

LA BASTRINGUE

(French Canada)

La Bastringue (lah bast-RANG) is usually danced in Canada as the fifth or sixth part of a long Quebec quadrille. The dance was collected by Jean Trudel and brought to California by Yves Moreau.

MUSIC: Record: Legacy LEG 120, Side 2, Band 8.

FORMATION: Cpls in a single circle, facing ctr, W on ptr's L, hands joined at shldr height.

STEPS: Two-Step*, Buzz*, Walk*.

STYLING: Styling is happy and light but do not pick up the feet too far off the floor. There is no clogging.

*Described in Steps and Styling volume, published by Folk Dance Federation of California, Inc., 1375 "A" Street, Room 111, Hayward, California 94541

MUSIC 4/4

PATTERN

Measures

1-5 INTRODUCTION No action (wait through 5 meas of foot tapping).

I. FORWARD AND BACK

A 1 Beg R, walk 3 steps twd ctr and touch L beside R.

2 Repeat action of meas 1 but beg L and move away from ctr.

3-4 Repeat action of meas 1-2.

II. TWO-STEP TO L AND R

5-6 Turning to face CW, dance 4 two-steps RLOD, starting with R ft. Turn to face LOD at end of last two-step.

7-8 Repeat action of meas 1-2 (Fig II) but dance LOD. Face ctr at end of last two-step.

III. SWING

B 1 Releasing other hands, M turn W once CW under joined M L and W R hands with 4 walking steps beg R to end ptrs facing in Closed Pos*.

2-4 Ptrs swing with Buzz steps in Quebec style with ptrs facing (not a side by side Square Dance swing) and inside of the R ft adjacent. End with both facing LOD, W on outside with M R arm around W waist and W L hand on M R shldr. Free hands hang naturally at the side.

IV. PROMENADE

5-8 Cpls promenade with 8 two-steps beg R. On last two-step turn 1/4 CCW to face ctr and join hands in a single circle to repeat dance with new ptr.

Dance repeats 4 times (5 times in all) with Fig I and II repeated again.