# Let's Dance!

THE MAGAZINE OF INTERNATIONAL FOLK DANCING \* FEBRUARY, 2016



OFFICIAL PUBLICATION OF THE FOLK DANCE FEDERATION OF CALIFORNIA, INC.

# Let's Dance!

# Volume 73. No. 2 **FEBRUARY, 2016**

Editor: Gary Anderson

Email: wildwood press@comcast.net PO Box 548, Woodacre, CA, 94973

Assistant Editor: Loui Tucker, loui@louitucker.com

Council Clips: Contributions from clubs Address change and membership:

Alicia La Fetra, Alicia@LaFetra.com

Calendar: Gary Anderson, editor

# Federation Officers, North

President: Kevin Greek, president@folkdance.com Vice President: Cynthia Lambert

Treasurer: Loui Tucker, treasurer@folkdance.com Recording Secretary: Clem Dickey, clemd@acm.org Editor: Gary Anderson, editor@letsdancemag.net Membership: Alicia La Fetra, Alicia@lafetra.com Parliamentarian: Bill Lidicker, dancefdf@aol.com

### Federation Officers, South

President: Marshall Cates Vice President: Kathy Molga Secretary: Pauline Klak

Membership: Steve Himel Publicity: Leslie Halberg Historian: Wen-Li Chang

Treasurer: Rick Bingle

Website: www.SoCalFolkdance.org

The Federation's Promotion Fund is available to Federation members and clubs, in the form of a grant or a loan, to promote a specific dance event or folk dance in general. Read more about this fund and download an application at www.folkdance.com under the Promotion & Publicity tab.

The Federation's Scholarship Fund provides financial assistant to Federation members wishing to attend dance workshops and dance camps. Read more about this fund and download an application at www.folkdance.com under the Money Matters tab.

Donations: The Folk Dance Federation is now a 501(C)3 organization and donations are now tax deductible! Gifts and donations are welcome. Send to:

The Folk Dance Federation of California, Inc. Treasurer, 153 Race Street, San Jose, CA 95126

# Join now: Membership rate is \$35.00

per year (plus \$15.00 for foreign)

Family rate is \$45.00 per year

Student rate is \$25.00 per year-26 or under and at least half time

# Group/Club rate is \$40.00 per year

Mail applications, renewals & checks to: Folk Dance Federation of California, Inc.

Alicia La Fetra, 1614 Peacoek Avenue, Sunnyvale, CA 94087

Facebook: www.facebook.com/ FolkDanceFed

Website: You can now post your folkdance event flyers on the Federation's web site: "webmaster@folkdance.com." If you need help, contact: Loui Tucker, loui@louitucker.com

OLet's Dance! (ISSN#0024-1253) is published monthly by the Folk Dance Federation of California, Inc., with the exception of the May-June and July-August issues, which are released each two month period. Standard mail postage paid at Sacramento, California.



Sunrise in San Rafael, from Irene Croft's deck

# TABLE OF CONTENTS AND CONTRIBUTORS

Calendar of Events/clubs, page 4

Council & Club Clips/Naomi Lidicker, Denise Heenan, Barbara Malakoff, page 6

Dance description: Emma's Commencement/Bill Lidicker, page 19

Eye on Dance: Kolo Festival 2015/Eileen Kopec, page 8 NFO Heritage Award Announcement/Bobi Ashley, page 12

History: Don'ts for Dancers/Loui Tucker, page 23 Join the Village Dancers to Celebrate Floyd Davis' 89th/ Judy Kropp, page 12

Post-Kolo Bash/Ulrike and Lothar Nairns, page 12 President's Message/Kevin Greek, page 3 Sidney and Laila Messer/Loui Tucker, page 11 2015 New Year's Eve Party/Laura Douglas, page 18 Where to dance/clubs, pages 20-23

The deadline for Let's Dance! is the first day of the month prior to the date of publication.

We welcome submissions, letters and comments from our readers. Please send to: Gary Anderson, Editor email: wildwood press@comcast.net

Opinions expressed in Let's Dance! are not necessarily those of the Federation/North or of the Editor.

Your advertising helps support Let's Dance! Please make checks payable to the Folk Dance Federation. Ad rates:

1/4 page ½ page full page \$35.00 \$10.00 \$20.00 Member clubs 15.00 30.00 50.00 All others

NEW RATE: ads with color are double the usual rate

Contact: Editor, Box 548, Woodacre, CA 94973 or email: wildwood press@comcast.net or call 415-488-9197 (9:00 am to 3:00 pm)

President's Message By Kevin Greek, President

The furor of recent Islamic extremist attacks primarily in Paris and San Bernardino and intensifying anti-Muslim rhetoric by Donald Trump and other candidates for the Republican presidential nomination has led to a spike in vandalism of mosques and harassment of U.S. Muslims. Extremist groups are reprehensible. So are some of the darkest moments in American history: Jim Crow laws, the Hollywood blacklist, and internment



camps. In backlash, presidential candidates are talking about shutting down mosques and discriminating against or cutting off funding for refugees on the basis of religion. Shutting out refugees will not make America safer, it instead fuels hatred at home, and resentment and extremism around the world. Should our nation risk being led by fear and hate? If we do, I fear for long U.S. wars abroad and new infringements on human rights here at home.

Misunderstanding and mistrust of other cultures is a worldwide problem. Fortunately, cultural expression in art, music, and dance opens dialogue and helps build cultural awareness and understanding among us. It's easy to appreciate dance and music even if we don't speak the language or know anything about the specific culture. Grassroots arts organizations and charities are working together to present benefit concerts and exhibits to bring some needed aid and awareness to struggling refugees. For example, the Boston and France based Camerata Mediterranea, an institute dedicated to intercultural musical exchange, recently hosted a benefit concert of traditional music from the Eastern Mediterranean, Western Europe, and the United States. The benefit targeted aid to refugees from Syria and Iraq.

America has a long history of oppressed immigrants settling here. Two hundred years after leaving Spain to help settle the American West, Boise is now the venue of one of the world's largest Basque cultural celebrations. Held once each five years, the Jalaldi festival is jammed with Spaniards, Frenchmen, Argentinians, Mexicans, and many Americans most likely curious why thousands of people would gather from their ancestral homeland to celebrate their culture here. When one can get better food, wine, and dancing in Spain why take three connecting flights to travel 5,000 miles? Because in Spain, being Basque is politics. It's the politics of being a minority in one's own homeland, the politics of state-mandated language suppression, and the politics of the Basque independence movement and the unsettling strife that comes with it.

Writer Bradford Pearson recently visited the Jalaldi Basque Festival and each morning before the festival she sat down with coffee attempting to conjure but failing to put in words why thousands would be inspired to fly from all over the world to be there. Finally, on the last day, a Basque acquaintance, apparently aware she was perplexed, looked her in the eyes a final time and told her to go see the dancing.

She writes:

"I made my way to the exhibition hall and plopped down on the concrete floor, expecting little. Soon, the place filled with flashes of red and black, twirling legs with clinking bells, and the most precise snapping I'd ever witnessed. I was enraptured. While I sat on the floor, a man stood over me, staring straight ahead. Heavyset, wearing a Boise State football t-shirt, he made his way down to the ground, where he sat directly on my hand. Just as I was about to yell, I looked at his face. He didn't blink, staring straight ahead at the dancers. I pulled my hand out from under him and let him keep watching.

He didn't look Basque, just another gawker like me, parachuting in for a week. I stared at him for an uncomfortable amount of time, imagining what it meant to be just another Boisean seeing this. As the routine concluded, he clapped with the force of a man moved and changed by what he saw. He crossed his legs, settling in for the next act."

(Bradford Pearson, "The Way of the Basque," Southwest Air Magazine, November 2015).

The opportunity to experience a life-changing moment in the pleasure of ethnic dance and culture should be available to all of us. Furthermore, we should freely have the sense to share that pleasure with others again and again.

Two amazing and noteworthy world dance workshops in the Peninsula within a month of each other are coming up. First, in Palo Alto Saturday January 30, nationally renowned Balkan dance instructor and ethnologist Martin Koenig will be presenting a 2 hour Balkan dance workshop. Martin's passionate involvement with traditional dance and music has driven him to conduct extensive field research resulting in the archival production of audio recordings, photographs, films, and videos as well as curating concerts and festivals. He is past founder/director of the Balkan Arts Center and remains a dedicated advocate for community-based traditional artists. Martin's workshop is to be followed by a potluck and dance party with live band. Second, Genci Kastrati, master Albanian dance instructor and choreographer, is also teaching in Palo Alto on February 15. Genci taught admirably at last summer's Stockton Folk Dance Camp and has taught Albanian ethnic dance workshops worldwide including Italy, Switzerland, Sweden, Germany, and the Netherlands. Look for information for these workshops in this issue or at folkdance.com.

> Kevin Greek FDF North CA President



# FEBRUARY, 2016 Calendar of Events

We reserve the right to edit all submissions and assume no responsibility for accuracy Send future events information to Gary Anderson, Editor, Let's Dancel, Box 548, Woodacre, CA 94973, e-mail: wildwood\_press@comcast.net

The deadline for listings is one month prior to the magazine date.

