

Sadi Moma

(Bulgaria)

Sadi Moma (SAH-dee moh-MAH), a dance song, originates from the villages of Bučino and Krumovo, north of Blagoevgrad. It is also popular in certain villages south of Kjustendil and Stanke Dimitrov (Shope area). Yves Moreau learned the dance in 1969 from Donka Bakeva in Blagoevgrad, S.W. Bulgaria (Pirin-Macedonia) and presented it at the 1972 University of the Pacific Folk Dance Camp.

RECORD: Worldtone WT-YM 004 B

7/8 meter

CASSETTE: Y. Moreau tape UOP YM-87 Side B/5

RHYTHM: 7/8 meter:



Dancers' beats

Ct 1 is of slightly longer duration than ct 2 and ct 3.

Note: The instrumental music is seven measures long, played twice. The vocal music is six measures long, played twice.

FORMATION: Short mixed lines of dancers in "W" pos: hands joined with adjacent dancers, elbows bent and close to own sides, hands at shldr level. Face slightly R of ctr, wt on L ft. Free hand of first and last dancer follows movement of joined hands. This dance is sometimes danced by W only.

STYLING: Knees are slightly bent, upper body held erect. Steps are rather small, relaxed, and close to floor. A certain heaviness prevails throughout. Arm movements should be controlled in a gentle continuous and relaxed movement.

MUSIC 7/8 meter

PATTERN

Measures

INTRODUCTION None.

I. INSTRUMENTAL

- 1 Facing slightly R of ctr, step on R ft in LOD (ct 1); step on L ft in LOD (ct 2); hold (ct 3).
- 2 Still moving in LOD (CCW), step R,L (cts 1,2); step on R ft turning to face ctr (ct 3).
- 3 Facing ctr, step bkwd on L ft, simultaneously extend arms in an arc upward, over, fwd, and down, straightening elbows as arms beg to swing down (ct 1); step bkwd on R ft, arms continuing down to "V" pos, swinging gently bkwd a little (ct 2); hold (ct 3).
- 4 Facing slightly L of ctr, step in RLOD (CW) on L ft, arms starting to move fwd and upward to retrace the arc (ct 1); step on R ft across in front of L, gently bringing arms into "W" pos (ct 2); hold (ct 3).

Sadi Moma (Cont'd)

- 5 Facing ctr, step sdwd on L ft (ct 1); step on R ft behind L (ct 2); hold (ct 3). Repeat arm movements of meas 3.
- 6 Facing slightly R of ctr, step diag bkwd on L ft, simultaneously returning arms to "W" pos (ct 1); small step on R ft to R (ct 2); step on L ft across in LOD (ct 3).
- 7 Step on R ft in LOD (ct 1); step on L ft in LOD (ct 2); hold (ct 3).
- 8-14 Repeat meas 1-7.

II. VOCAL

- 1-12 Repeat Fig I, meas 1-6 twice.

SONG TEXT Each verse is repeated once.

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| 1. Sadi moma bela loza
vinena, libe, vinena | 3. Porasnala bela loza
vinena, libe, vinena |
| 2. Den ja sadi, dva se kae
vinena, libe, vinena | 4. Napâlnila devet báčvi
sâs vino, lele, sâs vino |

DANCE SEQUENCE: Worldtone record - Dance is done twice plus Fig I.
UOP YM-87 cassette - Dance is done four times plus Fig I.