

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:
Omega Graham, Mildred Coburn, Ruth Ruling and Dorothy Tamburini

LET'S DANCE

March 1967

ROMANIAN MEDLEY

Amestec Românesc

(Rumania)

Rumanian Medley was arranged from source material provided to Gordon Engler by the Rumanian Folk Ensemble on their 1966 United States tour. He introduced the dance at a young adults' class in San Francisco in 1966, and subsequently presented it at Mendocino Camp, Idyllwild, Northwestern, and San Francisco Kolo Festival. It was presented by Madelynne Greene at University of the Pacific Folk Dance Camp and Santa Barbara Conference, 1966.

MUSIC: Record: Artia 106, Side 2, Band 1 "Love Song." Suggested speed, slightly under 33-1/3 rpm.

FORMATION: Closed circle of dancers, hands held shoulder height at beginning of action and through Parts I and II. Shoulder hold assumed at beginning of Part III.

STEPS AND Step Hop *

STYLING: "Lilt" - "a springy movement." Rise off the heel, from the ft bearing the full wt, with slight elevation of body before taking step on opposite ft.

Shoulder Hold - Hands of dancer should rest lightly, flat on top of shoulders of person to R and L. No wt should be placed on shoulders and hands should not be allowed to slip down onto forearms.

To assume pos, first place R hand on top of shoulder to R. Bring L arm underneath arm to L, place hand quickly on top of shoulder. If arms are outstretched and all R hands are placed immediately on shoulder of persons to R, placement of L hand follows smoothly.

*Described in volumes of Folk Dances from Near and Far, published by the Folk Dance Federation of California, Inc.

MUSIC 3/4, 2/4

PATTERN

Measures
3/4

PART I - "LOVE SONG"

4 meas INTRODUCTION - Dancers wait in place, wt on R, body erect.

a. GRAPEVINE

Movement is continuously CCW.

1-2 Step L across R, face diag R (CCW) (cts 1-2) (S), step swd R on ball of R ft (ct 3) (Q); step L behind R and face diag L (CW) (cts 1-2) (S), step swd R on ball of R ft (ct 3) (Q).

This completes one grapevine step. After each step with L there is a lift of L heel in preparation for step R to give a smooth flowing movement.

3-22 Repeat action of meas 1-2 ten more times (11 in all). Complete pattern with full wt on R, facing ctr of circle.

b. TO CENTER

1-2 Take a long, reaching step fwd on L (cts 1-2), close R to L (ct 3); step fwd L (cts 1-2), "lilt" on L, swinging R easily fwd (ct 3).

3-4 Repeat action of meas 1-2, but reverse ftwork. Steps are not so large as circle closes.

5 With slight bend of knees, step L (slight stride pos), sway to L keeping R toe in place (cts 1-2), straighten knees slowly (ct 3).

6 Shift wt to R ft, sway R keeping L toe in place (cts 1-2), straighten knees slowly (ct 3).

7 Repeat action of meas 6, but reverse direction and ftwork.

8-9 Move bwd away from ctr, step R (cts 1-2), close L (ct 3); step R (cts 1-2) "lilt" on R and easily swing L twd ctr (ct 3).

10-18 Repeat action of meas 1-2(a), Grapevine, four times, and complete action by crossing L in front of R (cts 1-2), step R beside L (ct 3). (Four and one half grapevine steps).

1-17 Repeat action of meas 1-17 (b) (to ctr, out, and 4 grapevine steps).

18 Step L beside R, no wt.

continued...

RUMANIAN MEDLEY (continued)

PART II - THREE HORAS

Meas
2/4

a. DIAGONALS

Movement is continuously CCW

1-4 Step fwd diag R twd ctr on L-R-L, with slight lift on L - as ft is raised, turn body diag twd L (cts 1-2, 1-2). Step bwd away from ctr (still facing diag L) on R-L-R, with slight lift on R - as ft is raised, turn body diag twd R (cts 1-2, 1-2). The step has spring and the knees bend.

5-16 Repeat action of meas 1-4 (Part II (a) three times (4 in all), but on last repeat finish by taking wt on L.

b. STEP SWINGS, SIDE, BEHIND, STEP SWING

1-4 Step in place on R (ct 1), swing L across R (ct 2); step in place on L (ct 1), swing R across L (ct 2); step swd on R (ct 1), step L behind R (ct 2); step swd R (ct 1), swing L across R (ct 2).

5-8 Repeat action of meas 1-4 (b), but reverse direction and ftwork.

9-16 Repeat action of meas 1-8 (Part II (b)).

c. BACK-UP AND TURN

1-8 Quickly turn 1/4 to face CW. On each meas, step on ct 1, lift heel on ct 2. Step bwd on R, lift R heel (meas 1); step bwd on L, lift L heel (meas 2); turn 1/2 to face CCW and step fwd R, lift R heel (meas 3); step fwd L, lift L heel (meas 4). Do not turn. Step bwd R, lift R heel (meas 5); step bwd L, lift L heel (meas 6); turn 1/2 to face CW and step fwd R, lift R heel (meas 7); step fwd L, lift L heel (meas 8). Do not turn.