# Upcoming Events—

- January 26 Special Balkan dance workshop with Marty Koenig, 7 pm-9 pm. \$8. Sponsored by Razzmatazz Folk Dance Club and Snap-Y Dancers of Petaluma. Monroe Hall, 1400 W. College Ave., Santa Rosa. Razzmatazz website: http://marilynsmithrazzmatazz.blogspot.com
- January 30 Marty Koenig comes to SF/Peninsula on Saturday, January 30, 2016, Special dance workshop with this nationally famous Balkan teacher: Workshop at 2:30 pm, Potluck at 5:45, review/teach at 7 and live band party at 8-10:30 pm. Come to First Baptist Church of Palo Alto, 305 N. California Ave., (x St Bryant), Palo Alto. Contact Lucy SChang@gmail.com, Eliot Khuner at eliot@ekphoto.com, or nadavnur@gmail.com.
- January 30 Scholarship Ball, "Dance Academy Awards—The Sequel!" 6:30 to 10:30 pm, IOOF Hall, 467 Main St., Placerville, CA 95667, Info: www.folkdancesac.org Sponsored by Sacramento Folk Dance and Arts Council.
- Feb. 12-14 46th Annual Laguna Folk Dance Festival, "Everything old is new again!" The teachers are Genci Kastrati, teaching Albanian folk dances and Lee Otterholt, teaching "Balkan and Beyond". More info including, registration forms. See advertisement on page 16
- Feb. 13 & 14 San Francisco Tamburitza Festival at the Croatian American Cultural Center. ENJOY TWO DAYS OF MUSIC AND DANCE. Feb 13th, Welcome Dance 7:30 pm; Feb 14th, Concert, Kolos, Sing-a-Long 12 am-8 pm. The headline band will be Tamburaški Sastav Ponoć (Midnight) from Pittsburg. They are today's virtuosic, new generation of musicians and vocalists. They have all performed for Duquesne University's famous Tammies. John Morovich will be teaching the kolos.
- February 15 Workshop & Party with Albanian Master Teacher, Genci Kastrati on Monday, February 15 (President's Holiday); First United Methodist Church, 625 Hamilton Ave., Palo Alto. Sponsored jointly by the Moveable Feet and Stanford Folk Dancers. Tentatively 5:30-9:30 pm. Contact LucySChang@gmail.com or Melissa Miller at millermelis@comcast.net
- February 21 Festival of the Oaks, Berkeley Folk Dancers Sunday, February 21, Live Oak Park Community Center, 1301
  Shattuck Avenue, Berkeley. Institute 9:30 am to Noon, \$12.00, Andre Montsion will teach French Canadian,
  Greek, Romanian and Serbian dances. Lunch, noon to 1:00 pm. \$6.00, Federation meeting, noon to 1:00 pm, no
  charge. International Folk Dancing, 1:00 pm to 5:00 pm. \$12.00. AM and PM folk dancing \$20.00.
  Sponsored by the Folk Dance Federation of California and the Berkeley Folk Dancers. For more info: Mel Mann
  (510) 527-2177, meldancing@aol.com
- March 18 & 19 60th Annual Camellia International Dance Festival. Friday—Party 7:00-11:00 pm. Saturday—Workshops: Zeljko Jergan, Croatian Non-partner Dances, 1:00 to 2:50 pm; George and Irina Arabagi, Ukrainian and Moldavian Couple Dances, 3:10 to 5:00 pm. Party 7:00 to 11:00 pm. New location: Polish-American Hall, 327 Main St., Roseville, CA 95678 Info: www.folkdancesac.org Sponsored by Sacramento Folk Dance and Arts Council.
- March 26 Balkan Plus, at the Unitarian Universalist Church, 240 Channing in San Rafael. We start at 7:30 and go until 10:30 or there about. The church is located via the Terra Linda exit from 101, hwy, go to the frontage road on the Bay side of the Freeway and go north. Turn at Professional Center Parkway and go up the hill, turn right on Channing Way, follow that to the parking lot.
- May 7 Annual Petaluma Spring Folk Dance Party Saturday, May 7, 7:30-10:30 p.m., at Herman Sons Hall, 860 Western Avenue. For more information contact Carol Friedman at cjay@horizoncable.comor 415-663-9512.



This (almost) monthly publication has folk dance events in California and elsewhere, folk lore articles, ethnic recipes and lots of good reading.

To get a *free* copy, just call: (310) 391-7382, or circulation@FolkDanceScene.

To subscribe, it is just \$20 a year for 10 issues - \$10 for an Email version. Send to Gerda Ben-Zeev, 19 Park Way, Santa Monica, CA 90405

# Statewide 2016 Folk Dance Festival

Memorial Day weekend, May 27-29, 2016 in Albany/Berkeley



# Lights on the Bay: Reflections

# -- FEATURING --Erik Bendix

- master teacher at workshops and earlier Statewide events
- non-partner and partner dances from the Balkans and dances from Russia, Romania, Switzerland, Bulgaria, and Klezmer communities.

-AND-

# **Maurits Van Geel**

- recreational folk dance teacher in the Netherlands, North America, Taiwan, Hong Kong, Singapore, & Malaysia
  - assistant teacher to his wife Tineke at Stockton
  - non-partner and partner dances from The Netherlands, the Rom and Caucasian ethnicities.

Dance parties Friday and Saturday evenings with live music by the extraordinary Chubritza musicians and singers.

# SPONSORED BY THE FOLK DANCE FEDERATION OF CALIFORNIA (NORTH) HOSTED BY BERKELEY FOLK DANCERS

Information: <a href="www.folkdance.com">www.folkdance.com</a> Marija Hillis <a href="marijahillis@gmail.com">marijahillis@gmail.com</a> or Bill Lidicker <a href="marijahillis@gmail.com">dancebfd@aol.com</a>

# Council & Club Clips

Berkeley Folk Dancers. Join BFD and the Folk Dance Federation of California at the 68<sup>th</sup> Festival of the Oaks on Sunday, February 21 at Live Oak Social Hall at Shattuck and Berryman in Berkeley! This memorable event begins at 9 am with Andre Montsion taking the floor for the Institute from 9:30 to noon. We look forward to welcoming Andre to Berkeley and following him as he teaches us French Canadian, Greek, Romanian and Serbian dances. To learn more about Andre, see the full-page advertisement about the Festival in this issue.

At noon, Esther Mann and her crew will serve their famous hot lunch for a mere \$6 but if you attend the Federation's Membership Meeting it will be free. Now, that is a bargain! And besides, you will be lunching with some of the nicest people! Support them. And you know that you are in the middle of Berkeley's Famous Gourmet Ghetto, if you choose get a breath of fresh air.

With a not-too-full stomach, the International Folk Dancing will begin at 1 pm and end at 5 pm. In the middle at 3 pm there is an Exhibition Dance Performance. During this entire time free refreshments are available. Mel Mann and his crew know how to host a Festival! If this is not enough, concurrently a Pre-Owned Folk Dance Costume Sale is being held from 1:30 – 5 pm. Bargains galore here!

The Institute fee is \$12. Dancing is another \$12 but for \$20 one can enjoy an entire Festival day. Be sure to see the ad for the Festival in this issue for details. For more info, contact Mel Mann (510) 527-2177, meldancing@aol.com. We'd love to see you at the Festival.

—Naomi Lidicker

# Peninsula Council 2016 Heritage Festival

Adony Beniares and Ken Kaye, co-chairs of this great event, report that the 2016 Heritage Festival which took place on January 22 and 23 in Belmont, at the Twin Pines Recreation Center was a great success. Live music both nights with Agapi Mou playing Friday, and Staro Vino Saturday night added to the spirit and excitement. Saturday's Institute featured Cesar Garfiaz teaching Salsa Rueda. As of print time attendance numbers were not available, so please see updates and more news in the next issue of *Let's Dance!* 

# Party News:

#### Mark your calendars:

#### February 7, Super Bowl Sunday!

If watching football is not on your agenda that day, join the Palemanians for our first Scottish Country Dance workshop of 2016. Some Scottish dance experience will help you manage the reels, wheels, and other figures while learning new dances and reviewing some previously taught. Doors will open at 1:30 at St Bede's Church Hall, Menlo Park. Donation \$10. Dancing will start at 2:00 and will go until 5:00 (or sooner if exhaustion sets in!). Send any special requests, or your interest in joining together for dinner, to deniseheenan@sbcglobal.net.

February 13, at St Bede's in Menlo Park, Lon and Hollis Radin will host. Teacher to be announced. All-Request dancing will start at 8:00. Donation \$9.00. Please bring a snack to share. Requests may be sent to Lon at lonradin@pacbell.net, or Hollis at hollisradin@pacbell.net.

March 12 at St Bede's promises to be exciting with an evening of teaching by Bruce Hamilton at 7:15, followed by all-request dancing, and meeting our friends from National Folk Organization who will be joining us. Denise Heenan will host/MC. Requests may be sent to denise-heenan@sbcglobal.net. More information to follow in future Let's Dance! issues.

## Saratoga Folk Dancers:

Audeen Merrilees was the winner at the annual 'Sparkle-Shine-Glitter-and-Glow' Party which was held at St Michael Archangel Serbian Orthodox Church in Saratoga on December 17<sup>th</sup>. Loui recused herself, but could have been a Silver or Bronze winner in her sparkly figure skater's outfit.

#### Moveable Feet:

Moveable Feet closed 2015 with the Annual New Year's Eve potluck dinner and party at First Baptist Church, Palo Alto, co -hosted by Lucy Chang and Loui Tucker. After a varied and delicious potluck, there were eventually over 100 dancers crowded into the dance hall. Marcel Vinokur was remembered as the person who started this tradition, and his wife, Kathy was there to also honor him.

In 2016, Moveable Feet starts the New Year January 30 with a workshop and party with renowned Balkan teacher Marty Koenig, co-sponsored by Nadav Nur and Eliot Khuner. The event starts with a workshop at 2:30 pm on Saturday, January 30, at the First Baptist Church, 305 N California Ave, Palo Alto. The workshop is followed by a potluck dinner at 5:45, review/teaching at 7, and a party with live music from 8 to 10:30 pm. Workshop and party \$15 each, or attend both for \$25. We look forward to dancing and chatting with you at our events.

Albanian master teacher, Genci Kastrati will teach a workshop, co-sponsored by The Stanford Folk Dancers, Monday, February 15<sup>th</sup> at First United Methodist Church, 2<sup>nd</sup> Floor, 625 Hamilton Ave, Palo Alto. Reception at 5:30, Workshop and review 6:00-9:00. Donation \$15. Genci taught at Stockton Folk Dance Camp last summer to rave reviews. He will also be teaching at the Laguna Festival, Friday–Sunday, February 12–14.

'Girls Just Wanna Have Fun' is the theme of the Saturday, March 5<sup>th</sup> workshop in Palo Alto at the First United Methodist Church Fellowship Hall, 625 Hamilton Ave. Laura Douglass will teach *Dobrudzanska Reka*, and Melissa Miller will teach *Sepastia Bar*. Of course, both genders are most welcome! 7-11:00 pm. Donation \$8.

For further information or questions contact Lucy Chang at LucySChang@gmail.com

—Denise Heenan

## Sacramento International Folk Dance and Arts Council-

We just had our second run, by request, at the now annual "Dance Academy Awards," this year aptly named "The Sequel" to be held on January 30. As of this writing, it hasn't actually taken place, but the votes are being counted and the anticipation is building. It is for the benefit of our Scholarship Fund, designed to help young people pay their way to a dance camp of their choice. Yvonne Couvillion is heading it up, and the votes are streaming in. It takes one dollar to vote for a dance. You can vote online, and then at the Ball itself, you pay for your votes at the door. The Ball is run roughly like the Academy Awards, with winners being announced and danced. Lots of fun, and it helps to raise the size of the Scholarship Fund. Last year, the "Most Popular" dance was "Corrido." But who knows what it will be this year! (Rumor has it that



E-mail Address

# Ensemble Balkanske Igre's 51st Anniversary



# SPRING FESTIVAL

# March 18-20, 2016

International House, 1414 E 59th St, Chicago, IL 60637

(Hyde Park/University of Chicago)

Dance and Music of the Balkans, Eastern Europe, and Eastern Mediterranean

Enjoy the best in Balkan, Eastern European, and Mediterranean dance, music, and culture with world renowned master teachers...spectacular live music...riveting dance & musical performances. Dance on a sprung oak floor. Sing, jam, and celebrate with friends new and old from coast to coast and Canada!

March 18-20, 2016, Friday, 8pm - midnight / Saturday to Sunday, 9am-5pm Workshops, Party, Culture Sessions with Master Teachers and Artists Ahmet Lüleci, Ventzi Sotirov, Chris Bajmakovich,
James Stoyanoff, special guest Atanas Kolarovski, & others. Program subject to change.

