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## SENFTEMBERGER

(German)

This description is from an English translation of a modern German folk dance book.

MUSIC: Record: Imperial 1101, *Senftenberger*.  
FORMATION: Couples side by side with the inside hands joined and with free hands on hips.  
STEPS: Walk\*, Reverse-swing Step, Mazurka\*, Polka\* Slide\*.

Music 4/4 and 2/4

Pattern

Illustrations

Measures

A 4/4 Introduction: Couple formation, 1 measure.

1-2 I. *Walk, Reverse-swing Step*.

M, beginning with L foot, take 4 slow walking steps fwd. counterclockwise (cts. 1, 2, 3, 4). Step sideward L, away from partner, (ct. 1), close R foot to L, take weight on R foot. (ct. &), step diagonally across R foot with L, moving toward partner and take weight on L (ct. 2), swing R foot fwd., drop hands and pivot, turning away from partner on L foot (ct. &), step bwd. onto R (ct. 3), swing L fwd. and hop on R (ct. &), step fwd. onto L (ct. 4), hold (ct. &). W takes the same action as M beginning with R foot.

3-4 Repeat action of Fig. I, meas. 1-2.

M, who is on R side of W, begins with R, W with L.

B 2/4 II. *Mazurka, Polka*

1-8 In closed position, beginning M L (W, R), move fwd. with 3 quick modified mazurka steps. Do not complete the 3rd mazurka step, but after sweeping M L (W R), back across the M R (W L) instep, dance into the 1st polka. Dance 5 more polka steps turning clockwise and advancing counterclockwise around the room.

NOTE: The modified mazurka, as done, is small, quick, and a bit jerky due to its being danced to polka rhythm.

1-8 Repeat action of Fig. II, meas. 1-8.

A 4/4 III. *Walk, Reverse-swing Step*

1-4 Repeat action of Fig. I, meas. 1-4.

B 2/4 IV. *Slide, Polka*

1-8 In closed position beginning with M L (W R), move fwd. with 4 slides (cts. 1 &, 2 &, 3 &, 4 &). Stamp on M L (W R) (ct. 1), hop M L (W R) and swing M R (W L) leg fwd. (ct. 2), step onto M R (W L) (ct. 3) hop on M R (W L) and swing M L (W R) leg bwd. (ct. 4). Dance 4 polka steps, beginning M L (W R), turning and advancing around the room counterclockwise.

1-8 Repeat action of Fig. IV, meas. 1-8.

