

RESEARCH COMMITTEE: Carol Squires, Helen Perry, Mildred Buhler, Dorothy Tamburini, Miriam Lidster, Lucy Cheney, Vernon Kellogg.

FALLAI LIMNIGHE (*Walls of Limerick*)

(Irish Reel)



UNA KENNEDY

This Irish Reel was taught to us by Una Kennedy, of Dublin, Ireland.

MUSIC

Record: Rex 15008A (Pipes) "Walls of Limerick"
Columbia 3321-F "Siege of Ennis"—or any reel.

FORMATION:

Sets of two couples facing each other in a circle, one facing CW, the other CCW. Inside hands joined at shoulder height, W on R of M. Outside hands hang at sides.

STEPS:

Promenade, Sidestep (see Chart of Basic Steps for Irish Dancing) October 1951 "Let's Dance!"

MUSIC 2/4 (Reel Time)	PATTERN
Measures	I. <i>Advance and Retire</i>
1-2	Take two promenade steps fwd—R, L.
3-4	Take two promenade steps bwd—R, L.
5-8	Repeat action of Meas. 1-4. Drop hands.
	II. <i>Sidestep to Change Places</i>
1-4	Both W turn L shoulders twd each other, and passing face to face they exchange places with one "seven." They turn one-quarter to the R to face partner as they do the two "threes" in place.
5-8	M turn R shoulders twd each other and exchange places passing face to face on a "seven," then turn one-quarter L to face opp. W on the two "threes."
	III. <i>Sidestep to Change Places</i>
1-4	Both M join R hands with opp. W and take one <i>Sidestep</i> to M's L. (Couples separate, one moving into circle, the other moving away from center of circle)
5-8	All take one <i>Sidestep</i> to return to place.
	IV. <i>Swing</i>
1	Original partners now join L hands under R and beginning MR (WL), take one <i>Promenade</i> step in place.
2-8	Continue with seven more <i>Promenade</i> steps turning CW, while traveling CCW once and a half around opp. couple to finish back to back with original couple and facing a new couple from next group. Repeat dance from the beginning.
	Note: On swing, partners are close, elbows bent, forearms upright. <i>Variation on hold for swing:</i> M rolls joined R hand twd him and under their joined L hands to finish with R hands near W, L hands near M, W's arms resting on M's arms with elbows held out horizontally. (See illustration in October 1951 <i>Let's Dance!</i>)