SATURDAY EVENING, March 19, 7pm, Concert & Dance Party featuring the finest live music and dances from all regions of the Balkans and Eastern Europe/Mediterranean

Info/Reservations: 847/331 Balkanske Igre, PO Box 1157, Ch		balkanske_igre@yahoo.com www.balkanskeigre.org	
Plentiful housing options near campus; International House at the University of	please contact us for details. The Chicago, CEERES, and the Ense	Spring Festival is co-sponsored by the emble Balkanske Igre.	
Please complete and return to John Kuo, "Balkanske Igre". NOTE: EARLY REGIS	STRATION + WEEKEND PASS OP Student /FDCC General Note: Frid- Seniors in we	D53 - please make checks payable to: TIONS YIELD SUBSTANTIAL DISCOUNTS.  ay & Saturday evening concert & parties included ekend packages; evening dinners & syllabus are Individual workshop admission is \$10/\$12.	
Weekend Pass (Frl evening through Sun)	\$140\$160 by 2/10/2016	\$150/\$170 after 2/10/2016, \$160/\$180 after 3/10/2016	
Syllabus Dinner Saturday evening	\$20 \$30please check	if vegetarian/yegan	
Post-festival Sunday dinner/party w/live mu			
for a total	of \$		
Name	Cell P	hone	
Address	ssOther Phone		
City/State/Zip			

# Eye on Dance by Eileen Kolo Festival 2015

By Eileen Kopec, eisiedancer@gmail.com

I made a promise to John Filcich never to call the festival "Kolo", but to always call it "Kolo Festival". I will endeavor to keep the promise. Since John founded Kolo Festival 64 years ago, he has the right to ask for favors. John was lamenting the lack of people at this years' festival as compared to the "old" days. Those days are gone. But Bill Cope managed to get a heck of a lot of people off their duffs (and iPhones and other devices) long enough to have a fabulous time at this year's Kolo Festival, once again at the Croatian Center for the two days following Thanksgiving.

You can participate in as much of the festival as you desire. Fanatics like me just buy a very reasonably priced two-day pass, to partake in all the classes and parties. This year was my dream festival – teachers from Turkey and Greece. The teachers were, respectively, the ever-popular Ahmet Luleci and for the first time (and I hope not last) Yannis Konstantinou. With kolos by John Morovich and John Filcich, there was much to enjoy.

I had a slight advantage for a few of the dances taught by Ahmet – I had learned them last summer. I'm pleased that Bay Area groups will, I hope, be doing them now, especially my favorite, Helef, as well as Yagmur Yagar and Zillide Masa Darbuka. I also enjoyed the old dance Damat Halay, taught alternating the Turkish and Greek versions! Who knew? And since the band had learned a few of Ahmet's Golden Oldies, we were awarded good reviews of them, like Papatya, and Kalinen Dibende. Ahmet never ceases to amaze me with his teaching skills – breaking down the steps with great clarity and giving helpful styling tips. He gave us all the components necessary to master the dances, but still we will never look as cool as he does! Next life I will grow up in Turkey, dancing.

Or in Greece! Yannis Konstantinou is a well-known teacher of Greek Macedonian dance. We can thank Caroline Simmons for introducing him to the Bay Area some years ago. In a charming understated way, he proceeded to teach many accessible dances, including Tsotso, Pousteno, Baidouskino and many others. He breathed new life in Sfarlis! One group I dance with (join us Wednesday mornings at the Monclair Recreation Center) has been working on the dance Sofka recently and I was so glad Yannis taught it. Not only that, but he organized us into short lines and had each of us practice leading. Brilliant. He also explained about the horses that keep the dancers in a proper circle! Keep that circle rounded!

The two Johns (Morovich and Filcich) taught kolos midday. John M. concentrated on "fixing up" a few old kolos that the band would be playing later. He is deliciously precise! He uses colorful language to drive home the lesson – like "raise dust under your feet", and included everything down to the correct hand hold to properly show off your embroidery. He's thorough and really knows his genre. Later, John F. took over and stressed, "it's the bounce that counts"! And that you need to feel it in your chest. I hope I'm still bouncing at his age. And he bounces more than people half of his!

More activities continued all day. Both Yannis and Ahmet hosted interesting, yet very different culture corner sessions. Ahmet talked passionately about what is happening Turkey these days. Yannis showed colorful videos to help us

enjoy his country. And even though I can't sing, I don't want to forget to mention the singing classes with Maria Bebelekova, John Morovich and Michele Simon. Lunch and dinner (and full bar) were served in the Croatian center, so one need not have gone out. For anyone wanting to try the local restaurants, there are several within walking distance. You didn't want to go too far for dinner and miss the TamJam! Such happy music and talented musicians.

Sounds like a lot was happening all day. But that was just the prelude to the real meat. The parties! Live music is the heart of the festival and brings out the real party people. And isn't that what it's all about? Imagining you are in some village (and we are a village, all you Bay Area people!!) celebrating a happy event. Our happy event is that we love to dance and are fortunate to live in the Bay Area where we have so many opportunities to enjoy live music! Thank you to all these bands who performed in the main hall and in the Kafana: Trio Zulum, the Kolo Festival Band, Black Sea Surf, Zabava, Zsa-Zsa Duo, Kafana Therapy, Slavoman Travelling Band, and Da Mozhem. And a big thanks to Bill Cope, and all the other people who contributed and volunteered - you made the festival seamless.

It appears that Kolo Festival is not one event anymore. Lucy Chang held a Pre-Kolo Festival party in Palo Alto (move closer to the East Bay one day, please). Thank you to Zabava! for the live music that night and to Howard Young and Katherine Abbott for teaching. There was also a well-attended Post-Kolo Festival party at Ashkenaz Sunday night with Edessa. Thank you, Caroline, for arranging that and the workshop that preceded it. I also believe there was another post-post Kolo Festival party in December. Alas, I could not be there.

I invited a young friend of mine to the Kolo Festival. Her mother is in my dance group in New Zealand. Her daughter is a ballet dancer and recently moved to SF. I didn't think she'd accept my invitation, but she showed up on Saturday night, and she brought a nice young man with her. When they came to the door I could see the look in their eyes, saw them hesitate and think "Oy – all these old people!" They came in anyway and, with a bit of coercing, I pulled them into several dances. I hope they had fun. Maybe next year each of us could invite (drag, schlep or entice) a young person you know, so that when they come to the door they will think – wow, people of all ages dancing together. What fun!

See you there. Cheers, Eileen Kopec

Continued from page 7

"Levi Jackson Rag" is having a lot of action!) Stay tuned! I will report next month!

Meanwhile, plans are being laid for the Annual Camellia International Folk Dance Festival to be held on Friday and Saturday, March 18 and 19 at the Polish-American Hall, 327 Main St., Roseville. This is a great new location for us, and it is very easy to find, just off 80 in Roseville. It starts with an Opening Party on Friday, March 18: 7:00-I1:00 pm.

We are very pleased to have George and Irina Arabagi teaching couple dances from Ukraine and Moldavia, on Saturday, March 19: 1:00-2:50 pm. Followed by the one and only, Zeljko Jergan, teaching Croatian - 3:10-5:00 pm. The evening party starts at 7:00-11:00 pm. All events are priced at \$8, or \$25 for all four events. For more information contact 916-923-1555 or dancesong20@att.net.

---Barbara Malakoff







Roseville, California

MARCH 18 & 19, 2016

Workshops with guest teachers

# **GEORGE & IRINA ARABAGI**

Couple dances from Ukraine & Moldavia

**ZELJKO JERGAN** 

Non-partner dances from Croatia









# **SCHEDULE**

Friday, March 18: 7:00-11:00 PM Opening Party - \$8.00 Saturday, March 19: 1:00-2:50 PM - Croatian workshop - \$8.00 3:10-5:00 PM - Ukrainian/Moldavian workshop - \$8.00 5:00-7:00 PM - Dinner break (many nearby restaurants) 7:00-11:00 PM - Party - \$8.00

\*SPECIAL PRICE - \$25 FOR ALL FRIDAY AND SATURDAY EVENTS\*

# **NEW LOCATION**

Polish-American Hall, 327 Main St., Roseville, CA 95678

Sponsored by the Sacramento International Folk Dance & Arts Council,
The Folk Dance Federation of California, and the National Folk Organization - all 501(c)3 organizations
Information: <a href="https://www.folkdancesac.org">www.folkdancesac.org</a> or <a href="https://dancesac.org">dancesong20@att.net</a> or 916-923-1555

# DIRECTIONS TO THE POLISH AMERICAN HALL

at 327 Main St., Roseville, CA 95678 (See maps on the SIFDAC website: www.folkdancesac.org)

- 1. Take I-80 to Douglas Blvd in Roseville (East from Sacramento, West from Reno). Take the Douglas Blvd exit West from I-80.
- 2. You will pass Trader Joe's. Continuing West on Douglas Blvd just past the park on the right, veer right onto Judah St.
- 3. Tum right at the 3rd cross street onto Oak St.
- 4. At the traffic circle, take the 2nd exit (3/4 around, equivalent to a left turn) onto Washington Blvd, into the underpass.
- 5. Use the second from the left lane (to avoid U-turn only) to turn left onto Main St.
- 6. The Polish American Hall will be on the left in a triangular lot in the second block. The dance hall is upstairs.

<u>PARKING</u>: The Polish American Hall has a small parking lot. There is additional parking on the residential streets, in a vacant lot diagonally across the intersection of Main and Washington, in a city lot at the East end of Main Street (a block beyond the vacant lot), or in the nearby Amtrak train station at the corner of Grant and Church.

# **NEARBY HOTELS**

- \*\* Best Western Orchid Hotel & Suites, from \$82, 130 N Sunrise Ave., Roseville, CA 95661 Tel: 916-784-2222 (2.1 mi. from hall)
- \*\* Best Western Roseville Inn, from \$78, 220 Harding Blvd., Roseville, CA 95678 Tel: 916-782-4434 (1.4 mi. from hall)

# FEDERATION SPONSORED FOLK DANCE T-SHIRTS AND TOTE BAGS





"I FOLK DANCE - that's my superpower!" Wear it with pride and enthusiasm! Advertise your passion for your favorite hobby!

Available in M, L, and XL in both women's and men's styles. Women's style is sized slightly smaller and is shorter. The lettering is white on a black, dark navy, or red shirt. The Women's Red shirt is a cardinal red while the Men's Red shirt is more of a maroon red. 100% cotton. (Design by Susan Gregory)

Shirts are \$15 each, plus shipping costs.

The Federation's "I ♥ FOLK DANCING" tote bag carries your shoes and dance-related gear, and lets everyone know where your heart is.

Totebags are\$10 each, plus shipping costs.

