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Let's Dance!

THE MAGAZINE OF INTERNATIONAL FOLK DANCING



The Midnight Jovano Jovanke at Marcel's New Years' Eve Party,
Kathy and Marcel Vinokur in center



Somogyi Karikazo—A fun time at the Irish Heritage Festival

OFFICIAL PUBLICATION OF THE FOLK DANCE FEDERATION OF CALIFORNIA, INC.

Let's Dance!

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Deadline for submissions to Let's Dance!

Deadline for the May issue is March 15.

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Requirements for submission of ads, flyers, articles, photos and information to the Editor:

Material for Let's Dance can be submitted as camera ready art (good, clean print or artwork on white paper), clean, neatly typed or printed stories or information on white paper, one side only or as electronic files. Electronic files for articles can be email or Microsoft Word attachments. We use Microsoft Word Office 2000. Please call first if you have art that you wish to send electronically.

Photos can be submitted only as prints. Digital camera prints should be printed out at high resolution and oversize if possible. Camera prints should be on glossy or matte finish (no linen or patterned paper). Subjects and events in photos should be identified if possible.

Please do not fold any submission. Creases may cause problems in reproduction.

Your submission will be treated as the copy and must be error free. Please double check names, addresses, dates and phone numbers. Hand-written notes will be accepted only for calendar changes.

Opinions expressed in Let's Dance! are not necessarily those of the Federation/North or of the Editor.

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Sidney Messer, Membership

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PRESIDENT'S MESSAGE

The Folk Dance Federation of California was formed in 1942 by clubs, many started by Song Chang in the late 1930s, in the San Francisco Bay Area. Due to the differing demographics of northern and southern California, dancers and clubs in Southern California broke off in 1945 to form their own branch calling it The Folk Dance Federation of California, South. For the last sixty-one years, it is these two organizations working in concert that have been responsible for the folk dance movement in California, the largest international folk dance movement in the United States.

Many think that folk dancing is not as popular as it was in the early years. That might be in how we define it. Square dancers were once part of the Federation but broke off to form their own groups. Many ethnic groups have their own teachers, dancers and performers... Russian, Polish, Scottish, Contra, Chinese, Mexican, Salsa, Philippine, Hawaiian, Swing, Morris, English Country, Balkan, Tahitian, Belly dancing, Armenian, Greek, Irish, Japanese...shall I go on? There's a lot of folk dancing. We're the ones who do International Dancing, dances from many countries. Our repertoire requires knowledge of many different patterns and rhythms, many steps and styles, and music from all over the world.

It's a world that doesn't stand still. There have been many changes during the past sixty-one years, changes that have affected everything. There are certainly a lot more things we can do today in our leisure time than there were sixty years ago and yet people find the time to dance. We people will always do what we like to do...or have to do.

No one has to folk dance nor does everybody like to folk dance. Do we want more people to like to folk dance? Of course. As with any worthwhile organization, its members want to keep it effective and productive. This is as much a constant process for organizations as it is for individuals, families or businesses. Folk dancers and the Federation are two components of a single entity. Achievement is not possible without the active participation of its members, individuals as well as clubs. Therefore, as components of the Federation, let us explore what can be done to make dancing something to like.

Here are some questions to ask: "Are the members in my club really welcoming to visitors and guests?" As a teacher, ask yourself "Am I turning beginners on to dancing or off?" As an individual, ask "Do I look at my partner? Do I smile at my partner?"

Here are some things to tell: Tell the officers of your club you appreciate them taking on the jobs they do so you have a place to dance, someone to teach you and

something to drink when you get thirsty. When asked to serve, accept. Next, teach a dance. Just try to teach a dance and you'll appreciate our teachers. Third, and most important, always tell beginners how well they are doing and welcome guests most warmly. They, beginners and guests, are the most important people we deal with.

One more thing, if you have a question, a suggestion or even the tiniest of ideas, please, oh please, express it. What is good? What is bad? What do you want? If you don't know to whom to say it, you can say it to me. Become part of the process. It's a good thing.

Laila
tspolaris1@aol.com
415-332-1020

From the Editor

The Executive Board, at their January 10 meeting, decided to retain me as editor of *Let's Dance*. This job entails a responsibility to the magazine and the Folk Dance Federation and to the folk dancing community that I do not undertake lightly.

You may be interested in some of my thoughts about editing the magazine:

I think it should serve the interests of the dancers and clubs who make up the members of the Federation. I want to see more information from the clubs about what you are doing—parties, membership drives, classes, what works for you and what doesn't.

It is my intent that there be dance and costume descriptions in every issue. Articles on music and sound systems, how clubs are handling their dance music and any problems they have encountered are welcome.

Photos of club activities are welcome. Taking pictures of moving dancers in dim light can be difficult, but please make the effort. We probably won't use all the photos we receive because of space or quality but we will endeavor to return all photos submitted. Please do not send electronic files of digital images. We will delete them without opening (They fill our mailbox and we can't receive email). If you want to submit digital images, have high resolution prints made and mail to us.

Letters to the editor are a barometer of how we and the Federation are doing and we welcome them. Let us know what you think about what's going on (or not going on). We may not print every letter but it's important that we know how you feel about the magazine and its contents.

Different people will have different preferences about what should be in the magazine and we won't make everyone happy but we will certainly try to be responsible to the interests of our readers.

Gary Anderson, editor

March, 2004 Calendar of Events

Send future events information to Gary Anderson, Let Dance!,
PO Box 548, Woodacre, CA 94973, (415) 488-9197
e-mail: wildwood_press@msn.com fax: (415) 488-9604
Deadline for April issue is February 15.

Upcoming Events—

- February 29** ***Festival of the Oaks**, Laney College Gymnasium, 900 Fallon Street, Oakland. 9:45—5:00 PM. Contact Mel Mann at 510-527-2177.
- March 13 & 14** ***Camellia Festival**, Sacramento. Saturday program will be held at the Rancho Cordova facility; Sunday program will be held at CSU (see Council Clips section in this issue for more information).
- March 27** **Balkan Plus Party**, Masonic Lodge Hall, 1010 Lootens, San Rafael (see ad)
- April 2, 3 & 4** **Arcata Folk Dance Festival**, Bayside Grange, 2297 Jacoby Creek Road, Bayside, CA (just outside Arcata in Humboldt County). Information and schedule (707) 882-8045 or linneaman@aol.com
- April 4** **Cherry Blossom Festival**, Veterans Building, Sonoma
- May** ***Blossom Festival**, San Francisco
- May 28, 29 & 30** **Statewide 2004—Valley Fever Modesto**, Double Tree Hotel and Modesto Centre Plaza. For information, call (209)-578-5551
- June 6** (note change from Feb. issue) **Rose Festival**, Veterans Building, Santa Rosa
- August 15** **Little Festival in the Redwoods**, Guerneville
- September 12** ***Fiesta de Sonoma**, Veterans Building, Sonoma
*denotes Federation events
-

Council club parties—

REDWOOD COUNCIL

Napa Valley Folk Dancers. Grandview Mobilehome Park Clubhouse, 4130 Byway East, Napa, 94558. Classes every Friday, 10:30 AM-12:30 PM. Women's Group. Party: Every 4th Saturday, 10:30 AM-1:30 PM. Contact: 707-255-6815.

Every Thursday **Balkan Dancers of Marin.** 8:00 pm to 10:00 pm. One hour program dancing, one hour all request. Teaching every first Thursday 8:00-8:30. 4140 Redwood Highway, San Rafael. Info: call Irene Croft 415-456-0786 or Anne Arend 415-892-9405

Every Wednesday **Novato Folk Dancers.** Lynwood School, 1320 Lynwood Drive, Novato, CA. 94947. Time: 8:00-10:00 PM. *Except Feb. 25 and March 3.* 415-892-9405.
(No dance March 3)

Every 2nd Saturday **Petaluma International Folk Dancers Party.** Hermann Sons Hall, 860 Western Avenue, Petaluma, CA 7:45-10:45 PM. Contact 707-546-8877.

Redwood Council *(continued)*

Wednesdays **Santa Rosa Folk Dancers.** Willowside Hall, 5299 Hall Road, Santa Rosa, CA
(no dance March 3) 1:45-3:45 PM. Contact Frank and Elsa Bacher at 707-546-8877.
 Party dates are: March 17, April 21 and May 19.

SAN FRANCISCO COUNCIL

Changs International Folk Dancers, Inc. Meets the first four Fridays of each month at the Social Hall. 7th Avenue Presbyterian Church, 1329 7th Avenue, San Francisco. Teaching on the first two Fridays followed by general dancing, 8:00-10:30 PM. Third Fridays are party nights, 8:00-11:00 PM. Fourth Fridays, general dancing, 8:00-10:30 PM. Contact Sidney Messer, 415-332-1020.

