

## Lisu Seven

(China)

Lisu Seven (LEE-sue SEH-vehn) is a dance of the Lisu people in China. Steve Kotansky taught this dance at a workshop in Calgary in 2017. Steve didn't know the actual name of the dance and called it "Lisu-Seven" after the Lisu people and the number of beats per measure.

Lisu is an ethnic group numbering more than 700,000 in China, and are an official minority of China. The Lisu have spread southward from Yunnan province as far as Myanmar, where another approximately 600,000 live, and northern Thailand, where 55,000 Lisu live. In their migrations, the Lisu have generally kept to the highest parts of hill ranges.

Music: 7/4 meter CD: *Steve Kotansky CD, 2017*

Video: Do an internet search using the keywords "Lisu Seven."

Formation: Open mixed circle; hands joined in W-pos, facing slightly right.

Steps & Styling: Joyful and energetic. Can be very bouncy; men especially can leap with each step.

Meas	7/4 meter	PATTERN
		<u>INTRODUCTION</u> . No action. Length will depend on the recording used. Begin with the singing.
	I.	<u>FIGURE I</u> . During vocals.
1		Facing slightly R, beg R, three steps fwd (cts 1-3), facing center, kick L fwd (ct 4), step L next to R (ct 5), stamp R next to L (ct 6), kick R fwd (ct 7).
2-4		Repeat meas 1 three times.
	II.	<u>FIGURE II</u> . During instrumental.
1		7-count grapevine: Step R to R (ct 1); step L in front of R (ct 2); step R to R (ct 3); step L behind R (ct 4); step R to R (ct 5); step L in front of R (ct 6); step R to R (ct 7).
2		Facing ctr, step L bkwd (ct 1); step R in place (ct 2); step L fwd (ct 3); step R in place (ct 4); touch L next to R (ct 5); step L in place (ct 6); touch R next to L (ct 7).
3-4		Repeat meas 1-2.

Sequence: Repeat as described above until the end of the music.

### Lyrics

尊敬的朋友、远方客人、亲爱的兄弟姐妹们、今天是个好日子。欢迎您到傈僳寨来。我们用优美的歌舞欢迎您！我们用甘甜的美酒欢迎您，来吧，我们手牵着手激情跳起来，唱起来。

Zūnjìng de péngyǒu, yuǎnfāng kèrén, qīn'ài de xiōngdì jiěmen, jīntiān shìgè hǎo rìzì. Huānyíng nín dào lìsù sāi lái. Wǒmen yòng yōuměi de gēwǔ huānyíng nín!

Dear friends, guests from afar, dear brothers and sisters, today is a good day. Welcome to Lisusai. We welcome you with beautiful singing and dancing! We welcome you with sweet wine. Come, we dance and sing hand in hand.



A Lisu woman (From Wikipedia)