Before ordering by mail...please contact Federation Treasurer Loui Tucker by email at loui@louitucker.com, call her at 408-287-9999, or write to her at 153 Race Street, San Jose, CA 95126. She will need to calculate the shipping charges before you write or pay on-line. Otherwise, Loui Will be bringing t-shirts and totebags to most Federation eventsstarting in the fall of 2015 through 2016, and you can purchase one of them then and you can save the shipping. Here's an idea: why not consider purchasing several items and re-selling them to members of your dance community?

# SIDNEY AND LAILA MESSER

"IT WAS A WONDERFUL LIFE!"

By Loui Tucker

I was planning a follow-up obituary on Sidney Messer who, as announced in the January issue of Let's Dance!, died in November just short of his 90th birthday. While I was interviewing Laila at their home in Sausalito it occurred to me that, because their lives were so intertwined, I couldn't really



Laila and Sidney in 1956

write about Sidney without mentioning Laila. Hence, this article about Sidney and Laila Messer, a fascinating couple!

They met at a folk dancing event in Richmond in 1949 when Laila was 16 and Sidney was 23. She told me she saw him in the crowd of dancers and told her girlfriend "I am going to dance with him before the end of this evening!" As an aside to me: "I was so attracted to Sidney!" Laila and Sidney did dance together that evening, and he even drove her home even though he was living in Richmond near the dance hall. Laila was too young at that time, and their romance did not run a straight course. After some obstacles and detours, seven years later, they were finally married.

The next part of their lives together is the most extraordinary: they lived on boats for the next 30 years! These were not those square-bottomed concrete affairs they call houseboats that line the docks in Sausalito and are permanently moored. Sidney and Laila lived on a series of real sea-going vessels, and their trips took them to the West Indies, through the Panama Canal, out to Hawaii, north to Alaska, south to Mexico, and much more.

Their first boat was a dinghy Sidney built in the living room of their small apartment in Sausalito. In the late 1950s they actually helped build one of their boats on Bainbridge Island, Washington - a 36-foot gaff-rigged schooner they named Sadie. After Sadie was launched, they sailed her home to Sausalito. They found living aboard so pleasant they did not move back to living ashore.

In 1962, Sidney had a sabbatical leave so they had Sadie shipped from Sausalito to Nova Scotia, met up with her there and sailed her down to the east coast to Florida and the West Indies, through the Panama Canal and back to Sausalito. During that year they decided they were ready to start a family. Sidney planned it so that his baby would be born in a winter month so it would be "sea-worthy" before they went sailing again the following summer. Their daughter was a Christmas baby and in a few years outgrew her 4-foot bunk bed, so Sidney and Laila went looking for a bigger boat.

Their next boat, Margaretta, was 50-foot double-ended ketch built in England in 1938. Keep in mind that a boat that is 50 feet long and about 12.5 feet wide at the deck isn't quite like having a 650-square-foot apartment, because the sides of a boat curve in. They had a sink and a stove, but no refrigerator. They had a toilet, but no shower or bathtub ("There is no dirt out on the ocean, so bathing was not a daily event anyway, and a sponge bath had to do.").

A boat that sleeps three does not have three bedrooms, it has three single mattresses slipped into cubbyholes inside the hull. These were the days before cell phones and bottled water, and they also managed without a television and hot running water.

They raised their daughter on these boats, along with an English bull terrier named Alice and a cat named Skighthagh (Welsh). Sidney taught Electrical Engineering at San Francisco City College and Laila taught at an elementary school so they had summers off. Weekends and summers were for sailing the San Francisco Bay, the Sacramento Delta and far beyond.

In the mid-1980s, a few years after their daughter went off to college (her dorm room was huge compared to her allotted space on the boat), they decided to live ashore and sold their boat. It was then that their focus turned back to folk dancing. After trying a few other local clubs, they settled in as members of Changs. Like so many couples who dropped out of folk dancing to raise a family, they returned to it in their 50s.

Sidney and Laila were active for decades after that in the Bay Area folk dance scene, at Changs as well as in the Federation. They attended Stockton Folk Dance Camp for 8 years. In 1997 Federation President Carlos Ruling asked Laila to lead the committee to put on a Beginners Festival (which is how I first met Laila). Laila then served as Secretary for the Federation from 1997 to 2002 at which time she became Federation President for two years. Sidney handled the Federation's membership from 2000 to 2009. They continued dancing regularly, at least once a week, even after they moved into an assisted living facility.

Laila mentioned that in the last year or so, Sidney became reluctant to drive to San Francisco on Friday nights to attend Changs. He would complain and ask where they were going and why. Once he got there, however, his mood lifted immediately, he danced and smiled and hugged — and, on the walk back to the car, he was always happy they had come.

Laila, by the way, has moved back to their home in Sausalito, and hopes to continue dancing at Changs. She has many wonderful stories to tell about her days with Sidney, learning to sail, building and furnishing boats, and cruising the waters of the world. The next time you see her, take her aside and talk

to her - you'll be delighted!



The Sadie

# NFO Heritage Award Announcement

By Bobi Ashley

The National Folk Organization's (nfo-usa.org) annual conference is being held this year at the Mariam Inn in Santa Clara, California, March 10 -13. Our Vice President, Cricket Rayburn, and her committee are working hard to make sure this will be an outstanding event. There are several excellent presentations and work shops already scheduled.



Elsie Ivancich Dunin



Bill Lidicker

The presentation of the Heritage Award is always a special occasion at the Friday night banquet during the National Folk Organization's annual conference. This year one of the two recipients is our very own Bill Lidicker, who is past president for both the Folk Dance Federation of California, and also the National Folk Organization. You won't want to miss this opportunity to see him honored, and learn about all his many contributions to the Folk Dance Community.

Elsie Ivancich Dunin is the second recipient, and also the keynote speaker at this year's NFO Conference. She is Professor Emerita, UCLA, where she taught dance ethnology from 1966 to 1994. As the external dance research adviser with the Institute of Ethnology and Folklore Research in Zagreb, Croatia, she studies the social dance changes in relation to sociocultural transformation. Her bilingual (Croatian/English) book comparing continuities and changes of wedding customs of two generations of one Croatian family (1977-2009) is fascinating, and was published in 2013.

Bruce Hamilton will be doing a Saturday workshop teaching English Country Dances. Billie Burke will be presenting his book about how folk dances fit into the California school curriculum. Richard Powers is presenting a workshop on Tips and Techniques for teaching dance; and will be teaching some dances that can be taught in four minutes or less.



Bruce Hamilton



Billie Burke



Richard Powers

Nirupama Vaidyanathan has studied classical dance form of Southern India for 30 years; and will speak about the development of classical dance in India, its relationship to cultural development, and its relationship to folk dancing in India. "Bhangra to Bollywood" is the title of a presentation by Ed Austin, Amy Jex, and Jeanette Geslison. This dynamic trio works with the Brigham Young University Folk Dance Ensemble, and will be speaking about how Bhangra and Bollywood dance forms relate to the classical dances of India.

In addition, there is a technical workshop on iTune Tips

and Tricks.

There will be dancing on Thursday night with Loui Tucker's group; and in Menlo Park at the Peninsula Council party on Saturday.

For the registration form and more information, visit the NFO web site: nfo-usa.org It is rare that the NFO Conference is held in the Bay Area. Mark your calendars and register now for this special event. You won't want to miss it!

# Join the Village Dancers in celebrating Floyd Davis's 89th birthday

From Judy Kropp

January 29th, Friday, 6:30 (potluck) until 10:00. Dance to live Balkan music with Sviraci (Melissa Miller and Lew Smith). Do dances from days gone by. Celebrate Floyd Davis's 89th birthday at the Carnegie Arts Center, 250 N. Broadway, Turlock. \$5.00. Bring a snack to share.

Floyd Davis started dancing in the Modesto/Turlock area in 1947 and almost 70 years later we're still dancing. The amazing library of dances Floyd kept in his head is quickly slipping away due to dementia. Come honor Floyd and do a dance in his honor. Call Judy Kropp, Coordinator, for info at 209-480-0387.

# Post-Kolo Bash in Palo Alto

By Ulrike and Lothar Narins

Moveable Feet organized parties "surrounding" the Kolo Festival that was held in San Francisco at the last weekend in November. To get the dancers in the mood for the Kolo Festival, there was a party in Palo Alto with live music a week before the festival. And then there was the Post-Kolo Bash on December 12, one week after the Kolo Festival. It was held at the First Baptist Church in Palo Alto where the Stanford International Dancers have their weekly dance.

People came from as far as Sacramento, and we even had a guest from Ohio. Altogether 56 dancers enjoyed themselves from 6:45 pm until 11:20 pm. The format of the party was unusual in that it had teaching sessions interspersed with requested dances. The teaching consisted of dances that were taught at the Kolo Festival by Ahmet Lüleci and Yannis Konstantinou. At the Post-Kolo party Davida Munkres taught Ahmet's Helef (Turkish), Kaela Fine taught Ahmet's Zillide Maşa Darbuka (Turkish) and Tsamiko Kozani (Greek), and Nadav Nur taught Yanni's Stankena (Macedonian).

Some of the dances that were taught were quite challenging, as were quite a few of the requests. In this way the party provided an opportunity to keep harder dances alive.

Tasty snacks and refreshments were available throughout the evening. There was also the celebration of Melissa's birthday for which we all sang and partook in the delicious cake that she brought.

It was such a well-organized, enjoyable event!





Photo by Mindy Pines

# The Advanced Balkan Dancers Invite you to a

# Balkan Plus Folk Dance Party

# Saturday, March 26, 2016 Balkan dancing program

plus

# your favorite international folk dances!

Begin around 7:30-11:00 pm ~ Donation \$8.00 Lots of free parking, fine wood floor—Please bring snacks to share

At our lovely new location: The Unitarian Universalist Congregation, 240 Channing Way, San Rafael (Terra Linda exit from Highway 101, use the frontage on the bay side, north, Turn on Professional Center Parkway to Channing Way)

# **Purely Tentative program:**

Setnja
Dospatsko Horo—Bulgaria
Karamfil—Bulgaria
Bavno Oro—Macedonia
Syrto—Greece
Request
Request

Seljancica—Serbia
Cekurjankino—Bulgaria
Drmš from Ždenčina—Croatia
Četvorno Horo—Bulgaria
Horehronsky Cardas—Slovenia
Request
Reguest

Ivanica—Macedonia Ciuleandra—Romania Ravno Horo—Macedonia Ajde Jano—Macedonia Swedish/Finn Mixer Request Request

Hambo—Sweden Često—Bulgaria Erev Ba—Israel Zborenka II—Bulgaria Belasičko—Bul./Mace. Sciaopa—Bulgaria Requests Requests

**Announcements** 

Romanian Medley—Romania Jove Male Mome—Bulgaria Gjuševska Râčenica—Bulgaria Jacob's Ladder—Israel Šopsko Horo—Bulgaria Request Request

Krivo Sadovsko Horo—Bulgaria
Joc Batrinesc din Niculitel—Rom.
Tino More—Macedonia
Ludo Kopano—Bulgaria
Dobrudžanska Reka—Bulgaria
Request
Request
more dances as time permits
Jovano Jovanke, Waltz

# 68th Annual

# FESTIVAL OF THE OAKS

# Live Oak Park Community Center

1301 Shattuck Avenue, Berkeley, CA

# Sunday February 21, 2016

REGISTRATION 9:00 AM
INSTITUTE with Andre Montsion 9:30 AM - NOON (\$12)
French Canadian, Greek, Romanian & Serbian dances
HOT LUNCH NOON - 1:00 PM (\$6
MEMBERSHIP MEETING NOON - 1:00 PM
Folk Dance Federation of California will be providing lunch for attendees
INTERNATIONAL FOLK DANCING1:00 PM - 5:00 PM (\$12)
Dances from French Canada, Hungary, Greece, Romania and other far away places
EXHIBITION DANCE PERFORMANCE 3:00 PM
(AM & PM - INSTITUTE & FOLK DANCING - \$20)
No Portner Negoccom

NOVE DE LA COMPUNE DE LA CALLA LA

PRE-OWNED FOLK DANCE COSTUMES FOR SALE 1:30 - 4:30 PM
Bring items to donate - Consignment sales accepted

Free refreshments will be served 1:00 - 5:00 PM

# SPONSORED BY:

Folk Dance Federation of California, Inc. & Berkeley Folk Dancers

For more information, call Mel Mann (510) 527-2177, meldancing@aol.com

# Jim Gold International Folk Tours: 2016



one!