Mandala Folk Dance Center. Meets every Thursday at St. Paul's Church Hall, 43rd & Judah, San Francisco, 7:30-8:15 PM. Request dancing, 8:15-9:00 PM. Intermediate teaching from 9:00-9:45 PM. Request dancing from 9:45-11:00 PM. First and last Thursdays are always Party Nights. Contact Edith or Paul at 415-648-8489.

San Francisco Dance Circle. Meets every Wednesday, 10:00-11:30 AM at the Harvey Milk Recreation Center, 50 Scott Street, San Francisco. General Dancing. Beginners welcome! Free. Contact Mabel Doss at 415-467-9208. Easy parking. Public transportation.

SACRAMENTO COUNCIL—For a complete schedule of Sacramento Folk Dance & Arts Council classes, see www.folkdance.com/sacramentocouncil or call 916-923-1555.

Third Saturdays **BBKM.** Mostly-Balkan Party. 8:00–11:00 PM. YLI Hall, 27th & N Streets. Contact Barbara Bevan at 916-923-1555.

Selective Saturdays **Balliamo!** Sierra Two Community Center, 24th Street and 4th Avenue. Contact Doris Beckert, 916-482-8674.

First Saturdays **Reno Folk Dancers.** Studio 214, 214 California Avenue, Reno Nevada. 7:30-9:30 PM. Contact Penney Ohnstad at 775-358-6762.

First Saturdays **El Dorado Scandinavian.** 3100 Ponderosa Road, Shingle Springs. Contact 530-672-2926.

Third Saturdays **Sacramento Cape Breton Step Dancers.** St. Francis School lunchroom, 2500 K Street. Classes first Sunday of the month & third Saturday. Contact Bob Schuldheisz, 209-745-9063.

Saturdays **Sacramento Country Dance Society.** Contact 916-739-8906.

Second & Fourth Saturdays **Royal Scottish Country Dance Society.** YWCA, 17th & L streets. Contact 916-739-8906.

Selected Fridays **Nevada County Folk Dancers.** Methodist Church, 433 Broad Street, Nevada City. CA. Call for dates. Contact David Untermann, 530-272-2149.

BERKELEY FOLK DANCERS. All classes are held at Live Oak Park Recreation Center, 1301 Shattuck Avenue, Berkeley CA. 7:45-9:45 PM. Contact Naomi Lidicker at 510-524-2871.

March 19, 2004 **BFD Fun Night Party.** 7:45-10:45 PM at above location. Contact Lone Coleman, 510-527-2491.

continued on next page

Berkeley Folk Dancers *Continued from previous page*

March 21, 2004 **BFD Contra Dance Party.** El Cerrito Veterans' Hall, 6401 Stockton Ave., El Cerrito, CA. 7:30—10:45 PM. Contact Ed Malmstrom, 510-525-3030.

Weekly class schedules:

Mondays Second Year, Lone Coleman, 510-527-2491 and Tom Sha, 510-649-8264.
Tuesdays Beginners, Claire and Al George, 510-841-1205.
Wednesdays Fourth Year, Louise and Bill Lidicker, 510-528-9168.
Thursdays Third Year, Henry Koopman, 510-524-0255; Yaqi Zhang, 510-525-1865.
Fridays Requests. 7:45 - 9:45 PM. Contact Peter and Lynne D'Angelo, 510-645-3136.

PENINSULA COUNCIL

February 28 **Docey Doe Folk Dancers.** Community United Church, San Carlos, Contact Bruce Wyckoff 650-368-7834.

March 13 **Santa Clara Valley Folk Dancers.** St. Bede's Church, Menlo Park.

March 20 **Menlo Park Folk Dancers.** Menlo Park Recreation Building, 700 Alma at Mielke in Menlo Park. 8:00 PM until midnight. Lots of dancing in two halls. For information contact Marcel Vinokur at 650-327-0759

April 3 **Palomanians.** First Methodist Church, Menlo Park. Contact Ron Bueno 408-353-9430 or Al Lisin 408-252-8106

FRESNO FOLK DANCE COUNCIL

Tuesdays **Fresno Danish Dancers.** Clovis Senior Center. 6:30-9:00 PM. Contact Wilma Anderson, 559-292-3176.

Central Valley-CAFY, Lafayette Center, Princeton Street, West of Blackstone. Contact Fran Ajoian, 559-255-4508.

Wednesdays **McTeggert Irish Dancers.** Beginners: 5:30-6:30 PM. Intermediate and Advanced: 7:00-8:00 PM. Contact Maureen Hall, 559-271-5200.

Saturdays **Fresno International Folk Dancers.** Pinedale Senior Center; Contact Kent Peterson, 559-226-5010

MODESTO

Every Wed. night **Modesto Folk Dancers.** Group meets at The Modesto Court Room, 2012 McHenry Blvd., Modesto. Cost \$3.00 per person. Contacts: Floyd Davis and Barbara Summers.

Every Friday Night **Village Dancers of Modesto.** Group meets at The Modesto Court Room, 2012 McHenry Blvd., Modesto. Cost \$3.00 per person. Contacts Don and Judy Kropp; Floyd Davis and Barbara Summers.

For information on other Federation activities, call 510-524-2871

Revival for International Folk Dance Assn. in St. Louis

By Denis Murphy

The October 2003 issue of *Let's Dance* had 2 excellent articles on rejuvenating international folk dancing in general (Laila Messer) and in a specific club (Toba Goddard), followed by another thought-provoker by Laila in the January 2004 issue. Laila agreed that the experience of the IFD club in St. Louis might be instructive for others embarking on revival efforts.

About 5 years ago, average attendance at our weekly dance parties started dropping from 35-40 to 15-20 a year later. Many people moved away, and some regulars attended less frequently because of unavoidable new claims on their time. Very few newcomers dropped in. None came back.

Here is a reconstruction of the process we started about 4 years ago to get average attendance back to 35-40, where it stands today.

The first task was to figure out how to make the weekly parties more accessible without losing the existing regulars. The typical program was about 75% nonpartner Balkan, 15% nonpartner other, and 10% couples/mixers. No squares, contras or sets. A typical 3-hour party contained half an hour of easy, an hour of intermediate, and 45 minutes of advanced dances, interrupted by 15 minutes of intermediate and 30 minutes of advanced teaching. After years of trial and error, the geographical and dance type allocations have not changed. However, roughly half an hour has swung from advanced to easy dances, and the advanced teaching was switched to a different night altogether. The teaching that remains is 15 minutes of intermediate and up to 45 minutes of easy, depending on who shows up.

It's essential not to violate the identity of the group as defined by its regulars. As we publicized our rejuvenation effort in our newsletter, several irregular and former members said they'd return or come more often if we'd inject big quantities of contras or various ballroom dances. The regulars insisted on remaining primarily Balkan and nonpartner, but accepted the reallocation of the difficulty levels and the removal of advance teaching from the weekly party as it became obvious that these reallocations were paying off in the form of newcomers sticking around and becoming regulars.

We have evolved a small group of people who are comfortable chatting with newcomers and dancing with them behind the line. Most folks are not comfortable doing this, and we don't ask them to. Some chatting is essential in keeping newcomers around until they hook up with enough dances and new friends to keep them busy.

We have radically improved music quality. Old standards have been cleaned up and transferred to CD and supplemented by new recordings. If the only music available for a given dance is too scratchy, tinny or warped to be cleaned up, we don't do that dance any more.

We decorate the rented hall as much as we can with flags and colorful tablecloths. Somebody is now in charge of bringing snackies. We have made permanent decorator nametags for all regulars. These changes and many others to the weekly party atmosphere were initiated primarily by recent newcomers who became regulars.

A standing announcement in the weekly entertainment section of the largest newspaper in the metro area has generated a steady stream of inquiries and visitors. The vast majority of these do not return or stick, but some do. Word of mouth and random encounters with our free outdoor dances in the spring and fall generate the majority of quality newcomers. Our website – www.stlouisfolkdance.org – contains a FAQ that both informs and serves as a screening device.

The newcomers who do stick are almost all between 25 and 50 with no children at all or none living at home. In our experience, people younger than 25 will not hook up with our activity no matter how or where we publicize it. People over 50 with no previous experience simply cannot keep up with most of our dances. We focus our publicity and outreach activities accordingly.

In our experience, building up a group takes a load of effort and lots of time. By contrast, it takes no effort and no time at all for a group to dwindle into near extinction.

Our formal name, by the way, is International Folk Dance Association of University City. Check us out the next you're passing through.



