

Tâkanata Bulgaria

Tâkanata (TUH-kah-nah-tah), observed at the August 1971 Koprivštica Festival, is from The village of Bjala Reka near Veliko Târnovo in northeastern Bulgaria. The dance was taught by Yves Moreau at the 2006 San Francisco Kolo Festival, the 2007 Mendocino Folklore Camp and the 2007 Stockton Folk Dance Camp.

Music: CDs: Yves and France Moreau, Mendocino Folklore Camp '07, track 8
Yves Moreau CD YM-UOP-07, track 2 2/4 meter

Formation: Short (2-8 dancers) mixed lines face ctr, hands joined in V-pos or belt hold.
Leader on R calls transitions at will between Figures I and II.

Styling: Light, happy, bouncy and somewhat Romanian.

Measure	2/4 meter	PATTERN
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1-8 INTRODUCTION Instrumental music. No action.

I. SIDE OR REST STEP

- 1 Step on R to R (ct 1); step on L behind R with marked flexion (ct 2).
- 2 Step on R to R (ct 1); close L to R (ct 2).
- 3 Step on L to L (ct 1); close R to L (ct 2).
- 4 Repeat meas 3.

II. FORWARD AND BACK

- 1 Starting with R, dance a 'two-step' fwd twd ctr. upper body leaning fwd (cts 1&2).
- 2 Starting with L, repeat 'two-step' fwd (cts 1&2).
- 3 Jump sharply onto ft together (ct 1); hop on R, raising and twisting L knee across R (ct 2). Dancers may shout, "Hey! Hope!"
- 4 Straightening body to face ctr, hop on R (ct 1); step bkwd L, R (cts &,2).
- 5 Step bkwd L, R, L (cts 1,&,2); 'flick' R ft approximately one ft straight R on ct 2.
- 6 Sharply click R to L with wt (ct 1); shifting wt sharply to L, repeat 'flick' to R (ct 2).
- 7 Repeat meas 6. During 'flicks' and 'clicks' knees are straight with feet parallel.
- 8 Step on R slightly across L (ct 1); step on L in place (ct &); step slightly back on R (ct 2); step on L in place (ct &).
- 9 Rpt meas 8, cts 1,&,2 (cts 1,&,2); step on L slightly across R (ct &).
- 10 Step on R in place (ct 1); step on L beside R (ct &); step on R slightly across L (ct 2); step on L in place (ct &).
- 11 Still facing ctr, jump lightly onto both ft (ct 1); leap onto R in place, kicking L ft fwd and down (ct 2).
- 12 Rpt meas 11 with opp ftwk and direction.

Repeat Figures I and II as called by leader.