Travel with Folk Dance Specialists:
Jim Gold, Lee Otterholt, and Richard Schmidt

Exciting adventures in fascinating cultures!

Meet the people. Folk dance with local groups, and more!

For tour itineraries/videos/photos: visit www.jimgold.com



# NORWAY/SWEDEN/DENMARK!

June 8-20: Led by Lee Otterholt Oslo, Gothenburg, Helsingborg (Elsinore), Copenhagen



FRANCE! July 16-29: Led by Jim Gold Brittany, Normandy, Loire Valley: Paris, Rouen, Le Havre, Bayeux, D-day Landing Beaches, Mont St. Michel, Quimper, Nantes, Blois, Chambord, Orleans, Chartres, Palace of Versailles

POLAND! September 3-17: Led by Richard Schmidt Kraków, Zakopane, Łodź, Toruń, Gdańsk, Olsztyn, Warsaw



GREECE! October 15-28: Led by Jim Gold Athens, Olympia, Delphi, Meteora, Mycenae, Epidaurus. Greek Island Cruise: Mykonos, Crete, Rhodes, Patmos, Kusadasi In (Turkey, Santorini, and Ephesus

INDIA! November 7-21: Led by Lee Otterholt Delhi, Udaipur, Pushkar, Jaipur, Agra, Khajuraho, Varnasi, Pushkar Fair



# **Custom Tours!**

If you and a smaller group want to travel on a **custom made folk travel** adventure, contact us! With our extensive knowledge of local conditions and list of contacts, we can hand-tailor a tour exactly suited for your group.

Mail your \$200 per	person deposit. Of with credit card at. www.jimgoid.com
Tour(s)desired	
Name 1	Address
Phone()	Email

TOUR REGISTRATION: Can't wait to go! Reserve my place!

Jim Gold International, Inc. 497 Cumberland Avenue, Teaneck, NJ 07666 U.S.A. (201) 836-0362 www.jimgold.com Email: jimgold@jimgold.com

46th Annual LAGUNA FOLK DANCE FESTIVAL



FEBRUARY 12-14, 2016 Ensign Intermediate School 2000 Cliff Drive Newport Beach

www.lagunainternationaldancers.com or call Miriam (949) 770-7026

**Presenting Master** 

**Teachers** 

Lee Otterholt

dances from "Balkan and beyond"

Genci Kastrati

dances of Albania

Miamon Miller

& "The Garlic Band"

Instrumental MUSIC WORK SHOPS "SING ALONG'S" with MICHAEL LAWSON

other live music will be provided by Interfolk and Rakia

Miamon Miller will be leading instrumental music workshops and jam sessions simultaneously with the dancing workshops.

Admission to the Festival gives admission to both these music workshops/jam sessions with Miamon.

# SCHEDULE OF EVENTS

note: no change in admission fees from last year's prices!

Friday Evening Party 6:30-11:30.....\$20

with recorded music, requests, 2 live bands and some introductory teaching

Saturday workshops.....\$35

All workshops: dance, instrumental music and sing-along Morning 9:30 - 12:00; Afternoon 1:30 - 4:30

Saturday Evening Dance Party, starting 5:30 with Happy Hour and dinner in the cafeteria; live music by "The Garlic Band" in the Gym 6:30 -11:30 .....\$20

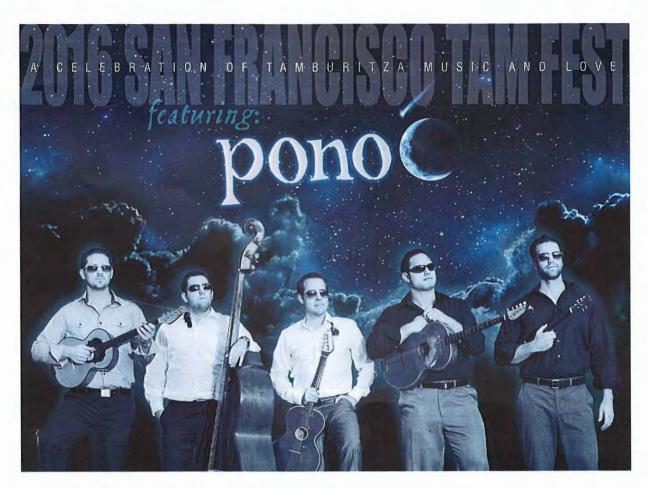
Sunday all day, including dance concert....\$25

Reviews 10:00-12:00; Dance Concert 1:30-2:30; Dance Party 2:30-4:30 (with live music) Sunday Dance Concert alone: \$10.-

PASSPORT FOR ALL EVENTS: \$70 before Feb. 1; \$90 at the door Dance descriptions: free downloads

Catered food available on the premises - orders are to be placed by Feb.1 using registration form

a limited number of meals will be available at the door for \$1 above list price











Advance tickets available at www.brownpapertickets.com



# Enjoy Two Days of Music and Dance

Celebrate Valentine's weekend with us.Come enjoy the music, dancing and food at the San Francisco Tamburitza festival on Febuary 13 & 14. The headlining band will be Tamburaški Sastav Ponoć (Midnight) from Pittsburg. www.tsponoc.com. They are today's virtuostic,

new generation of musicians and vocalists. Members: Peter Kosovec, John Huckle, Mark Stafura, Ben Wagner, Nikola Vranesevic. They have all performed for Duquesne University's famous Tammies. Peter Kosovec is a well known songwriter with numerous cds to his credit.

# Two Days of Music!

Feb 13th | Welcome Dance 7:30 PM Feb 14th | Concert, Kolos, Sing-a-Long 12PM-8PM











Our cultural programs are funded in part by the California Arts Council, National Endowment for the Arts, SF Grants for the Arts, SF Arts Comission, Alliance for California



# 2015 New Year's Eve Party by Moveable Feet Club

By Laura Douglas with Lucy Chang

The Moveable Feet club with its team of dedicated volunteers, put on another spectacular party to celebrate the start of 2016. The crew included Loui Tucker & Lucy Chang (MCs), Ann Kleiman (decorations), Mike Giusto (set up), Hollis & Lon Radin (refreshments), Karen Bartholomew and Lesley Bone (potluck dinner), Angel Tam & Ulrike Narins (party snacks), Alex Chang-Graham & Robbie Preu (meet & greet), Richard Graham (sound equipment), Clem Dickey (clean up), and John Nicoara, Joe Croco & Alex Chang-Graham (photographers). Others came early to help with setup and stayed late to clean up, including Wendi Ellis, Jim Myers, Laura Douglass, Lothar Narins, Laurie Reynolds, Kaela Fine, Paul Loewenstein. Apologies if I missed anyone.

The location was the hall of the First Baptist Church in Palo Alto. The hall has a high ceiling and light-colored walls that don't require much decoration to provide a pleasant background. The decorating committee enhanced the festive atmosphere with a few well-chosen touches. The stage held a shimmering golden screen enhanced with cascades of silver and studded with gold stars, which was very effective against the background of dark curtains. Sparkling lights highlighted the refreshment area, and other glittery touches were scattered throughout the hall.

The evening officially started with a potluck supper. The variety of food (including ham and turkey and the fantastic desserts presented on each table provided by Karen and Lesley) tempted many of us to eat a bit more than was comfortable, but that just inspired us to dance a bit more to balance it out. The tablecloths and china plates added just the right touch

of formality (and global consciousness). The background music during supper was mostly pop music from decades past, which led some participants to chime in on certain lyrics indelibly imprinted on our memories.

As more guests arrived, the tables were whisked away to clear the dance floor. Many people make a point of attending this event to take advantage of the opportunity to re-connect with the community, so there was almost as much chatting and laughing as dancing. In addition to old friends, there were several people who were new to folk dancing, brought by dancers who want to spread the joy. One couple of folk dancers visiting from Maine also attended. This event is inspired by the decades-long tradition started by Marcel Vinokur, and the participants paused at one point to make a tribute to Marcel and Kathy for their many contributions to folk dance.

Lucy Chang and Loui Tucker alternated DJ duties. They made a point of ensuring that everyone had an opportunity to request their favorite dances during the five hours of dancing. Because there were two DJs, there were two dances to celebrate the New Year. Lucy played Katushe Mome just before midnight, and just after midnight, Loui played Kvar Acharei Chatzot translated as "Midnight has passed," an Israeli dance that celebrates the birth of a new day.

The hall was full (over 111 attendees!), and most people brought layers of outerwear to protect against the cold evening air, so there was some confusion about jackets and coats as people began to leave. Unfortunately, one dancer lost a black wool coat. It has side seam pockets, four buttons, perhaps size 12, and probably a US brand name. Most importantly, it holds a lot of memories for its owner. If you by mistake took this coat, please contact LucySChang@gmail.com.

# **Emma's Commencement**

(England)

Emma's Commencement is done in longways sets with two couples working together (duple formation). It was devised by Alan Simpson-Vlach, and is published in CDSS News, no. 194 (Feb. 2007). Bruce Hamilton taught this dance at the 2015 Mendocino Folklore Camp. He kindly provided much help in preparing this description. The music is in waltz rhythm.

