

# GORT MET STROOP

(Netherlands)

Gort Met Stroop (GORT Met Stroop) is translated as "Barley Grits With Syrup". It is a Dutch contra dance from the region of Zaandam, northwest of Amsterdam, and was introduced by Mr. Huig Hofman at University of the Pacific Folk Dance Camp, Stockton, California, in 1964.

MUSIC: Record: Folkraft 1487 x 45 or Folkraft LP-17.

FORMATION: A column of 6 cpls, M with L shoulders twd music, ptrs facing each other. Cpls are numbered 1 to 6. M arms are folded across chest; W have hands on hips, wrist straight, fingers back.

STEPS: Running\*; Step-hop\*; Step-close\*.

MUSIC 4/4

PATTERN

Measures

- 4 INTRODUCTION (no action)
- A I. REEL WITH ELBOW SWING
- 1-2 Active cpls (cpl 1, at top of set, and cpl 6, at bottom of set) hook R elbows with own ptr and make 1-1/2 turn CW with 8 running steps.
- 3-4 Active cpls 1 and 6 hook L elbows with next in line (cpl 1 with cpl 2, cpl 6 with cpl 5) and make 2 turns CCW with 8 running steps.
- 5-6 Active cpls hook R elbows with ptr and make 2 turns CW with 8 running steps.
- 7-8 Active cpls hook L elbows with next in line (cpl 1 with cpl 3, etc) and make 2 turns CCW with 8 running steps. Active cpls end in ctr of set, backs twd original places. W1 is at ptrs R; W6 is at ptrs L. (When learning (meas 3-8) make one turn; then progress to 2 turns.)
- B II. CIRCLING; MOVING LINES
- NOTE: Actions of actives and inactives in Fig II are described separately, but danced dimultaneously.
- ACTIVES: CIRCLING
- 1-4 Active cpls place hands on shoulders of neighbors and circle L (CW) once around with 8 step-hops.
- 5-6 Active cpls circle R (CCW) 1/2 time around with 4 step-hops. End with back of cpl 1 twd bottom of set, back of cpl 6 twd top of set. Release hold with corners, but keep hand on ptrs shoulder.
- 7-8 Active cpls (ptrs side by side, and passing to R of other cpl) return to original places in set with 8 running steps fwd.
- INACTIVES: MOVING LINES
- 1-2 Inactive cpls 2 and 3 move swd twd top of set, cpls 4 and 5 move twd bottom of set with 3 step-close steps, beginning with leading ft (meas 1, ct 1-4; meas 2, ct 1,2); stamp on leading ft, taking wt (ct 3); hold (ct 4).
- 3-4 Inactive cpls repeat action of meas 1-2 (Fig II), but beginning opp ft and moving opp direction.
- 5-8 Inactives repeat action of meas 1-4 (Fig II).
- A III. M LIFT W
- 1-2 M1 and W6 move to ctr of set with 6 small running steps and quickly taking shoulder-waist pos, M lift W into air (meas 2, ct 3) as others clap once. M put W down GENTLY (ct 4). NOTE: Lift is on sustained note of music, and W helps M by jumping up. After the clap, hands separate in an upward motion as if helping to lift W.
- 3-4 M1, W6 move bwd to place with 8 running steps.
- 5-8 M6 and W1 repeat action of meas 1-4 (Fig III).

GORT MET STROOP (concluded)

B IV. CAST OFF

1-2 With 8 running steps, cpl 1 cast down 2 places (into place vacated by cpl 3) while cpl 6 casts up 2 places (into place vacated by cpl 4). Simultaneously, cnls 2 and 3 move twd top of set and cpls 4 and 5 move twd bottom of set with 4 step-close steps.

3-8 With 24 running steps, ptrs of cpl 2 (now at top of set) turn outward and each leads own line down outside, and up the ctr to new places, ptrs joining inside hands while coming up ctr.

Repeat dance twice more, with new cpls 1 and 6 each time.