Folk Dance Federation of California

Dance Descriptions Volume III

## ESPAN (Russian)

This dance was introduced to Chang's International Folk Dancers by Boris Abramson. The dance is a ballroom dance and is to be executed smoothly.

Music Kismet Record A-116. Note: There is a four measure introduction on this record.

Formation Couples in a circle. Partners facing at start; M stands with his back toward the center of the circle.

Steps Waltz\*, Waltz Balance\*, Step-Draw

Music (3/4)	Pattern
Measure A 1 - 2 3 - 4 5 - 8	I. Partners Turn Individually  Each moving to his R, make one complete turn with two waltz steps.  Continue in same direction, making two draw steps with L (Step swd. or bwd. on R, ct. 1; draw L to close, cts. 2 & 3) Repeat action of meas. 1-4, moving to L and returning to face partner.
9 - 10 11 - 12 13 - 16	II. Balance Step Partners face and join R hands, dance waltz-balance fwd. and back, starting with R. Partners exchange places, W passing under M's R arm and turning counterclockwise. Repeat action of meas. 9-12, returning to original places.
B 17 - 18  19 - 20 21 - 24	III. Skater's Step  Partners in promenade (skater's) position, starting with outside ft., waltz fwd. for two meas. On the second waltz step, turn to face direction opposite from movement.  Partners take two step-draws, stepping bwd. with inside ft. (M's L) and drawing with outside ft. (M's R). Repeat action of meas. 17-20, moving in opposite direction.
25 26 27 - 28 29 - 32	IV. Cross-Hold and Waltz Balance With hands joined in cross-hold position, partners do waltz-balance in place, M turning slightly to L and W to R. Repeat action of meas. 25, M turning slightly to R and W to L. Retaining cross-hold position, partners exchange places, moving counterclockwise around each other with two waltz steps. Repeat action of meas. 25-28, returning to original places.

## ESPAN