Music:	<sup>3</sup> / <sub>4</sub> meter Murray's Passage by Debbie Jackson; found on Childgrove Early Instincts (2004); see also <a href="www.cdss.org/store">www.cdss.org/store</a> . "A" and "B" (below) refer to various 8 measure parts of the tune.	
Formation:	Longways set, duple formation, and with no. 1 couples crossed over (improper). When couples end up at the top or bottom of the set, they wait out one time through the dance. While waiting, they prepare to re-enter the dance in the opposite role by crossing over the set.	
Steps:	Waltz steps used throughout. Movements are smoothly flowing with a slight emphasis on ct 1 of eac 3-ct measure.	
	Open Ladies Chain: This is a ladies chain without a courtesy turn. In this dance, each cpl instead turns CCW with joined arms extended, but not straight, or rigid.	
Styling:	English country dances are inherently flexible in some styling details. This allows for some dancer's choice in self-expression, response to music, available space, physical limitations, etc.	
Measures	3/4 meter Pattern	
	INTRODUCTION. 1 note	
A1 1-4	HALF FIGURE OF 8, SET, CPL TURN  Cpl 1 dances a half figure of 8 down through Cpl 2 to end at the line of dance on the opp side of the set from starting position.	
5-8	Cpl 1 sets twd each other (RLR and LRL) moving a little fwd and slightly to the R and then the same to the L (meas 5-6); taking two-hand hold, cpl 1 circles to the L (CW) returning to position at start of meas 5 (meas 7-8). Some flexibility is acceptable as to how much fwd movement is done in the setting steps and in whether some R and L movement is included.	
A2 9-16	Cpl 2 repeat meas 1-8 dancing a half figure of 8 up through cpl 1. At end of meas 16, all take hands to form a circle of 4 dancers.	
B1 1-4	PETRONELLA AND OPEN LADIES CHAIN All balance fwd (waltz step or step touch), and then the same back to place (meas 1-2); turn individually CW while moving to the position of the person to the R (meas 3-4).	
5-8	Rejoin hand hold, and repeat meas 1-4.	
B2 9-12	Open Ladies Chain is danced with W crossing on the diagonal, taking R hands as they pass each other, and then taking L hands with opp M; M begin by moving behind W to their R to reach out with L hand to join with ptr's L hand; they then turn gracefully CCW both moving forward and ending with M facing out and W facing in; joined arms are extended, but not straight or rigid.	
13-16	Without stopping fwd movement, repeat meas 9-12 with opp sex neighbor. At the end, turn to face ptr.	

γ. .

Repeat dance from progressed positions.

# Where to dance

# Federation clubs

#### CENTRAL STATE

Bay Osos International Folk Dancers. Tuesday afternoons, 1-3 pm. South Bay Community Center, 2180 Palisades Avenue, Los Osos. First hour is beginner-intermediate instruction, 2nd hour is all request. For Information call Anne Tiber, 805-534-1501 or email: annetiber@charter.net

Mid County Folkdancers. Beginner and intermediate folkdancing Thursdays 10-11:30 am. Mid County Senior Center, 828 Bay Ave. Capitola, CA Tel. 831 476-9711. Teachers: Norma Jamieson, 831 430-0968 and Gabriele Swanson 831 646-5453

#### NORTH STATE

Chico World Dancers regular club dancing meets most Fridays, 8 pm at Chico Creek Dance Centre, 1144 West First Street, Chico, CA. World Dance Classes also offered thru Chico Area Recreational District on most Thursday evenings, 7 pm. All are welcome to attend either venue. No partner needed. Contact: Memo Keswick 530-774-2287 (memok@saber.net) for more details or to assure no changes to dance schedules.

Humboldt Folk Dancers meet Fridays from 8:00 p.m. to 11 p.m. All levels of dancers are welcome and you don't need a partner. First Fridays of the month have live music with 2-3 bands. Venues vary. Please consult our website at www.humboldtfolkdancers.org for latest information.

Redding Folk Dancers meet every Friday (except during July and August) from 7:00 to 9:45 pm at the Redding Ballet Academie, 1726 Market St., Redding. All levels of dancers welcome. Easy warm-up dances start at 7:00, instruction is from 7:30 to 8:30, and request dances follow. For more information, call Julie at (530) 547-4071 or e-mail Jan at jmwright32@frontiernet.net

Shasta Scottish Country Dance Club C/O Margaret Randolph PO Box 2000, Cottonwood, CA 96022 purdypeggy@att.net

# SOUTH STATE

West L.A. Folk Dancers meet Mondays and Fridays, 7:45-10:30 pm. Brockton School, 1309 Armacost Ave. in West Los Angeles. Info: Beverly Barr 310-202-6166, email: dancingbarrs@yahoo.com

Cerritos Folk Dancers meet Tuesdays, 6:00-8:45 p.m. Cerritos Senior Center, 12340 South Street, Cerritos, CA 90703. 50+. Cost \$4. First time free. Info: Sue Chen, (562) 338-2298, email: CerritosFolk-Dancers@gmail.com.

The Pasadena Folk Dance Co-op meets Friday 7:45-11 pm at Throop Unitarian Church, 300 S. Los Robles, Pasadena, CA. Info: Jan Rayman 818-790-8523, www.PasadenaFolkDanceCoop.org.

# **OUT OF STATE:**

### **OREGON: COOS BAY**

South Coast Folk Society holds a folk dance party every 4<sup>th</sup> Friday of the month from Sept. through May at the Greenacres Grange in Coos Bay, OR. Dancing starts at 7:00 pm with teaching then requests. Admission \$4 or \$3 for folk society members. For more information, 541.808.1002 http://southcoastfolksociety.wordpress.com/

A beginning folk dance class is held every Tuesday night from 7:00 -- 9:00 pm at the Harding Learning Center 755 S. 7th St., Coos Bay, OR. More information 541.808.1002 http://stacyrose.wccbly.com/

#### **NEVADA**

LAS VEGAS—Ethnic Express ethnicexpresslasvegas.org. Every Wednesday except holidays. All requests. 800 So. Brush St. \$4.00. 702/732-4871. rpkillian@gmail.com

RENO INTERNATIONAL FOLK DANCE CO-OP. Beg. & interm. int'l. Thursdays, 7-9 pm, Temple Sinai, 3405 Gulling Rd. (off

King's Row), Reno. Cost \$2.

First Saturday Party, 7-9:30 pm at Nevada Dance Academy, 1790 W. 4th (off Keystone). Cost \$5. Contact Derise at (775) 677-2306 or wigand@gbis.com.

#### SAN FRANCISCO

Cafe Shalom Israeli Folk Dance Party, SECOND Saturday of the month, St. Paul's Presbyterian Church, 1399 43rd Ave (at Judah), San Francisco, CA 94122. 7:30 pm to 11:30 pm, Older dances and dances for beginners at 7:30. \$8 adults \$5 students. Contact Rosanna: rofromsf@gmail.com

Croatian American Cultural Center, 60 Onondaga Ave, San Francisco, CA 94112. Phone: 510-649-0941 Contact: johndaley@mindspring.com http://www.slavonicweb.org/

# SAN FRANCISCO COUNCIL

Changs International Folk Dancers, Inc. Meets every Friday from 7:30-10:30pm at the Lincoln Park Presbyterian Church on 31st Ave. at Clement St., San Francisco. First two Fridays of the month are teaching nights, with instruction from 8:30-9:30pm, followed by general dancing. Third Friday is Family Night for all ages. Special children's program from 7-8:15pm, followed by general dancing. Fourth Fridays will be all requests, with quarterly party nights in March, June, Sept, and Dec. Fifth Fridays are all request or special workshops. \$5.00 non-members. Contact: Luiselle, 415-385-4481 or ChangsDancers@aol.com

Greek Feet Joe Goode Annex, Project Artaud, 401 Alabama Street (at 17th Street), San Francisco, CA 94110. Greek dancing Monday nights from 7:30 pm to 9:30 pm. The first hour is lesson and the second hour is dancing by request. Cost: \$20/month or \$10/drop-in. Ring the buzzer to enter. Gate is locked at all times.

Google Directions: http://goo.gl/maps/t1Dep

Mandala Folk Dance Center. Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 pm. Request dancing, 8:15-9:00 pm. Intermediate teaching from 9:00-9:45 pm. Request dancing from 9:45-11:00 pm. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

San Francisco Dance Circle meets every Wednesday 10:45 am - 12:15 pm at the newly renovated Harvey Milk Recreation Center, 50 Scott Street @ Duboce. Lines, sets, partners, trios-we do it all! Beginners welcome to start anytime. Gorgeous dance studio. Good public transportation. Free! Contact: Ann Colichidas at 415-902-7690.

#### SAN FRANCISCO HALL RENTAL

Polish Club of San Francisco—Event venue available. Weddings, meetings, dance workshops, seminars, parties, receptions, etc. Full kitchen, dance floor, 2 large meeting rooms, tables, chairs, stage. Limited free parking. Info & reservations 415-285-4336 or 415-821-2574, email staff@polishclub.org

#### MERCED

Merced World Dance, Erica Zweig, Instructor, (Folk Dance Federation Member). Wednesdays, 7-8:30 pm, Merced College, 3600 M Street, Merced, CA. Gym 4, \$40 per six-week session, beginning January 14, 2015. Contact Erica at worlddance519@att.net; (209) 756-6039. Register: www.mercedcommunityservices.com

#### **MODESTO**

Monday—Village Dancers: Scandinavian Performance group rehearsals, Ceres. Contact: 209-480-0387 or Judykroop40@gmail.com.

Every Wed. night—Modesto Folk Dancers Ceres, 7:30-10:00 pm. Contact 209-480-0387 or Judykropp40@gmail.com

Friday—Village Dancers of the Valley. (Sept. to June) 7:30 to 9:30 pm, Carnegie Arts Center, 250 N. Broadway, Turlock. June to Sept. in Ceres. Contact 209-480-0387 or Judykropp40@gmail.com

Every Saturday—Modesto Tango Practica Saturdays Basics 11:00 am-12:15 pm Sophia's Dance Journey 711 10th Street

Every Monday—Modesto Tango meets at Jacob's Restaurant, 2501 McHenry Ave, Modesto, for a practice and social dancing. 8 to 10 pm. No fee, but participants are encouraged to order food and/or drinks. Contact Mary Menz 209-522-1571.

TRI-VALLEY Del Valle Folk Dancers. Meets every Tuesday evening 7:30-9:30 pm at the Bothwell Arts Center, 2466 8th Street, Livermore, in the room at the west end. Cost \$3 per person. Your first time is FREE! Small, congenial group enjoying international dances, mostly Balkan and Israeli. Mix of long-time and recent dancers; beginners welcome. Ad-hoc, informal instruction. We're in it for the movement, the music, and the fun! Contact George Pavel 925-447-8020, george.pavel@gmail.com.

