

BUNDNER CHEERAB

(SWISS)

This dance was originally introduced by Jane Farwell. It was presented at the College of the Pacific Folk Dance Camp in 1956 by Walter Grothe, who learned it from Mary Ann and Michael Herman.

MUSIC: Record: Folk Dancer MH 1115A — "Bundner Cheerab"

FORMATION: Circle of cpls, partners facing with both hands joined (not crossed), M back to ctr. Cpls are numbered 1, 2, alternately around the circle, and should be spaced about 4 ft apart.

STEPS: Chasse*, Two-step*

*Described in "Folk Dances From Near and Far" Vols. 1 - VII.

	MUSIC 2/4	PATTERN
	Measures upbeat & 4 meas	<i>INTRODUCTION</i>
		I. <i>ARCHES</i>
A	1-4	Cpls 2 raise joined hands to form arches (meas 1 - ct 1) while cpls 1 chasse 8 steps LOD, each passing under 1 arch. (Keep arches high for the 4 meas)
	5-8	Repeat action of meas 1-4, with cpls 1 forming arches and cpls 2 going under the arches.
	1-8 (repeated)	Repeat action of meas 1-8. Cpls should retain spacing during this figure.
		II. <i>HEEL AND TWO-STEP</i>
B	9	Ptrs face each other, hands on own hips. Directions for M, W opp.
	10	With a little hop on L ft, place R heel diag fwd on floor.
	11-12	With little hop on R, place L heel diag fwd.
A	1-8	Repeat action of meas 9-10. In closed pos, dance 8 two-steps turning CW and progressing CCW. (Retain place in circle because of numbering sequence.) End M back to ctr to repeat dance.

RESEARCH COMMITTEE: Dorothy Tamburini and Miriam Lidster.