

TINTEN BANAT

(Israel)

Tinten Banat (teen-TIN bah-NAHT) is a couple dance; the title is translated "Two Daughters". The dance is based on authentic Yemenite dance elements. It was choreographed by Moshiko Halevy and was presented at the University of the Pacific Dance Camp, 1976.

MUSIC: Dance With Moshiko, MIH-3, side 2, band 5.

FORMATION: Cpls with M back to ctr, W facing ctr, ptrs off set to the R so L shoulders are opposite. L hands joined with thumb grasp (hook L thumbs, palm to palm, shldr level, with fingers wrapped around, elbows bent. Free hand always held at shldr height with fingers continuously snapping. When dancing in a recreational situation the cpls should place themselves at random on the floor.



STEPS AND STYLING: Yemenite R: Step R to R, bending knees (ct 1); step L close or slightly behind R heel, straightening knees (ct 2); step R across in front of L, bending knees (ct 3); hold, straightening knees (ct 4). The Yemenite step is danced with a "down-up-down-up" feeling, and in Tinten Banat it is very quick with a rebounding action.

Yemenite L: Begin stepping L to L and reverse ftwk.

Yemenite step-hop: Repeat action of Yemenite step (ct 1-3), add a hop on wt-bearing ft (ct 4). All steps are small and bouncy. There is very little side-to-side action.

MUSIC 4/4

PATTERN

Measures

- 4 INTRODUCTION. No action
- A I. YEMENITE HOP AND CHANGE PLACES
- 1 Step fwd on R (ct 1), hold (ct 2), small leap on L in place (ct 3), step on R in place (ct 4); step on L in place (ct 4).
- 2 Yemenite hop R (cts 1-4).
- 3 Yemenite hop L (cts 1-4).
- 4 Retaining hand hold, leap fwd on R (ct 1); step fwd on L (ct 2). Ptrs change places with a CCW arc on cts 1, 2, completing 1/2 turn CCW; close R to L (ct 3); hold (ct 4).
- 5-8 Repeat action of meas 1-4, returning to orig place.
- II. YEMENITE HOP AND TURN
- B 1 Yemenite R, stepping slightly fwd R on ct 3 (cts 1-3), hop R, releasing L hands and turning 1/2 CCW to face opp direction. Immediately join R hands, thumb grasp (ct 4).
- 2 Yemenite L (cts 1-4).
- 3 Yemenite R (cts 1-4).
- 4 Yemenite L, stepping slightly fwd L on ct 3 (cts 1-3), hop L, releasing R hands and turning 1/2 CW to face opp direction. Immediately join L hands (ct 4), thumb grasp.
- 5-8 Repeat action of meas 1-4, Fig II.

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III. YEMENITE HOP AND CHANGE PLACES

A 1-8 Repeat action of Fig I, meas 1-8.

IV. WALKING

C 1-4 Beginning R with L hands joined, thumb grasp, move fwd in a CCW circle with 8 walking steps. There is a slight impulse in the chest on the walking steps.

5-8 Release hands, turn twd ptr to face CW. Immediately step on R and join R hands, thumb grasp (ct 1). Continue fwd in a CW circle with 7 more walking steps (LRL RLRL)

As the dance begins again change hands and return to starting pos (ct 1).

NOTE: To add to the styling when one is very familiar with the dance and the music, the Yemenite hop step may be danced in a syncopated fashion by delaying the action of ct 3.