#### BERKELEY

Cape Breton Step Dancers, 2nd Sundays, 1-3 pm, experienced dancers. Ashkenaz Music and Dance, back studio, 1317 San Pablo Ave., Berkeley. For info contact Bob Schuldheisz. 209-745-9063, bob-schul@softcom.net

Balkan Dance Cabal: "Plotting to achieve the sublime through the joyful mastery of dance" Class meets every 2nd and last Monday, 7:30-9:30 pm, in the Rear Dance Studio at Ashkenaz, 1317 San Pablo Ave., Berkeley (enter left hand door). We focus on teaching intermediate and advanced Balkan dances, the ones you wish you knew. Cost: \$5 Info: Richard 510-524-3611, balkanazers@gmail.com

**BERKELEY FOLK DANCERS.** All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Ave., Berkeley.

Sunday, February 21. Festival of the Oaks. Our biggest event in February, both for BFD and Federation is the 68th Festival of the Oaks. This co-sponsored event is held at Live Oak Social Hall at the above address beginning at 9 am and ending at 5 pm. At 9:30 am Andre Montsion will teach French Canadian, Greek, Romanian and Serbian dances. The fee for the Institute is \$12. There is a noon lunch for a bargain of \$6. At the same time, Folk Dance Federation of California holds its Membership Meeting. Attendees to the meeting will receive a free lunch. Dancing is held in the Social Hall from 1 – 5 pm with an exhibition dance at 3 pm. To sustain us, free refreshment is available. All this for \$12! But \$20 will cover the entire day. Concurrent event is a sale of Pre-owned Folk Dance Costumes from 1:30 – 5 pm. See the full-page ad on the Festival of the Oaks in this issue. For more info, call Mel Mann (510) 527-2177, <meldancing @aol.com>

Weekly class schedules:

Mondays—Advanced Intermediate, Yaqi Zhang 510-525-1865 (assisted by Tom Sha)

Tuesdays—Intermediate, Marija Hillis 510-549-0337 and Jeff Lidicker 510-776-4818

Wednesdays—Advanced, Judy Stonefield 510-655-3074 and Lone Coleman 510-529- 4120

Thursdays—Beginners, David Hillis 510-549-0337 and Marian Snyder 510-549-1703

Fridays—All Request Night. Contact Peter and Lynne D'Angelo 510-654-3136

Fridays—Afternoon Class. 12:30 – 2 PM. Contact Andy Partos 510-848-9262 or Wayne Phillips 925--317-3192.

# OAKLAND

# PIEDMONT, OAKLAND

East Bay Folk Dancers. Formerly the Albany Y Balkan Dancers. We have changed our name and our location. Piedmont Veteran's Hall at 401 Highland Avenue, Piedmont, street parking. Wonderful dance facility. Fridays, all levels, instruction 7:30 to 8:30 pm, Some program dancing, some request dancing until 10:30 pm. Contact Kay James, 925-376-0727, Davida Munkres at d.munkdance@gmail.com

Scandiadans—Thursdays. 7-10 pm at the Nature Friends, 3115 Butters Drive, Oakland, Ca. From Highway 13 take the Joaquin Miller exit. Drive East (up the hill) on Joaquin Miller about a mile. Take the second Right onto Butters Drive. Follow Butters 0.4 mile. On the

Right is a sign reading SCANDIADANS. Turn into the driveway and go down into a large parking area. The clubhouse is ahead on the Right. Contact: Frank and Jane Tripi 510 654-3636 or fitripi@juno.com

Scandia Saturday. Four times a year. Location: Nature Friends, 3115 Butters Drive, Oakland. Donation is \$7, or \$10 in December. Scandinavian couple turning dances. Everyone is welcome. Info: Jane Tripi 510-654-3636 or fitripi@iuno.com.

#### PENINSULA COUNCIL

Folkdances of Hungary and Transylvania Tuesdays 7:30-9:45

Arrillaga Family Recreation Center, 700 Alma St, Menlo Park. Singing and warm up dances 7:30-8:00, teaching 8:00-9:30. You do not need to bring a partner since we rotate partners during the teaching. Taught by Todd Wagner and Sarah Tull. For more information call 650-941-0227 or email todd@wagnerhaz.com

Peninsula FD Council Party: Second Saturday of the month, except January, at St Bede's Episcopal Church, 2650 Sand Hill Rd at Monte Rosa, Menlo Park, a few blocks east of I-280. Parking entrance from Monte Rosa. Dancing to your requests from 8 to 11 pm. Donation is \$9.00. Bring a little finger food to share. Coffee, tea and punch provided. There are often 45 minutes of teaching or dance review prior to the parties, usually starting at 7:15. Email Hollis at hollis.radin@gmail.com or call her at 650-521-7143 to confirm dates and times

Mostly Balkan. Thursdays, teaching by Martin Frost or Todd Wagner 7:45 to 8:45. Request dancing until 9:55. Drop-in fee is \$8.00. Arrillaga Family Recreation Center, 700 Alma, Menlo Park. Information: Sue 408-247-2420 or Derek 650-851-8498.

Palomanians IFD—Palomanians IFD class meets every Tuesday at the Arrillaga Family Recreation Center (aka Menlo Park Recreation Center), 700 Alma, Menlo Park, just south of Ravenswood Av. Beginning level dances at 7:30. Intermediate level from 8 to 9:45. Dropin fee is \$8. First night is free. Denise Heenan and Adony Beniares, instructors. Call Al at (408) 252-8106 or email to palisin@comcast.net for more info.

Carriage House FD—class on Wednesdays at Holbrook Palmer Park, 150 Watkins Ave. in Atherton. Teaching 7:45 - 9:00. Requests 9:00 to 10:00 or so. Suzanne Rocca-Butler, instructor (650) 854-3184.

Moveable Feet Club. Headed by Lucy Chang with the assistance of Loui Tucker and Alicia La Fetra. The Themed Parties may feature teaching and ~ 10 notable dances from that theme. The remaining dances will be from dancers' requests. All levels, all countries, all forms. For info contact Lucy at Iscsamalex@gmail.com

Santa Cruz—Dance to the music of Israel! Tuesdays 7:30-10 pm. \$7/\$5-student. Circle, line/individual, couple, old and new choreography. Warm-up/gathering dances and instruction take place in the first hour. Teacher: Alan Rothchild, rothdance@hotmail.com First Congregational Church, 900 High Street [Fellowship Hall]

Saratoga International Folklore Family. Thursdays 7:30-8:15 beginners lesson; 8:15-10:00 intermediate-advanced. \$8 general public, \$6 seniors. St. Archangel Michael Serbian Orthodox Church, 18870 Allendale Avenue, Saratoga. Contact Loui Tucker 408-287-9999, email: loui@louitucker.com

Stanford International Folk Dancers Fridays. Teaching 8:00-9:00 pm, requests 9:00-11:00 pm. First Baptist Church, 305 North California Ave (near Bryant), Palo Alto. Suggested admission is \$7.00 generally, \$10 on live music nights, and \$15 for special events and workshops. Students are half price and children are free. No one will be turned away for lack of funds. Mostly line dances. Live music party monthly, usually on the first Friday. http://stanfordfolkdance.com/ or Lew 408-246-7646.

# FRESNO FOLK DANCES

Tuesdays—Fresno Danish Dancers. Clovis Senior Center. 6:30-9:00 pm. Contact Wilma Andersen, 559-291-3176.

Wednesdays—McTeggert Irish Dancers. Beginners: 5:30-6:30 pm. Intermediate and Advanced: 7:00-8:00 pm. Contact Maureen Hall, 559-271-5200.

#### MARIN

College of Marin International Folk Dance College of Marin International Folk Dance Class - Wednesdays 2:10-3:30 p.m., February 3-March 16 (\$50 for the 7-week session) and March 30-May 11 (no class April 13 & 20; \$50 for the 5-week session) in PE#22 on the Kentfield Campus. To register go to: http://marincommunityed.com. For more information contact Carol Friedman at cjay@horizoncable.com or 415-663-9512

Kopachka International Folkdancers The Gym at Strawberry Recreation Center, 118 East Strawberry Drive, Mill Valley (Tiburon Blvd. Exit on Highway 101, go 3/4 miles to East Strawberry Drive, turn right) Every Friday 7:30 to 10:30 pm. Beginners' teaching 7:30 to 8:00, followed by half an hour's intermediate/advanced teaching, then program for all levels. \$5.00 for members and guests. Information: Nadav Nur, (415) 497-4890, or Susie Shoaf, susieshoaf@aol.com

### **NORTH BAY**

Razzmatazz Folk Dance Club. Razzmatazz Folk Dance Club intermediate level Balkan folk dance class taught by Marilyn Smith, Tuesdays, 7 pm-9 pm at Monroe Hall, 1400 W. College Ave., Santa Rosa and that there is a 15 week session in both Fall and Spring. \$60 for 15 weeks. Registration info: razzmatazzfolkdanceclub@gmail.com

## REDWOOD COUNCIL

Sonoma County Scandia Dancers—Scandinavian dance class in Petaluma. Beginners welcome. Come learn the dances of Norway and Sweden on Tuesdays from 7:15 to 9:15 pm. at Hermann Sons Hall, 860 Western Ave. Petaluma. No partner needed. Bring leather or smooth soled shoes. The first night is free, thereafter \$4 per class. For questions call Vince at 707-996-8300 or Emma at 823-4145.

Napa Valley Folk Dancers. Contact Brian @ 707-253-8452 or <u>briantbe@mac.com</u>. Party most 4th Saturdays @ Napa Valley College.

Petaluma Snap-Y Dancers Monday night folk dancing in Petaluma. Mondays 7-9:15 pm at Hermann Sons Hall, 860 Western Avenue, Petaluma. Cost is \$65 for the 14-week session or \$7 drop-in. Newcomers, beginners and drop-ins are always welcome.

Come enjoy our friendly atmosphere, great mix of dances and the wonderful wood dance floor at Herman Sons Hall. Info: Carol Friedman 415-663-9512 cjay@horizoncable.com http://carolfriedmanfolkdance.blogspot.com/

Santa Rosa Folk Dancers Class - Telephone contact: 707-546-8877. Willowside Hall, 5299 Hall Road, Santa Rosa. Every Thursday 1:00-3:00 p.m. except June - Aug.

Santa Rosa Jr. College beginner folk dance class taught by Marilyn Smith is offered on Wednesdays each semester--Dance 40 in the Fall and Dance 41 in the Spring. Registration and information is online at: www.santarosa.edu

Snap-Y Dancers (Sonoma). Beginners welcome! Seven Flags Clubhouse, 1400 W. Watmaugh Rd., Sonoma, 95476. Thursdays 7:00–9:00 pm. Contact Paul Smith 707-996-1467 for summer schedule.

## **SACRAMENTO**

PONY EXPRESS DANCE CLUB Country-western, couple & line. First Saturday of Jan., Feb., Mar., Apr, May, Jun, Sept, Oct, Nov, & Dec. Lesson 7-8 pm. Open dance 8-11:00 pm. Arcade Creek Recreation & Park District Hall, 4855 Hamilton Street (I-80 & Madison Ave), Sacramento. Members \$5 & Non-members \$7. Contact: 916-212-4654 or cerponyepress@aol.com.

IRISH AMERICAN CEILI DANCERS. Irish folk dancing. 2nd and 4th Wednesdays at the Ethel M. Harte Senior Center, 915 27th Street, Sacramento. Contact Helen Healy 916-444-3181

Where to folk dance in the Greater Sacramento Area as of 5-27-14 SACRAMENTO INTERNATIONAL FOLK DANCE & ARTS COUNCIL.