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Český Polonéz

(Czech Republic)

The Polonaise, one of the national dances of Poland, became an international dance form in many countries during the 19th century, each with its own way of spelling and pronouncing "Polonaise." Many variations of the Polonaise were danced in Bohemia and Moravia at that time. The choreographic arrangement described here is based on a choreographic reconstruction by František Bonuš (1919-1999) of 19th century polonaise dances as done in the Czech Republic. It was devised by Richard Powers as an adaptation for recreational folk dancers, and was taught at the 2003 Stockton Folk Dance Camp. It was also presented by Denise Heenan at the Autumn Harvest Festival Institute in Fresno, Calif. on October 18, 2003.

The Czech spelling "Polonéz" (POH-loh-NEHZ) is used for this choreography to emphasize its Czech origin and character. In the Stockton syllabus the dance was named "Bohemian Polonaise." Combining "Bohemian" with "Polonéz" met with objections from our Czech informants, because not only is this an English/Czech hybrid name, but it implies to them a non-existent Bohemian ethnicity rather than a place. Therefore we have used the adjective "Český" (CHEHS-kee). Note that at the 1979 Stockton Folk Dance Camp F. Bonuš included in the camp syllabus a dance which he called simply "Polonéz," but he did not teach this dance, and it is unlike the dance described here and uses very different music. At the Dvorana dance seminar held in Benešov, Czech Republic, in the summer of 1996, Bonuš's daughter, Živaná Vajsarová, taught an expanded version, possibly the original, of the Bonuš choreography used by Powers. The music was labelled "Polonéza z Hořicka." Bill and Louise Lidicker attended this seminar and so have annotated this description with a few comparative comments. Basically, Powers eliminated repeats of some of the figures and simplified the finale.

- CD: *Vintage Dance Music* -- Stockton 2003, Band 1 ("Z Hořicka"). Slow 3/4 meter (96 bpm)
- Formation: Cpls in processional arrangement, usually a circle facing LOD with inside hands joined, W to M's R.
- Steps: Polonaise Step: On upbeat of previous meas, plié on inside ft, extending outside ft (M's L, W's R) fwd; step fwd strongly onto the ball of the ft (ct 1); walk fwd elegantly two more steps (cts 2,3). Plié immediately after taking 3rd step and repeat with opp ft. Upper body and head can twist slightly to the L when the L ft leads and to the R on alternate measures.
- Polonaise Chassé Step: Step fwd onto ball of R ft with a slight upward thrust of the body (ct 1); quickly cut L under R (ct &); step fwd on R (ct 2); step fwd on L (ct 3). This can also be done starting with the L ft.
- Balancé: Step to L on L (ct 1); close L to R rising on balls of ft (ct 2); lower heels to floor (ct 3). Repeat with opp ftwk.
- Polonaise Pas de Basque Step: Step on L to L side (ct 1); step on R across in front of L with plié on supporting ft and lift L up behind R, swing R arm across in front and down (ct 2); step on L ft in place (ct 3). Step to R on R (ct 1); close L to R while rising on balls of ft (ct 2), lower heels to floor (ct 3) (M present open arms with palms fwd during this meas; W arms are at sides). This can also be done to the R with opp. ftwk.
- Balancé Ouvert: Take small step to R on R ft, turning 1/8 to R (45 degrees) (ct 1); point L toe twd ptr (ct 2); hold (ct 3). Repeat with opp. ftwk. M have hands on hips, W's hands at sides.
- Styling: Dancers stand tall and dance elegantly throughout.

Meas	3/4 meter	Pattern
<u>INTRODUCTION</u>		
1-4		No action.
5-8		Honor ptrs: Step back from ptr, releasing hands and facing (meas 5). Hold (meas 6). Bow to ptr (M bend fwd at the waist; W bend knees but keep head upright) (meas 7). Step together regaining inside hand hold and face LOD (meas 8).
I. <u>PROMENADE</u>		
1-6		Dance fwd in LOD with 6 Polonaise Steps; inside hands are joined and held fwd (can be straight out in front or down at about a 45 degree angle); free hands down at sides; W are slightly fwd of M.
7-8		M step fwd on L (ct 1) and close R to L (ct 2); hold (ct. 3) while bringing the W across to his L side. W takes 3 smooth steps to get there (R,L,R). On meas 8, W steps on L turning to face LOD (ct 1); both rise on ball of ft (ct 2) and down (ct 3). M's R hand remains joined to W's L (at elbow level), and M's L hand is raised in protective position behind the W's back, neck, or head.
9-14		Beginning with new outside ft (M's R, W's L), dance 6 Polonaise steps in LOD.
15-16		M unfold ptr to his R side to end with ptrs facing (M facing out), both taking 3 smooth steps. On meas 16, step almost in place (ct 1), close and rise on balls of ft (ct 2), down (ct 3). (Vajsarová version: W moves across to M's L side on meas 8, and unfolds to face ptr on meas 16.)
17-20		Place R palm to R palm and dance 3 Polonaise Chassé steps starting with R ft, and making one complete CW turn. M's free hands are on the hip (Powers) or down to the side (Vajsarová). On meas 20, dance 3 steps in place while M assists W to turn to R so both face LOD; regain inside hand hold.
21-24		Dance 3 Polonaise steps in LOD, starting with outside ft. On meas 24, turn to face ptr with a step, close-up, down.
25-28		Repeat meas 21-24 with opp ftwk and directions. Start with L palm to palm and L ft lead. On last meas, M turns to his L to face LOD.
29-32		Repeat meas 21-24.
II. <u>SOLO</u>		
1-2		Both dance Balancé step to L and then to R. M place hands on hips; W's are down at sides.
3-6		Both dance Polonaise Pas de Basque step, first to the L and then to the R.
7-8		Both dance Balancé Ouvert step, first to the R and then to the L; close R ft. to L ankle on last ct. M's hands can be placed on hips for these 2 meas.
9-10		Both beg. R ft, dance 1 Polonaise step passing R shldr with ptr and hooking to the R. Curve to the L with 1 large step to face ptr (ct 1); close-up (ct 2); down (ct 3). The path taken on these 2 meas is a backward S-shape.
11-18		Repeat meas 3-10 with opp. ftwk and directions. (Vajsarová version: meas. 3-10 and 11-18 are done in reverse order.)

III. WEAVING AND FINALE

- 1-3 Both cast to own L, starting L ft, dance in a large circle with 9 smooth walking steps, and return to single circle. (Vajsarová version: dance same circle with 3 Polonaise Chassé steps.)
- 4 Both step fwd on R ft to face ptr, M facing LOD (ct 1), close L to R and rise to balls of ft (ct 2), lower heels to floor (ct 3).
- 5-12 Dance 7 Polonaise steps in a Grand Chain, beginning with R ft. and passing R shldr with ptr; pass one person on each meas and do not take hands (make eye contact with person passing on ct 1 of each meas). On meas 12, step around the 7th person to face in opp direction with L ft (ct 1), close R to left and rise on balls of ft (ct 2), and lower heels (ct 3).
- 13-19 Repeat meas 5-11 back to ptr.
- 20 With 3 steps (L,R,L) move around ptr and form a large circle holding hands held at shldr level (W are now on ptr's R).
(Vajsarová version: Grand Chain, meas 5-20, is done giving hands.)
- 21-22 All circle L (RLOD) with 2 Polonaise steps, starting with R ft.
- 23 M drops hand hold with W to L (on ct 1 or 2) and with 1 Polonaise step moves fwd and to R on inside of circle to face his ptr. W continues moving in RLOD.
- 24-25 M joins L hand with ptr's R and with open 2-hand hold circle as a cpl CW with 2 Polonaise Steps. At end of meas 25, open up into large circle again all facing ctr and rejoin hands with adjacent cpls.
- 26-28 Advance twd ctr with 6 smooth walking steps (meas 26-27), gradually raising arms to above eye level; on meas 28 bow, keeping hands up.

ALTERNATE ENDING

- In his Stockton description, Powers provides an alternative finale (Fig III, meas 21-28) which is more suitable for exhibition groups, but could readily be used by recreational dance groups as well.
- 20 At the end of the Grand Chain, instead of forming a circle with hands joined, each cpl turns CW with R hands joined for 3 steps to both face RLOD. M's L arm is placed in protective pos behind the W (as in Fig. I, meas 8).
- 21-23 Both beginning with R ft, dance 3 Polonaise Steps fwd in RLOD.
- 24-25 Cpls turn CW in place one full turn, W going fwd, M backing slightly with 2 Polonaise Steps.
- 26-28 Step away from ptr maintaining R hand hold (meas 26); M goes down on one knee (meas 27); M kisses W's hand (meas 28).
(The Vajsarová finale is 12 meas. long and different from both of Powers' versions.)

