

Kardamska Zborenka

Bulgaria (Dobrudzha)

Kardamska Zborenka kahr-DAHM-skah ZBOH-rehn-kah), from Kardam, Dobrudzha in NE Bulgaria near the Romanian border, is of the Zborenka dance-type common throughout Dobrudzha. This dance was learned from Zhivko Petrov by Yves Moreau, who taught it at the 2009 Stockton Folk Dance Camp. It was taught by Tom Sha at the January, 2010 Heritage Festival in San Carlos, California.

Music: CD: Yves Moreau, Stockton Folk Dance Camp 2009, Band 8. 2/4 meter

Formation: Mixed open circle or line with dancers facing center. Hands are joined down in V-pos. Alternatively, short lines may use front basket hold.

Steps & Styling: Earthy, with proud, bouncy high steps and bent knees that may be brought sharply up. *Flex*: Small, quick increase in knee-bend of the supporting leg. Stamps are without weight unless otherwise noted.

Measure	2/4 meter	PATTERN
1-16	<u>INTRODUCTION</u> . Instrumental music, no action.	
	I <u>TRAVELING IN LOD</u>	
1-2	Step R to R (ct 1); <i>Flex</i> R (ct 2); step L in front of R (ct 1); <i>Flex</i> L (ct 2).	
3-4	Step R to R (ct 1); <i>Flex</i> R (ct 2); step L behind R (ct 1); <i>Flex</i> L (ct 2).	
5-16	Repeat meas 1-4 three times (four total).	
	II <u>TRAVELING PLUS STAMPS</u>	
1-4	Repeat Fig. I, meas 1-4	
5	Leap slightly fwd onto R, knee strongly bent (ct 1); with small hop on R, raise L fwd with knees bent and together and turn to face slightly R of ctr (ct 2).	
6	Still facing R with knees strongly bent, step L twd ctr (ct 1); stamp R sharply beside L (ct 2).	
7	Step R to R (ct 1); stamp L sharply beside R (ct 2).	
8	Turning to face L of ctr, stamp L sharply with weight, bringing R knee up beside L with upper body tilting slightly L (ct 1); hold (ct 2).	
9-32	Repeat meas 1-8 three times (four total).	
	III <u>FORWARD AND BACK WITH STAMPS</u>	
1	Facing ctr, step fwd slightly R on R (ct 1); twisting body R, stamp L sharply beside R (ct 2).	
2	With a sharp low leap fwd onto L, raise R behind with knee bent (ct 1); hold (ct 2).	
3-4	Repeat meas 1-2.	
5-6	Dance four light running steps in place R, L, R, L (cts 1, 2, 1, 2).	
7	Step R to R, turning body sharply R on strongly bent knees (ct 1); stamp sharp L beside R (ct 2).	
8	Repeat Fig II, meas 8.	
9-10	Move back from ctr with large steps, R, <i>Flex</i> , L, <i>Flex</i> (cts 1, 2, 1, 2).	
11-12	Repeat meas 9-10.	
13-16	Repeat meas 5-8.	
17-32	Repeat meas 1-16.	

Sequence: Dance repeats twice from the beginning, a total of three times.