Website: www.folkdancesac.org • indicates beginner-friendly class. Note: Information is subject to change. Call contact numbers for current information.

Note: Federation members are in bold type, others do not belong to the Folk Dance Federation.

HARRISON OAKS STUDIO. Venue for traditional music & dance events. 8524 Willings Way, Fair Oaks, CA 95628. Contact: 916-966-4128, harrisonoaksstudio@gmail.com or davehhill@sbcglobal.net

#### MONDAY

\*EL DORADO SCANDINAVIAN DANCERS. All levels, couple. 7-9:30 pm. Coloma Community Center, 4623 T St., Sacramento. Contact: 530-409-6820. Website: www.folkdance.com/scandi

VILLAGE DANCERS OF THE VALLEY. Performance rehearsal. Scandinavian, couple. 7:30-9:30 pm. Raube Hall, 4455 Roeding Rd., Ceres. Contact: 209-480-0387, JudyKropp40@gmail.com

## **TUESDAY**

\*EL DORADO INTERNATIONAL DANCE - PLACERVILLE. Beg. & Int. International, line & couple. 7-10 pm. IOOF Hall, 467 Main St., Placerville. Contact: 530-622-7301 or 530-644-I198

BASIC NON-PARTNER FOLK DANCING—Beginning to Intermediate, non partner, 7:30 - 9:00 pm Jane Steele Park at Hamilton and Myrtle Streets, Sacramento: Contact Bruce Mitchell 530-888-6586, dancebruce@AOL.com

#### WEDNESDAY

\*Dances of the World—Beg. & Int. International, line & couple. 3:00 -4:30 pm. All year except Aug. Mission Oaks Community Ctr., 4701 Gibbons Dr., Carmichael, CA 95608. Contact: 916-972-0336 or 916-923-1555, dancesong20@att.net

KOLO KOALITION. All levels. International, non-partner. 7:30-10:00 pm. YLI Hall, 1400- 27th St. at N, Sacramento. Contact: 916-739-6014, leonelli@cwo.com

\*VILLAGE DANCERS OF THE VALLEY. All levels, couple, & non-partner. 7:30-10:00 pm. Raube Hall, 4455 Roeding Rd., Ceres. Contact: 209-480-0387, JudyKropp40@gmail.com

## **THURSDAY**

INTERNATIONAL DANCERS OF SACRAMENTO (IDS). Intermediate. Couple & non-partner. 7:30-9:30 pm. Jane Steele Park, 4855 Hamilton St., Sacramento. Contact: 530-888-6586, dance-bruce@aol.com

\*TANCE EL DORADO. Beg. & Int. International. Age 18-30. 8:30pm. 3100 Ponderosa Rd., Shingle Springs. Contact: 650-248-1539 or 530-30649602 or tanceeldorado@gmail.com

\*RENO INTERNATIONAL FOLK DANCE CO-OP. Beg. & Int. International, recreational, non-partner, couple. 7-9 pm. Temple Sinai, 3405 Gulling (off King's Row), Reno. Contact: 775-677-2306, wigand@gbis.com

# FRIDAY

\*EL DORADO INTERNATIONAL DANCE - GARDEN VAL-LEY. Beg. & Int. International. 7:00-9:00 pm. Marshall Grange, 4940 Marshall Grange Rd., Garden Valley. Contact: 530-622-6470 or 530-333-4576, bonnieb@eldoradolibrary.org

\*EL DORADO INTERNATIONAL DANCE - SHINGLE SPRINGS. All levels, couple & line. 7:30-10:00 pm. 3100 Ponderosa Rd., Shingle Springs. Contact: (530) 409-7138, Karen@karensandler.net

\*VILLAGE DANCERS OF THE VALLEY. Beg. & Int. International, recreational, couple, & non-partner. 7:30-9:30 pm except June, July, Aug. Carnegie Arts Center, 250 N. Broadway, Turlock, CA.

Contact: 209-480-0387, JudyKropp40@gmail.com

\*NEVADA CITY FOLK DANCERS. Beg. & int. Balkan & international. Selected Fridays. 7:30 pm. Methodist Church, 433 Broad St., Nevada City. Contact: 530-272-4650, dance?@sbcglobal.net. For schedule: davunterman@yahoo.com Party: 7:00 pm

#### SATURDAY

\*DANCES OF THE WORLD PARTY. All Levels. Non-partner & partner. 3rd Sat. monthly except July & Aug. 7:30-10:30 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-923-1555, dancesong20@att.net

KOLO KOALITION. PARTY. All Levels, Mostly Balkan, Non-partner. 1st Sat. monthly. 8:00-11:00 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-739-6014, leonelli@cwo.com

\*RENO INTERNATIONAL FOLK DANCE CO-OP PARTY. Beg. & Int. International, recreational, non-partner, couple. 1st Sat. monthly. 7-9:30 pm. Nevada Dance Academy, 1790 W. 4th (off Keystone). Reno. Contact: 775-677-2306, wigand  $\widehat{a}_g$  gbis.com

\*SACRAMENTO COUNTRY DANCE SOCIETY. All levels. Contra Dance. 2nd & 4th Sat. 7:30 pm. Coloma Community Center, 4623 T St., Sacramento. Contact: http://sactocds.org

#### SUNDAY

\*DANCES OF THE WORLD. Beg. & Int. International line & couple. 2nd & 4th Sun. monthly except July & Aug. 3:00-6:00 pm. YLI Hall, 1400-27th St. at N, Sacramento. Contact: 916-570-3482, yvandance@surewest.net

\*DAVIS INTERNATIONAL FOLKDANCERS. All levels. Mostly non-partner Balkan & International. 7:00-9:45 pm. Davis Art Center, 1919 F St., Davis. Contact: 530-758-0863 or linder-holm@sbcglobal.net

\*SACRAMENTO COUNTRY DANCE SOCIETY. All levels. English Country Dance. 1st Sun. monthly. 2-5 pm. Masonic Hall, 235 Vernon St., Roseville. Contact: http://sactocds.org

**EXHIBITION GROUPS.** Contact the following, if interested, for further information.

BALLIAMO! Italian performing group. Saturdays, 9:30-11:30pm. Italian Center, 6821 Fair Oaks Blvd., Carmichael, 95608. Contact: 916-482-8674, bdbeckert@sbcglobal.net.

EL DORADO SCANDINAVIAN DANCERS. Contact: 916-536-9809 or 916-969-8904, d.r.herman@comcast.net Website: www.folkdance.com/scandi/

TANCE EL DORADO. College-age cultural dance group. All levels. International. Contact: 530-306-9602 or 650-248-1539, tanceeldorado@gmail.com

VILLAGE DANCERS OF THE VALLEY. Scandinavian, couple. 4455 Roeding Rd., Ceres. Contact: 209-480-0387, JudyKropp40@gmail.com

Note: Information is subject to change. Call contact numbers for current information.

#### Other groups and classes

Osher JCC Israeli Folk Dancing: Thursdays 1:30-4 p.m., January 7-February 18 (no class January 21) and March 3-April 7 at the Osher Marin Jewish Community Center, 200 N. San Pedro Road. San Rafael. \$30 per 6-week session or \$7 drop-in. To register, go to the front desk at the JCC; for more info contact Carol Friedman at cjay@horizoncable.com or 415-663-9512. Latin and African traditions - a mix of cultural learning, gentle exercise, and social fun. To register call 415-444-8000.

Taverna Sofia, 224 Healdsburg Ave., in Healdsburg. Traditional live Greek music, folk & belly dancing every last Saturday of the month, starting at 6:30 pm. Indoor & patio seating. Ample free parking. Reservations 707-431-1982. http://www.tavernasofia.com

Balkan Dancing at Ashkenaz. Check for day. Dance lesson at 7:00, 7:00—11:00 pm. 1317 San Pablo Avenue, Berkeley, see website for details: www.ashkenaz.com

# **History Channel:**

Psst! Check out the date of publication!

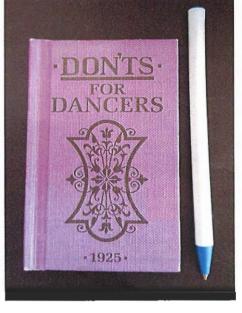
# DON'TS FOR DANCERS

Excerpt from **Don'ts for Dancers** by Karsinova and published by A. & C. BLACK, LTD of London in *1925*. The photo shows how tiny this book is compared to a ballpoint pen.

Don't imagine you will never make a dancer because you

are by nature clumsy. Dancing will cure you. It will train you to move and hold yourself gracefully. It will conquer your self-consciousness.

Don't say you are too tired to dance because you have had a tiring day. Your mind and your muscles need change of exercise, and dancing gives you this in a happy atmosphere. The ex-



hilaration of the music, and the stimulus of your fellow dancer's society will make you forget that you are fagged out.

Don't say you can't afford to dance although you love it. Try. Economize on something less healthful. You will find it worth while.

Don't stay away from a dance because you happen to be feeling glum. Don't look glum, that's all. Dancing will cure any ordinary fit of the blues.

Don't be too shy to dance. You will be surprised, once you have taken the plunge, how quickly the shyness wears off.

Don't miss an opportunity of making converts if you yourself are keen on dancing. Infuse your friends with your own enthusiasm. They will be grateful to you presently, you may be sure, for dancing is a wonderful tonic.

Don't say your dancing days are done. Your dancing days are never done until you are confined to a bath chair for exercise. If you can walk to the office in the morning and play a game of golf on Sundays, there is no reason why you shouldn't foot it with the best every night of the week. A man is as old as he feels and, under proper conditions, dancing is such a wonderful rejuvenator that there is no reason why anyone should feel old at all. Moreover, don't forget dancing is a splendid anti-fat. It will cure that middle-aged spread you are getting so alarmed about.

-From Loui Tucker

FOLK DANCE FEDERATION OF CALIFORNIA, INC.

1614 Peacock Avenue Sunnyvale, CA 94087

ADDRESS SERVICE REQUESTED

PRST STD U.S. Postage Paid Sacramento. CA Permit #2352



դեսիցիրությ<u>իլ</u>իրորինինինիրի հերերինինին



# DANCE ON THE WATER

Limited space left!

# 7-Country, 12-Day DANUBE CRUISE July 3 - 16, 2016

Between Vienna, the waltz capital of the world, and the lively rhythms of Romania, we will stop in Slovakia, Hungary, Croatia, Serbia and Bulgaria to soak up culture and dance. Most meals included. Seventeen excursions, from palaces to country food and dancing! Lessons on Balkan history and folklore performances as well.

Complete itinerary on our website <a href="www.folkdanceonthewater.org">www.folkdanceonthewater.org</a>
Prices start at \$3,198 (double occupancy; air extra)

Early Bird Special! \$200 off if registration + deposit received by January 31 2nd Chance Special! \$100 off if received by February 29

Email: folkdanceonthewater@gmail.com

Marija & David Hillis 2147 Parker Street, Berkeley CA 94704 (510) 549-0337