Sacramento International Folk Dance & Arts Council presents

❁ CAMELLIA INTERNATIONAL ❁ FOLK DANCE FESTIVAL 2004

March 13 & 14, 2004

❁❁❁❁❁❁ SATURDAY - March 13, 2004 ❁❁❁❁❁❁

Cordova Community Center, 2197 Chase Drive, Rancho Cordova

[Driving directions on the back]

All events FREE for CSUS students & children under 18 years



Institutes ❁❁❁ \$7.00 each
Featured Teachers:



✓
ŽELJKO JERGAN

Croatian couple dances ❁ 1:00-3:00 PM

ATANAS KOLAROVSKI

Macedonian non-partner dances ❁ 3:00-5:00 PM



Saturday Evening Parties in two rooms

7:00 - 11:00 PM ❁ \$7.00 for both

INTERNATIONAL PARTY ❁ Host: Chuck Paulsen

BALKAN PARTY ❁ Host: Drew Herzig



❁❁❁❁❁❁ SUNDAY - March 14, 2004 ❁❁❁❁❁❁

CSUS Student Union Ballroom, 6000 J St., Sacramento

[Driving directions on the back]

Off State University Dr. East through Lot #4

Free parking in Lots #4 & 7

Folk Dance Federation of California Meeting & Brunch ❁ 11:00 AM

INTERNATIONAL FOLK DANCE CONCERT ❁ 1:00 PM

followed by Easy General Dancing until 5:00 PM ❁ \$6.00 for both

Tickets available at CSUS Central Ticket Office

All events FREE for CSUS students & children under 18 years

Co-sponsored by California State University, Sacramento
and the Sacramento International Folk Dance & Arts Council

For more information, see our website: www.folkdance.com/sacramentocouncil
or call (916) 371-4441 or Email: TobaGoddard@hotmail.com

CAMELLIA INTERNATIONAL FOLK DANCE FESTIVAL 2004
DRIVING DIRECTIONS

Cordova Community Center (Saturday events)
2197 Chase Dr., Rancho Cordova (east of Sacramento)

Hwy 50 from the West

Exit Mather Field Rd. Turn left (north) onto Mather Field Road. Turn right on Folsom Blvd. Turn left on Coloma Road. Turn left on Chase Drive, then right into parking lot just past Cordova High School.

Hwy 50 from the East

Exit Mather Field Rd. Turn right (north) onto Mather Field Road. Turn right on Folsom Blvd. Turn left on Coloma Road. Turn left on Chase Drive, then right into parking lot just past Cordova High School.

California State University, Sacramento (Sunday events)
6000 J St., Sacramento
Student Union

Hwy 50 from the West (South Campus Entrance)

Take Hwy 50 east towards Placerville. Exit Howe Ave/Power Inn/CSUS. Get in right lane. Turn right at the CSUS exit. Turn left at College Town Dr. Turn right on State University Drive East. Turn left into Parking Lot #4.

Hwy 50 from the East (South Campus Entrance)

Take Hwy 50 west towards San Francisco. Exit Howe Ave/Power Inn/CSUS and continue straight past Howe Ave. You are now on College Town Dr. Turn right on State University Drive East. Turn left into Parking Lot #4.

From Midtown (North Campus Entrance)

Take J Street east or Fair Oaks Blvd. west to Carlson Dr. Turn into campus on Carlson, then left at the Bus Stop onto State University Dr. East. Continue past the footbridge. Turn right into Parking Lot #4.

From Folsom Blvd. (South Campus Entrance)

Turn north onto State University Dr. East between 65th St. and Hornet Dr. Turn left into Parking Lot #4.

A Folk Dance Leader Becomes a World Dance Educator

By Sanna Longden

About the author:

Sanna Longden along with her husband was for many years the dance leader and teacher of one of the largest and most popular recreational dance groups in the Chicago area. During her career she has been very active in the National Folk Organization and has been the editor of their magazine. She originated and has been a leading organizer of the Pourparler meetings. For years now she has been teaching music teachers around the country the value of folk music, movement and folk dance. She has led the dancing on several of Mel Mann's Dance on the Water cruises over the years.

Mel Mann asked Sanna about her work teaching folk dance in schools and at conferences.

When I began teaching folk dance in schools in the early 1980's, one of my goals was to bring young people back to the international dance groups. Now, many exhausting but exhilarating years later, I feel that I am doing even more important work: I teach civility, cooperation, community, cultures, character building, creativity, concentration, coordination, and curriculum connections. If the kids actually learn some dances also, I am thrilled.

Being a longtime international dance group leader and member of several ethnic performing groups was a fairly good background for this new and still evolving career. (My actual vocation of editorial work, I phased out about 10 years ago when I became too busy teaching dance.) Just as important, however, was for me to learn as much as possible about teaching techniques and classroom management, as well as to develop a repertoire appropriate for today's schoolchildren in what I now call world dance.

The beginning dances of the IFD repertoire – Setnja, Mayim, Salty Dog Rag, and many other beloved classics – turned out to be very advanced for the movement skills I met in U.S. classrooms. Over the years, I have developed a more appropriate repertoire, and I'm still learning more. I've also become expert at instant adaptation, and I consider flexibility to be the watchword of my faith.

Most schoolchildren have had very little experience in patterned dances and in moving together with others. This is also true of many of their parents and most of their teachers. We have a generation that has been skilled at computer games since preschool, but not at social interaction. The schools desperately need what we folk dance teachers have to offer but most have to be convinced.

Usually, this doesn't take long; if presented as non-threatening fun, kids love to dance – yes, even boys. Al-

most every time, some parent says to me during a school residency, "My child just loves what you're doing." When I say, "Oh, I'm so glad – what grade is your child in?" and invariably get the answer, "He's in the fifth grade," I give myself a mental "Yes!!" If you have taught in schools recently, you'll know the important words in that exchange are "He's" and "fifth grade."

Another source of satisfaction for me is the family dance parties that I lead as the culminating activity of a school residency. Seeing parents, children, grandparents, teachers, even the principal, and even better, the school custodian, dancing together and having a joyous time is the real bottom line. In the old days in many cultures, children had this kind of experience before they got to kindergarten. Now I often work with sixth graders who have never done a longways dance – the implications of this for a dance teacher facing a classroom full of 12-year-olds are chilling.

The joy, however, of hearing "cool!" and "that was fun!" after the first session makes (most of) the previous 30 minutes worthwhile. I treasure the tearful hugs when I leave the school and appreciative, soulful, colorful letters I often receive later.

For me particularly is the importance of validating the experience of the growing population of immigrant children. Knowing dances from so many places in the world turns out to be vital these days. When I taught a *dandiraas* stick dance from the Gujerati region of India, a shy Indian boy gained respect of his peers by showing them his techniques. When I taught a dance from Ecuador, all the Spanish speakers in the class loudly and proudly helped me sing it. The Polish boy, the Bosnian girl, the twins from Zimbabwe visibly glowed when they heard their languages on my tapes, and their parents let me know how appreciative—and surprised—they were that an American teacher valued their cultures.

The satisfaction of being told by a 40s-something parent, "That was the best school program we've ever had," and of being e-mailed by the music teacher in whose classroom I just spent the past month, "We'd be dancing the rest of the school year," keeps me going on to more schools and educator conferences, knowing that what I teach is not chopped liver – it is vital to the development of today's youngsters.

I am also busy teaching world dance at educator conferences and workshops around North America and abroad (leaving soon to lead a four-day workshop in Taiwan), and contributing dance activities to the Silver Burdett Ginn music educator publications

I encourage my folk dance friends to consider using their background and skills in their own schools and

communities. Two cautions, however, based on my thousands of years of grisly experiences:

- (1) Do not work for free, unless you are donating your time to a charitable organization – people respect what they pay for. Find out what other school artists are paid, and do not undersell yourself or the value of world dance.
- (2) Always make sure there is at least one teacher or adult in the room with you who is responsible for the children – you are not there to give someone a break or to wield the mace, but to offer a important and pleasurable experience to the children. In fact, if you are not certified to teach in that district, it is probably illegal for you to be alone with the students.

Here are some useful resources that folk dancers might not know about:

- For get-togethers with people who teach ethnic and traditional dance in schools and communities, the Pourparler three-day weekends. The 8th annual Pourparler meets Oct 14-17, 2004, at Folklore Village in Dodgeville, Wis. Contact SannaMars@aol.com.
- For information on teaching movement and movement progressions, resources by Phyllis S. Weikart, especially her teaching model and early childhood movement publications. www.highscope.org or High/Scope Foundation, 800-407-7377.
- For humorous adaptations and traditional dances, excellent recordings, music transcription and clear instructions, the *Step Lively* book/CD series by Marian Rose of Vancouver, B.C. All are great for schools and communities; SL#2 focuses on dances of Canada. 604/254-5678, www.marianrose.com
- For Anglo-American dances and singing games, as well as other cultures, excellent recordings, music transcriptions, cute photos and clear instructions, the popular series by Peter Amidon and friends of the New England Dancing Masters. Now there is also a DVD available. 802-257-1819, www.dancingmasters.com.
- For superior publications of truly traditional songs and dances from many cultures (Poland, Native U. S., Cambodia, multicultural, etc.), the books/CDs of World Music Press published by Judith Cook Tucker. 203/748-1131, www.worldmusicpress.com.
- For videos/DVDs with accompanying CDs of useful traditional and adapted-for-classroom world dances, Sanna Longden's FolkStyle Productions products, including *Cultures & Styling in Folk Dance* by Sanna Longden and Phyllis Weikart (HighScope Press, 1998). 800/894-4378, www.FolkStyle.com.

