

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE
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LET'S DANCE
October 1968

PFINGSTFREITAG IN DER PROBSTEI

(Germany)

Pfingstfreitag in der Probstei (FINGST-fry-tag in der PROHB-sty) is a dance from North Germany. The name of the dance is translated "Friday-before-Whitsuntide in the Probstei region." It was introduced by Walter Kögler at the 1967 Folk Dance Camp at the University of the Pacific.

MUSIC: Record: Tanz SP 23-052, or EP 58-615

FORMATION: Cpls facing LOD, W to M R, with inside hands joined; back of free hands on hips.

STEPS AND Step-swing: Step fwd on one ft (ct 1), swing other ft across in front (cts 2,3).

STYLING: Mazurka Step (R) fwd: Small leap fwd onto R ft, leaning slightly fwd (ct 1); rock slightly bkwd onto L ft, straightening body (ct 2); hop on L ft, lifting R with sole parallel to floor (ct 3). This step may also begin with L ft.

*Small walking step

*Described in volumes of "Folk Dances From Near and Far" published by Folk Dance Federation of California, Inc., San Francisco, California.

MUSIC 3/4

PATTERN

Measures

No introduction

STEP-SWING and MAZURKA

- 1-2 Beginning ML-WR, dance fwd with 2 step-swings. On meas 1, swing joined hands fwd; on meas 2, swing joined hands bkwd.
- 3 Swing joined hands fwd and release them to turn outward (ML-WR) about 3/4 around with three walking steps.
- 4 Face ptr and clap own hands three times (cts 1, 2, 3).
- 5-6 Take open pos* with ML-WR hands joined and beginning ML-WR ft, dance fwd in LOD with two mazurka steps.
- 7-8 In same pos, cpl turn once CCW with six small walking steps. Finish in original starting pos to repeat the dance.

~~NOTE: For variation, some dancers alternate the above 8 meas dance pattern with 8 meas of waltz, progressing CCW.~~

DECORATION IDEAS FOR YOUR DANCE (continued)

cafe might appear again as the skirts of Italian fishwives; the pine trees will do as well for the background of a Kentucky Mountaineers' Hoedown or for a Tyrolean Alpine Party; the cacti used at a Cowboy Shindig are just as appropriate for a Mexican Parranda - maybe with the addition of sombreros atop the cacti. So, get out your scissors and let your imagination run riot.

(Reprinted, in part, from an article in October 1955 issue of LET'S DANCE MAGAZINE. Look for a new series of articles of "Folk Craft Ideas" by Grace Nicholes beginning with the January 1969 issue of LET'S DANCE.)

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