with opp ftwk and direction, moving to L (CW). At the end, bring arms up to W-pos to start the dance from the beginning.

ENDING.

- 1-2 Repeat Fig IV, meas 1-2.
- 3 Facing ctr, step R slightly fwd (cts 1-2); touch L fwd (ct 3); hold (ct 4).
- 4 Music slows dramatically. Step L bkwd (ct 1); hold (ct 2); step on ball of R slowly across L (cts 3-4).

Sequence: Dance Fig I-IV three times, then the ending.



Maurits van Geel dancing at Stockton Folk Dance Camp 2019. Photo by L. Tucker.