The Bulgarian/Balkan Music and Dance Events Group

Have you ever heard your fellow folk dancers talking about a particularly fun concert or event that you hadn't heard anything about in advance? Are you interested in attending more workshops, but often don't hear about them? You might want to consider joining the BBMDE. BBMDE (short for Bulgarian/Balkan Music and Dance Events Group) is an announcement list for events in the Greater San Francisco Bay Area...mostly concerts and dance parties, but also lessons and workshops. To learn more about the BBMDE group, please visit <http://groups.yahoo.com/group/BBMDE>

If you wish to join BBMDE, you may subscribe by sending a blank email to the following address: BBMDE-subscribe@yahoogroups.com from the email address(es) where you want announcements sent. -OR- Go to the Yahoo! Groups site at: <http://groups.yahoo.com/invite/BBMDE>

You may also select the read only function and visit the site at your convenience to look at the message archive. If you would like to post an event announcement to the list, you may send your announcement to BBMDE-owner@yahoogroups.com or joycexopo@hotmail.com

I actually started this list over 5 years ago out of my email account...in an effort to publicize local events often sponsored by Almonte Dancers, a Mill Valley based folk dance group I was teaching at the time. From those humble beginnings and great dance parties, and thanks initially to groups like Bulgari, Nestinari, the Kolev Family and Lexicon...and later to the plethora of groups like Edessa, Anoush and the teaching talents of the Vasilescu's, Tineke van Geel, and Iliana Bozhanova...the list has grown to over 600 subscribers. If you are interested, check it out.

All the best, Joyce Clyde, Fellow folk dancer, wanna be gadulka player and moderator, BBMDE

Subscribe to *Let's Dance*:

Associate Membership Application

Name: _____ Date: _____

Address: _____

_____ Zip: _____

Telephone: () _____

Associate Membership dues: \$22.50
(Add \$5.00 postage for foreign)

Send to:

Folk Dance Federation Subscriptions
Sidney Messer, Membership Chairperson
P.O. Box 561, Sausalito, CA 94966

WHAT'S HAPPENING

By E. C. Vick Vickland, Federation Secretary

At the Fresno October meeting, the Assembly decided to send minutes of meetings to attendees, to the Executive Board members and to those who express interest in receiving them. At the January Executive Board meeting, it was decided to let you know through this column what went on at various Federation meetings. We hope this format will be interesting and informative for you. You may request the Assembly minutes be e-mailed or mailed to you, by contacting me at ecvickland@msn.com or at 1604 Wayland Ave., Sacramento, CA 95825.

Before I got involved in the business of the Federation, I did not realize exactly how decisions were made. Perhaps you don't know either. The Executive Board makes decisions through motions, but they don't take effect until the Assembly approves them.

The Assembly consists of all members of the current Executive Board, the Group delegates, past Federation presidents and current Council presidents. Assembly meetings are held six times a year before each of the Federation festivals. They are the Festival of the Oaks, the Camellia Festival, the Blossom Festival, the Fiesta de Sonoma, the Harvest Festival and the Treasurer's Ball.

Various committees carry out tasks designated in the by-laws (also available to you on request), or by the Assembly. Read recent and future articles in *Let's Dance!* by the various committees such as Bruce Wyckoff's report on the Teachers Committee in the November 2003 issue. Other committee chairs will be submitting articles in coming issues. If the activities of a committee sound interesting to you, contact the chairperson and volunteer to help.

Subscribers to *Let's Dance!* have been paying less than it costs to produce and mail the magazine. A motion was passed that we drop the subscriber category. Those who want the magazine will pay the same as Associate Members of the Federation.

It was noted that the attendance at the Fresno Harvest Festival was disappointing and had a financial loss of \$100. The question was raised whether the Federation could provide help to the Fresno Council with improving publicity. Hey, Fresno: got any ideas or suggestions?

It was suggested at the meeting that new members receive a copy of the Federation by-laws and a roster of members. What do you think? A couple of interesting proposals were presented at the January Executive Board meeting. Bruce Wyckoff proposed a workshop for people who may be interested in presenting one-time-events. This would be a single day class for potential folk dance teachers, established folk dance teachers, public school teachers and anyone who wants to entertain a group. It would focus on activities and dances and

how to motivate people to participate. He was encouraged to develop a plan. Sound interesting?

Teddy Wolterbeek proposed using the \$50,000 received from the Kenyon Rayner Trust Fund to establish a Folk Dance Center Building, a building to be used for festivals, performances, classes, parties, group meetings, housing historical materials and a library. Sharen Nyberg volunteered and was appointed to chair a committee to consider the best use of these funds, and this proposal was referred to that committee. Other ideas for the use of these funds have been suggested, such as developing a video on folk dancing to be used for various purposes. If you have suggestions, or are interested in participating on this committee, you may reach Sharen at sharen10@yahoo.com, or at 1782 D St., #89, Hayward, CA 94541.

The Executive Board hopes that you will take an active interest in the goals and activities of the Federation and get involved. We have a lot to do.

Bequest

KENYON RAYNER

Kenyon Rayner left a bequest to the Folk Dance Federation and we thought that members of the Federation would like to know a little more about her.

Kenyon came to folk dancing late in life. She came to a beginner's class taught by "Dusty" Miller in Ross in the early 1980s. She went on to a class in Almonte, near Mill Valley, taught by Joyce Clyde.

She came to the Balkan Dancers of Marin in 1986 and danced with the Balkan Dancers regularly. Claire Tilden was the teacher at that time. The class leadership came to Irene Croft and Anne Arend in 1991 on the death of Claire.

She almost never missed a club dance unless she was on a trip. She loved to travel and took many trips. She once said that when she went she would like it to be returning from a trip. She was in Cancun returning from a trip to Cuba when she died.

Kenyon danced mostly in Marin and Sonoma counties. She took lessons from Carol Hirsh in Petaluma and often attended Carol's parties in Petaluma and Sonoma. Occasionally she would go to the Friday night dances at the Albany Y. She liked the Kolo Festival and was a supporter of Ashkenaz and often went on Balkan nights.

Kenyon loved to entertain. She hosted a potluck party every year at her home in Strawberry, near Tiburon, where we danced on her deck. She had a cabin in Guerneville where she also hosted weekend parties.

She had many friends and enjoyed folk dancing, traveling and going to movies and plays.

My thanks to Roz Patterson and Irene Croft for information for this article—Ed.



The Balkan Dancers of Marin

invite you to a

Balkan Plus Folk Dance Party

Balkan dancing program

plus

you can request your favorite international folk dances!

(Bring your own tapes or choose from our selection of Balkan *Plus* dances!)

Come and join in the fun

Saturday, March 27, 2004

8:00—11:00 pm

Donation \$5.00

**Plentiful parking, a good wood floor,
drinks & finger food!**

Masonic Lodge Hall

1010 Lootens, San Rafael
(between Fourth and Fifth)

For more information please call: Irene Croft 415-456-0786 or Anne Arend 415-892-9405

(Program and location map on back)

The Balkan Dancers of Marin *Balkan Plus Folk Dance Party*

TENTATIVE DANCE PROGRAM

Directions:

From North of San Rafael:

Take 101 Highway to CENTRAL SAN RAFAEL exit (Hetherton), turn right on Fifth Avenue, at Lootens turn right into city parking lot. If the lot is full, go down Lootens Street to the city lots at Third and Lootens. The double deck lot on the right has entries on Lootens and on Third Street. Masonic Hall is on Lootens between Fourth and Fifth.



From South of San Rafael:

Take Highways 580 or 101 to CENTRAL SAN RAFAEL exit (Irwin Street). Turn left on Third Street. Turn into the parking lot just past the Walgreen's Drugstore. If it is full, use the large double deck lot at Third and Lootens. Entries on Lootens and on Third Street. Masonic Hall is on Lootens between Fourth and Fifth.

