SPINNRADEL

· (Spinning Wheel) (Germany)

This dance from Southern Germany was presented at Folk Dance Camp, Stockton, California, in 1956 by Lawton Harris, who learned it from Val Hermann.

MUSIC:

Record: Zither Melodies AH 1897-B, Spinnradel(Substitute)

FORMATION:

Circle of cpls facing LOD, M slightly behind W. W hold hands palms up. M place hands on W hands. (Similar to Varsouvienne pos, but hand hold is different and

M is more twd back of W.)

STEP:

Walking Waltz: 3 walking steps to each measure.

MUSIC 3/4		PATTERN
Measures		
4 meas		INTRODUCTION
	I,	FORWARD WALTZ
1-2		Both begin L. Cpl move slightly fwd with 2 waltz steps as W passes in front of M to his L side. Ptrs look at each other.
3-4 5-8		Cpl continue fwd with 2 waltz steps as W moves across to M R side. Using longer steps, cpl move fwd (LOD) with 4 waltz steps.
	II.	WOMAN AROUND MAN
9-11		Raising joined R hands overhead (joined L slightly lower), M dance in place as he leads W completely around himself to outside of circle with 3 waltz steps. Flirt with ptr.
12		W continue turn once in place (CCW) as M dances in place. Cpl change hand hold: both hands joined, not crossed.
	Ш.	WINDOWS
13-14		M dance fwd with 2 waltz steps as W turns CW under raised joined hands.
13-16		Repeat action of meas 13-14, but with M turning CCW under joined hands.
17-20		Repeat action of meas 13-16.
		Note: Throughout this Fig hands are held high and close together. Each dancer should take full time for these turns to give smoothness and flow to the dance.
	IV.	PROGRESSION WALTZ
21-22		With hands still joined and held fwd at W shoulder height, dance fwd with 2 waltz steps.
23-24		Release hands and M continue fwd while W turns once CW to assume starting pos with M behind her.

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE: Frances Peters, Mary Spring, Helen Saunders, Vera Jones, and Wilma Anderson.