

# SHIBOLEY PAZ

(Israel)

Shiboley Paz (shee-boh-LAY Pahz) translated means "Golden Wheat". The music was composed by Yacob Sagi. The dance was choreographed by Moshe Eskayo, who presented it at the 1972 University of the Pacific Folk Dance Camp.

MUSIC: Records: Tikva T140 Panorama (preferred),  
Tikva T142 (should be slowed a little).

FORMATION: Closed circle of dancers, hands joined and held down.

STEPS: Mayim R: Facing ctr, step R across in front of L (ct 1); step L to L side (ct 2); step R across behind L (ct 3); step L to L side (ct 4). Movement is to L side.

RHYTHM: Dance is in mixed meter. Introduction has 3 meas of 4/4 meter and 1 meas of 2/4 meter. Part I has 3 meas of 4/4 meter and 1 meas of 2/4 meter and is repeated. Part II has 3 meas of 4/4 meter, 1 meas of 3/4 meter, 3 meas of 4/4 meter and 1 meas of 2/4 meter. In description below all meas are 4/4 meter unless otherwise noted.

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MUSIC 4/4, 2/4, 3/4

PATTERN

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Measures

4 meas INTRODUCTION See explanation above under "Rhythm".

I. MAYIM AND RUNNING STEPS

A 1-2 Moving in RLOD, dance 2 Mayim R.

3 Run in place 4 steps beginning R (cts 1-4), knees lifted high.

4 (2/4) Run in place 2 steps, R,L (cts 1-2) kicking heels bkwd.

5-8 Repeat action of meas 1-4.

II. JUMP-HOPS AND AIR TURN

B 1 Jump onto both ft in stride pos (ct 1). Hop on L, moving to L side and extending R leg to R side (ct 2). Step on R behind L (ct 3). Step on L to L side (ct 4).

2-3 Repeat action of meas 1 (Fig II) twice (3 times in all).

4 (3/4) Repeat action of meas 1 (Fig II) cts 1-3 only.

5 Step-hop on L to L side (cts 1-2). Step-hop on R to R side (cts 3-4).

6 Step L across in front of R (ct 1). Step R in place (ct 2). Step-hop on L to L side (cts 3-4).

7 Moving in RLOD, dance 1 Mayim R.

8 (2/4) Step R across in front of L (ct 1). Leap, making a full turn CW (R) in the air, to land on L (ct 2). Hands are dropped during the turn and there is some movement in RLOD during the turn. Hands are rejoined as soon as possible, and dance starts again from the beginning (Mayim R).