Bavno Oro—Macedonia
 Eleno Mome—Bulgaria
 Gerakina—Greece
 Drmš from Ždenčina—Croatia
 Horehronsky Czardas—Czech.
Request
Request

Pravo—Bulgaria
 Ciuleandra—Romania
 Arap/Zajke Korkorajke—Bul.
 Swedish/Finn Mixer
 Čamčeto—Macedonia
Request
Request

Rumelaj—Romania
 Dobrudžanska Reka—Bul.
 Godečki Čacak—Serbia
 Belasičko—Macedonia
 Vlaško—Bulgaria
Request
Request

Kyustendilska Ručenica—Bul.
 Tsamikos—Greece
 Jove Male Mome—Bulgaria
 Jacob's Ladder—Israel
 Ravno Oro—Macedonia
Request
Request

Hambo—Sweden
 Ajde Jano—Macedonia
 Gjuševska Račenica—Bulgaria
 Ivanice—Macedonia
 Joc Batrinesc din Niculitel—Rom.
Request
Request

Četvorno Horo—Bulgaria
 Doublebska Polka (Mixer)
 Syrto—Greece
 Čekurjankino—Bulgaria
 Karamfil—Bulgaria
Request
Request

Vulpita—Romania
 Shiri Li Kinneret—Israel
 Ovčepoljsko Oro—Macedonia
 Erev Ba—Israel
 Vidinsko Horo—Bulgaria
Request
Request

Dospatsko Horo—Bulgaria
 Sitna Zborenka—Bulgaria
 Somogyi Karakazo—Hungary
 Jovano Jovanke—Macedonia
 Waltz

Announcements

Tino Mori—Macedonia
 Floricica Oltenearca—Rom.
 Never On Sunday—Greece
 U Šest—Serbia
 Al Gemali—Israel
Request
Request

REQUESTS

You are invited to request your favorite international folk dances. You may bring your own tapes or choose from our large Balkan selection. Requests should be of commonly taught dances of any difficulty.

Council & Club Clips

Let us know what your club is doing.
Send or email articles to the editor.

Peninsula Council

The Peninsula Council wishes to thank all who attended the January Heritage Festival.

Due to my computer errors, the last few Council Clips were returned, so here is somewhat older news, The San Jose class welcomed a new dancer with the birth of Teresa (Nacorda) Brodersen's daughter on Nov 1st. It will be a few years, though, before Elizabeth is ready to dance.

The Peninsula dancers were sad to hear of the death of long time dancer, Ed Cox, on Nov. 22nd. His friendliness and quick wit will be missed, Condolences to his family.

—Margaret Nacorda-Kinney

Sacramento Council

The Sacramento Council's annual Camellia Festival is scheduled for March 13 & 14. On Saturday March 13 institutes with Zeljko Jergan and Atanas Kolarovski will be held in the afternoon at the Cordova Community Center at 2197 Chase Drive, Rancho Cordova (a suburb of Sacramento). An International Party and a Balkan party will follow in the evening at the same location.

On Sunday March 14, an International Folk Dance Concert followed by Easy General Dancing will be presented at California State University Student Union, 6000 J Street, Sacramento.

More details are available on the flyer elsewhere in this issue of Lets Dance.

—Morris Jerome

Balkan Dancers of Marin Party Time

Let's party! We invite our folk dancing friends to join us again this year for another evening of great dancing.

Plans are moving ahead for our March 27th Balkan *Plus* Party. A tentative program has been completed and appears in an ad in this issue of Let's Dance.

We call the party a Balkan *Plus* Party because we have 16 request slots on the program so that people may request their favorite dances. To this end, we have expanded our Balkan play list of about 260 Balkan dances with another 60 or so international dances. Dancers may also bring well recorded tapes of their favorite dances to request. Tapes that are brought should be of commonly taught dances of any difficulty. Drinks and finger food will be provided.

The San Rafael Masonic Lodge Hall has a good wood floor and there is plentiful parking in the neighborhood. The hall is close to highway 101, with easy access to the freeway. See our ad for directions and a map of the location and parking.

For more information please call: Irene Croft 415-456-0786 or Anne Arend 415-892-9405.

Federation Scholarships Are Available

Time flies and the Stockton Folk Dance Camp will be upon us in late July. If you plan to attend and you are interested in being considered for one of the two Federation Scholarships, which pay for the tuition, request an application which is due to the Scholarship Committee by March 15. Applications should be requested from Morris Jerome, 4056 Esperanza Drive, Sacramento, CA 95864, phone 916-482-2491. To be eligible you must be a Federation member dancing with a Federation club or be a student dancing with a dance group.

—Morris Jerome

Council & Club Clips *continued*

Berkeley Folk Dancers

Join us for the first Fun Night of 2004. The Intermediate Class looks forward to welcoming you to a festive evening of dance at Live Oak Park Recreation Center in Berkeley. It will be Friday, March 19 from 7:45 to 10:45 PM. Refreshments, of course. Donation: \$5 for members and \$7 for non-members.

We have enjoyed our two nights of Contra dancing. For the third evening of Contra at El Cerrito Veterans' Hall, BFD and CC&C are thrilled to welcome back callers Erik Hoffman and Tom Thoreau.

They will be accompanied by live music. If you weren't there, you missed great evenings in November and January. This is a very easy location to get to and there is plenty of parking on the streets and near-by library parking lot. Refreshments, too. For everyone donations are \$5.

—Naomi Lidicker

Wes Takara

welcomes
the

Camellia Festival!



Arcata Folk Dance Festival

By Craig Kurumada

On the first weekend of April 2004, a small North coast rural town will play host to dance and music teachers from Eugene to Eureka, Spokane to Salt Lake City. The 10th (now Biannual) Arcata Folk Dance Festival will take place April 2-4, 2004 at the Bayside Grange, 2297 Jacoby Creek Road, Bayside, California 95524. (Okay, it's technically outside Arcata city limits, but we're all one big family here in Humboldt County!)

Our Wonderful Teachers:

As of this writing, the dance teachers are Lee & Hilde Otterholt (Balkan and Hula), Jerry Duke (Balkan and American), Wayne Kraft & Ildikó Kalapács (Hungarian).

Lee Otterholt's teaching emphasizes style: dancing well, not just "getting the steps." Whenever he can, he also tries to bring improvisation, self-expression and spontaneity back into the folk-dancing traditions where these elements are a central part of the tradition. And he never loses sight of the fact that we recreational folk dancers dance because it is fun, and because these dances mean something to us – just as they were fun and meant something to the village dancers before us!

Hilde Otterholt is a wonderful teacher of traditional Hawaiian dance. Mention "Hula" and you ALWAYS can find those dancers for whom hula is a dear part of their folkloric souls.

Jerry Duke returns to Arcata this year to teach Balkan and American traditional dance. Though anyone who knows Jerry outside of academia, may chuckle at addressing him as Dr. Duke, Professor Jerry Duke IS the Chair of the Department of Dance at San Francisco State University. In the 2002 Arcata Festival, he taught Cajun as well as Balkan, to the tunes of our local Cajun band, the Bayou Swamis.

Wayne & Ildikó will teach a Transylvanian dance cycle from Szilágyság. Wayne and Ildiko are long-time favorites of our festival attendees. Their ability to get a room of dancers doing Hungarian táncház couple dances (often considered inaccessible to "jump-into-the-line" types) is a terrific boost to couple dances everywhere. But, have no fear! They also lead "instant-teach" circle dances.

There will also be a wide variety of singing and instrumental classes in many musical styles.

Music of many bands

Home team bands include The Humboldt Folk Dancers Club Band, Chubritza, Joe & Me and Dan Chandler and Friends; from Oregon, various musicians from Eugene and Ashland; from Utah: Jómoka, Hungarian trio playing music from Moldova, Hungary, Transylvania and Romany traditions; from California's Bay Area: Zabava, the Toids and several other bands to be announced.

We will have a wonderful West African lunch provided by Guy-Alain and Hermine Amoussou from the Ivory Coast. (There will be vegetarian options for all omnivore selections.) The evening meal will be provided by Samraat, a local Indian restaurant.

Ten years ago, the Arcata folk dancers started a festival with the philosophy of "do what we can with what we have." At that time, we had one teacher and one band. See what a mighty oak hath grown from this little acorn.

Contact info: www.arcatafolkdancefestival.com or call (707) 839-3665 or (707) 822-8045.

Letter to the Editor

Gary,

Just received my "Let's Dance" and I really, really like what you have done for this magazine. It's great. Now, I know it must have been a lot of work to put out such a professional piece, since it now is something I really want to read cover-to-cover. What's more - the type is such that it's easy to read and enjoy.

Congratulations and thanks from me. . . . If I can help in any way please let me know. I don't want your new job to become onerous!! I'm taking a class in Adobe Illustrator and hope to be able eventually to use that skill for illustrations, posters, etc. (I hope - - - it's a tough program).