9-16 Repeat action of meas 1-8 (c). On last step turn 1/4 to face ctr.

Fwd L-R-L Turn
Bwd R-L-R

17

2/4

PART III - SARBA

a. STEP HOPS TO CENTER

1-2 Take 4 step hops to ctr, R-L-R-L (cts 1-2, 1-2) assuming shoulder hold nos.

b. SIDE, BEHIND, SIDE, SWING

1 Step swd R (ct 1), step L behind R (ct &), step swd R (ct 2), swing L across R (ct &).

2 Repeat action of meas 1, but reverse direction and ftwork.

c. SEVENS

3-4 Step swd R (ct 1), step L behind R (ct &), step swd R (ct 2), step L behind R (ct &); step swd R (ct 1), step L behind R (ct &), step swd R (ct 2), swing L across R (with small hop on R) (ct &).

Perform steps on toes - heels do not touch floor. Keep ft directly under body, body straight, slight lean bwd.

5-6 Repeat action of meas 3-4, but reverse direction and ftwork.

d. STEP STAMPS

7-8 Small leap to R on R turning slightly to R (ct 1), bend sharply from waist, bend knees, stamp L in front of R (ct 2) (no wt on L); leap swd L turning slightly to L (ct 1), stamp R in front of L (ct 2) (no wt on R).

9 With body erect and facing ctr, step swd R on R (ct 1), step L behind R (ct &), step swd R (ct 2), swing L across R (ct &). Steps are small and directly under body.

10-12 Repeat action of meas 7-9, but reverse ftwork.

e. SIDE, BEHIND, SIDE, SWING

13-20 Repeat action of meas 1-2 (Part III (b) four times.

f. SIRBA or SARBA (Sir bah)

Movement is continuously CCW. Dancers stand erect and look across circle.

1-3 Step swd R (ct 1), swing L across R (ct 2); step swd L (ct 1), swing R across L (ct 2);

continued...

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RUMANIAN MEDLEY (continued)

- step swd R (ct 1), step L behind R (ct 2).
- 4-18 Repeat action of meas 1-3 five times (6 in all), ALWAYS moving CCW.
- 19-20 Step swd R (ct 1), swing L across R (ct 2); step swd L (ct 1), swing R across L (ct 2).
- g. BRIUL NO. 1 (Bree-oo)
- 1-4 Leap onto R (ct 1) (Q), stamp L heel twice beside R, no wt (cts & 2) (QS)
Leap onto L (ct 1) (Q), stamp R heel twice beside L, no wt (cts & 2) (QS)
Leap onto R (ct 1) (Q), stamp L heel once beside R, no wt (ct &) (Q)
Leap onto L (ct 2) (Q), stamp R heel once beside L, no wt (ct &) (Q)
Leap onto R (ct 1) (Q), stamp L heel twice beside R, no wt (cts & 2) (QS).
- 5-8 Repeat action of meas 1-4 (g), but reverse ftwork.
- h. SEVENS
- 9-12 Repeat action of meas 3-6 (c) (Part III)
1. STEP STAMPS
- 13-16 Repeat action of meas 7-12 (d).
- j. BRIUL NO. 2 (Bree-oo)
- Bend knees during action following. Dancers stand erect, almost leaning bwd; look across circle.
- 1-2 Step R in front of L, with accent (ct 1), step L in place (ct 2); step R beside L (ct 1), hop R (ct 2).
- 3-4 Step L in front of R, with accent (ct 1), step R in place (ct 2); step L beside R (ct 1), hop L (ct 2). Do not over emphasize accent.
- In executing the steps following, keep wt on toes:
- 5 Step R in front of L (ct 1), step L in place (ct &), step R beside L, with R toe about at L instep (ct 2), step L in place (ct &).
- 6 Repeat action of meas 5 above exactly, except hop on R on ct & of last step (instead of step L in place).
- 7-12 Repeat action of meas 1-6 (j), but reverse ftwork.
- SEVENS
- 13-16 k. Repeat action of meas 3-6 (c) (Part III).
1. FINALE
- 1 With slight bend of body and turning shoulders, leap swd R (ct 1), stamp L heel in front of R (ct 2).
- 2 Leap swd L (ct 1), stamp R heel in front of L (ct 2)
- 3 Repeat action of meas 1 (R, stamp L)
- 4 Starting to move twd ctr, repeat action of meas 2 (L, stamp R).
- 5-6 Repeat action of meas 1-2 (1), still moving fwd.
- 7-8 Continue twd ctr with 3 stamping steps, R-L-R (cts 1, &, 2), raise arms and shout "HEY!" (ct &).



CAMTIA DANCE ENSEMBLE
Bruce Mitchell, Dir.

Photo: Henry Bloom

The group is
posed in
reproductions of
Rumanian Costumes