Thanks again, Beverly Johnson

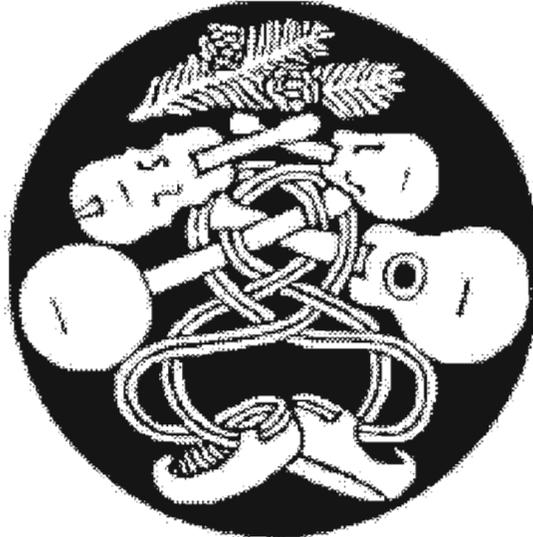
Thanks Bev, I appreciate the kind words and offer of help. The magazine depends on its readers and others for its content. Best wishes with Illustrator.—Editor

Polish Grace...



Sarah Tull and Todd Wagner doing a Kajawiak

ARCATA 2004



Friday-Sunday April 2nd, 3rd, & 4th
Bayside Grange 2297 Jacoby Creek Road Bayside, CA
(Just outside of Arcata in Humboldt County)

- * Saturday Dance Workshops:** Hungarian - Ildikó Kalapács & Wayne Kraft, Clogging & Balkan - Jerry Duke, Hula - Hilde Otterholt, Balkan - Lee Otterholt
- * Saturday Singing, Instrument & Ensemble Workshops:** More than a dozen classes with outstanding teachers. Check our website for specific classes and updates.
- * Saturday Evening Concert:** Traditional ethnic music and dance
- * Dance Parties & Kafana:** (Fri & Sat) Featuring more than eight bands playing a wide variety of music.
- * Sunday Brunch, Sing-a-long & Dance Reviews**
- * Prepaid Package:** General - \$32 Students & Seniors - \$27
- * Admission:** (after March 24) Full pkg - \$40 Children under 14 - Free
Friday eve - \$5 Saturday eve - \$9 Workshops - \$6 each Sunday - \$5
- * Information & Schedule:** (707) 822-8045 or linneaman@aol.com
- * Updates & pre-reg forms:** www.arcatafolkdancefestival.org
or email: rdeja@cox.net

Folk Dance Federation of California, Inc
Statewide 2004 - May 28 - 29 - 30

Valley Fever in Modesto

- Institutes with
Ned and Marian Gault
Zeljko Jergan Teaching New Dances
 - Oldies but Goodies Workshops
 - Live Music! With Chubritza
 - Dance Party featuring International and Balkan Rooms
 - Dance Concert spotlighting
Scandinavian, African, Portuguese, Middle Eastern Dancers
and International Champion Greek Dancers
of the Church of the Annunciation
 - Special Greek dinner and church tour
- All Festival Dance Activities Under One Roof
Courtesy of Doubletree Hotel and Modesto Centre Plaza
Tenth and K Streets, Modesto, Ca

Catch the Fever!

For Information, call Barbara at 209 578-5551
Or e-mail bsumone@softcom.net

Hotel Reservations are available at
The Doubletree Hotel at Area Code 209 526-6000
Ask for the "Folkdance Federation Rate of \$69 per night"
Special Rate is available through May 7, 2004

Dancing the Zs at Marcel's New Years' Eve Party



UP for Zhorabar



Down for Zborenka

—photos by ed.

Folk Dance Federation of California, Inc
Statewide 2004 - May 28 - 29 - 30

Valley Fever

Schedule of Events

Friday

7:00 - 10 p.m.	Registration	
7:30 - 11:30 P.m.	Welcome Dance Party	Live Music by Chubritza
11:30 p.m.	After Party	

Saturday

9:00 a.m. on	Registration	
10:00 a.m. - Noon	Institute I	Ned & Marian Gault
12:00 - 1:30 p.m.	Lunch	On Your Own
1:30 - 3:30 p.m.	Institute II	Zeliko Jergen
3:30 - 4:30 p.m.	Oldies, But Goodies Workshop	Ned Gault
4:30 - 5:30 p.m.	Request Dances	
5:30 - 7:00 p.m.	Dinner	On Your Own
7:00 - 11:00 p.m.	Dance Party I	Live music by Chubritza
	Dance Party II - Balkan	
11:00 p.m.	After Party	

Sunday

9:30 a.m. on	Registration	
9:30 - 11:00 a.m.	Installation Brunch	
11:30 a.m. -	Lunch	On Your Own
1:00 p.m.	Request Dances	Your Choice
	North/South Meeting	
1:00 - 2:00 p.m.	Oldies, But Goodies Workshop	Al & Teddy Wolterbeek
2:15 - 4:15 p.m.	Dance Concert	
4:30 - 6:30 p.m.	Dinner	Greek Dinner
7:00 - 11:00 p.m.	Dance Party	To be announced
11:00 p.m. on	After Party	

Be prepared! "Oh, My G..." Dance Vignettes may pop up any time!

Hotel Reservations are available at
 The Doubletree Hotel at Area Code 209 526-6000
 Ask for the "Folkdance Federation Rate of \$69 per night"
 Special Rate is available through May 7, 2004

Letter to the Editor

Dear Gary,
 Just had to tell how much I enjoyed reading your February 2004 "Let's Dance"!! It just seemed so friendly and interesting.

Was I just in a good mood? — or is the magazine really different?

Whatever it is, you made me want to write to you, so here I am. *Thanks, Martha Froelich, Fresno*

Thank you for the kind words, Martha. Credit belongs with the contributors who submit the articles.—Ed.

Let's Dance! advertising rates

Full page	7 1/2" wide x 9 3/4" deep	\$80.00
Half page	7 1/2" wide x 4 3/4" deep	45.00
Quarter page	3 1/2" wide x 4 3/4" deep	25.00
Eight page	3 1/2" wide x 2 1/4" deep	15.00
Classified	\$2.00 per line, \$4.00 minimum	
Per year, 10 issues, less 10% (no changes)		

(This is Eighth page size)

Statewide 2004 - May 28,29,30, 2004

Valley Fever Registration

Friday

Welcome Dance Party, Music by Chubritza

Single event prices

\$15 \$ _____

Saturday

Institute I with Ned & Marian Gault

\$15 \$ _____

Institute II with Zeliko Jergen

\$15 \$ _____

Oldies, But Goodies Workshop with Ned Gault

\$7 \$ _____

Dance Party I (Music by Chubritza) and/or

\$15 \$ _____

Dance Party II (Balkan)

Sunday

Oldies, But Goodies Workshop
with Al & Teddy Wolterbeek

\$7 \$ _____

Dance Concert

\$15 \$ _____

Dance Party

\$15 \$ _____

Total \$ _____

✓ **Full Package Special Price \$69 before May 7**

\$ _____

Includes all dance events – All Meals are Extra

✓ **Syllabus \$5 each**

\$ _____

Sunday Special Meals (Reservation Only By May 7)

Installation Brunch

\$20 \$ _____

Greek Dinner

\$20 \$ _____

Tour of the Greek Orthodox Church of the Annunciation (Optional)

Total \$ _____

Name(s): _____

Address: _____

Street

City

State

Zip

Phone: () _____

E-mail: _____

Amount Enclosed \$ _____ (Optional receipt by mail e-mail)

Make checks payable to: Folk Dance Federation of California, Inc.

Mail to : Modesto Folk Dancers, c/o McElroy,

1204 Moffet Road, Modesto, CA 95351

For information, call Barbara Summers (209) 578-5551 or bsumone@softcom.net

HOTEL RESERVATIONS AVAILABLE: the DOUBLETREE 209.526.6000.

Ask for "Folkdance Federation Special Rate" (available through May 7, 2004)

Thanks

This magazine depends on volunteers for help in its production and I appreciate the efforts they make to furnish interesting articles and photos. In particular I want to thank those who help proofread the magazine and help to keep my errors from going public.

Sidney and Laila Messer and Irene Croft helped proofread the February edition and Denis and Rosa Savage and Irene Croft helped to proofread the March edition. Thanks folks.

Gary Anderson, *Editor*



A FOLK DANCE TOUR ADVENTURE



Dear Family and Friends,

We hope your holiday season was a good one whatever you are celebrating, Hanukkah, Christmas, Kwanzaa or Solstice day, and we hope you have a happy, healthy New Year filled with all that your heart desires. We apologize for not writing you sooner, but our lives are in "vroom, vroom energy level" mode.

We have just arrived home from our Dance on the Water cruise adventure for this year; two weeks beginning in Los Angeles, down to Ensenada, Mexico, across the Pacific Ocean to Hawaii and back. It was both wonderful and sometimes a little difficult. We learned more than we ever wished to know about Maritime law. There were 40 of us from hither and yon. Some came from Toronto or Vancouver, Canada, New York City, Buffalo, N. Y., New Jersey, Pennsylvania, Colorado, Californians from Bakersfield, Chula Vista, Venice, Berkeley, Rossmore, several Texans, etc.

Our ship was the beautiful Greek ship "The Olympia Explorer" whose Captain, Antonia Kritikos (Anthony the Cretan) was the same man with whom we had sailed to the Greek isles. We sat at the Captain's table one evening and he sang to us in Greek. It was wonderful to hear the names Pannayoti Megaloeconomico (Peter the big economist), a sweet and gentle giant of a man, about 6 ft. 6 in tall, Yorgo (George), Dimitri, etc. and to hear kalimera (good morning), kalispera (good afternoon), kalinichta (good evening), lots of OOPA's and Yassoo's. Every dinner there was at least one Greek specialty dish available. This ship will be a floating hotel

for the 2004 Olympic Games.

The best entertainment on board, in our opinion, was a young Romanian man [31] who played the Pan Pipes. There was a session where he explained the history of the instrument, passed it around so you could see up close what it looked like and answered questions. Vitale was influenced by the classical musician Zamfir. His Christmas concert was magnificent. There were a classical guitarist, pianists and shows every evening. The cultural schedule was talks by Dr. Sergei Khrushchev, the son of the Russian leader Nikita Khrushchev. He spoke about cultural differences and similarities, and the Cuban missile crises. He now lives on the East coast and is a citizen of the United States. They also had a famous Chef who had never been on a ship before and was seasick. He would excuse himself on occasion when he got sick. It must have been hard for him to cook while sick to his stomach. I was disappointed that the only presentation about Hawaii, its people and cultures was during a pitch for the very expensive shore excursions offered by the ship.

Some of the crew were from Bulgaria or Romania and joined in dancing with us when they heard songs from their country. In the "Talent Show", we performed dances from Serbia, Scotland and Hawaii. Our dance teacher, Sandy Starkman from Ontario, Canada, was excellent. Our only regret was that rough seas sometimes kept us from dancing sessions.

Among our group was a man born in Hawaii whose
(continued on next page)

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name is "Ping" and was very anxious to show us his native soil. He organized trips in Hawaii and visits with wonderful local people. We rented vans for the day, driven by people in our group, and went off on our own. We visited a famous singer of Hawaiian songs at his home in a beautiful area overlooking a beach surrounded by lush green mountains. He is a personal friend of Ping's. We ate star fruit, oranges and sweet lemons grown in his garden and our group danced for him on the lawn of his home.

We ran into some trouble on the way back to town. Traffic was heavy, so we dropped off the passengers a couple of blocks from the dock and they walked the rest of the way. Those of us who drove returned the vans to the car rental location and tried to take a cab back in time to board the last tender back to the ship. However, the island was having its annual Christmas Parade; the streets were blocked and the taxi became mired in traffic. We left the taxi and ran about a half mile to the dock in time to see our ship sailing off into the sunset. The six of us spent the night at a local hotel and had to fly to Maui the next morning to meet the ship.

When we arrived on board, we were informed about a bit of old Maritime law written in the 1800's called "the Jones Act." We were each fined \$300.00, which we paid with our credit cards. We spent the rest of that evening writing a letter to the U.S. Customs explaining our circumstances and asking for a reprieve. The letter was faxed to Customs and they rescinded the fine. Thank goodness for that.

On Kauai, we went to visit an area called "the Grand Canyon of Hawaii", Waimea Canyon. On Maui, we drove up to the top of a volcano and afterwards visited a protea flower garden. Mel and I did not go ashore in Hilo where we docked one morning. Usually, passengers were allowed to leave the ship at any time during the day. The seas were very rough and the ship could not stay at the dock. We were in the dining room when a wave hit us broadside and dishes, glasses went flying, the coffee urn skipped across the table, food went flying and the Christmas tree toppled over. Thank goodness, no one was hurt. We came back at noon to pick up the people who had gotten off to visit the island and quickly went out to sea. Some in our group had scheduled helicopter rides, but their flights were cancelled because of the weather. They met a man with a van who showed them all around the island and they came back raving about what a good time they had. He picked up avocados and fruit growing wild and shared them.

In Honolulu, Ping led a walking tour of downtown Honolulu, including Chinatown where his father had owned a store and where he was on Dec. 7, 1941 as a small boy of seven. Then we went to Waikiki beach and a picnic lunch at a nearby park. What a beautiful area Waikiki is.

Four of the men and one woman climbed Diamond Head after lunch. It was quite warm and we had walked several hours that morning, so most of the women decided to go shopping instead. Kitty, who is the eldest member of our group (91), was the woman who went with the men. She is one remarkable woman. Kitty went with us on the Galapagos trip last year and passed up the younger women during our hikes. Of course, she was only 90 then. In the evening, we walked to the YWCA where we joined the Honolulu folk dancers for a party with a live band.

The next day should have been the highlight of our trip. However, due to some confusion, many did not come. Having to deal with a group of people can get to be like keeping 40 puppies in a box at the same time. Some of the puppies will always get away. We were scheduled to dance on the battleship Missouri, where the Japanese signed the surrender papers to Douglas MacArthur.

It meant a great deal to Ping who had seen the beginning of the war with the bombing of the Arizona in Pearl Harbor, about ten miles from his father's store. The Missouri was still in commission during the first Iraqi war and then was sent to mothballs. When a ship is decommissioned, all of the electrical wires are severed. When the Missouri was turned into a museum, it was Ping, who is an electrical engineer, who reattached those wires. He also volunteered as a docent on the Missouri. Mel and I went and had a wonderful tour and we danced to celebrate the ending of World War II.

We spent three days at sea sailing back to San Diego. We were due to return to Los Angeles at 6 PM that evening to disembark and catch our 9:30 PM flight back home. However, we stayed anchored outside the harbor for two hours. We heard that the ship has been impounded and has filed for Chapter 11 bankruptcy.

We did miss our flight and also the last flight of that evening. We spent that night sleeping at LAX along with many of our fellow passengers waiting for flights the next morning. The airport was mobbed due to Christmas traffic and the checkpoints because of the heightened orange security alert.

Even though there were some problems on this cruise, we are happy we went. There was an incident that happened that explains why we love folk dancers. In Honolulu, we passed a row of public telephones. One of the men checked all of the coin returns, but found no change. He shrugged, dug in his pocket, and put coins into the coin returns so that the next person that checks would not be disappointed. It truly was an adventure. We are off to Asilomar tomorrow for three days and to New Orleans on January 14, 2004 for about ten days.

Please know that we are thinking of you and are glad you are a part of our lives and love you dearly. Take care of yourselves and keep in touch when you can.

Love, Esther

Folk Dance In Concert

featuring the

BRIGHAM YOUNG UNIVERSITY **INTERNATIONAL** **FOLK DANCE ENSEMBLE**



Date: Saturday, March 20, 2004 Time: 7:30 PM

Location: Sacramento Memorial Auditorium
1030 15th Street, Sacramento, CA

Admission: \$10 each (\$8 for Groups of 12+)



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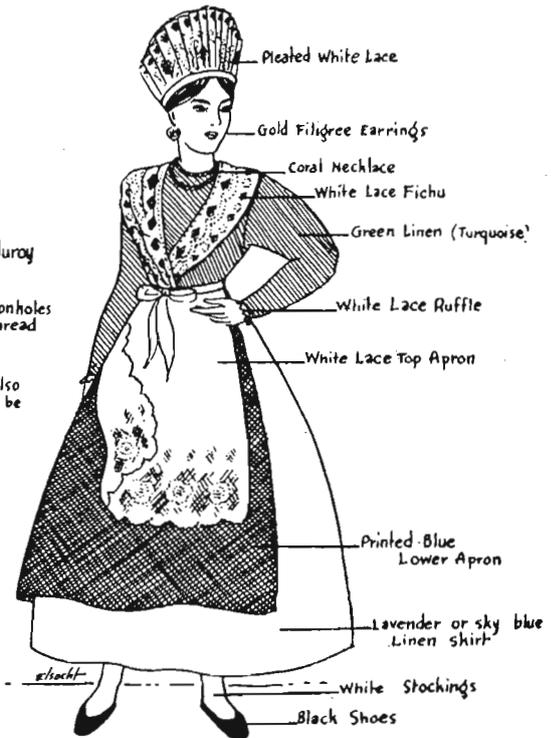
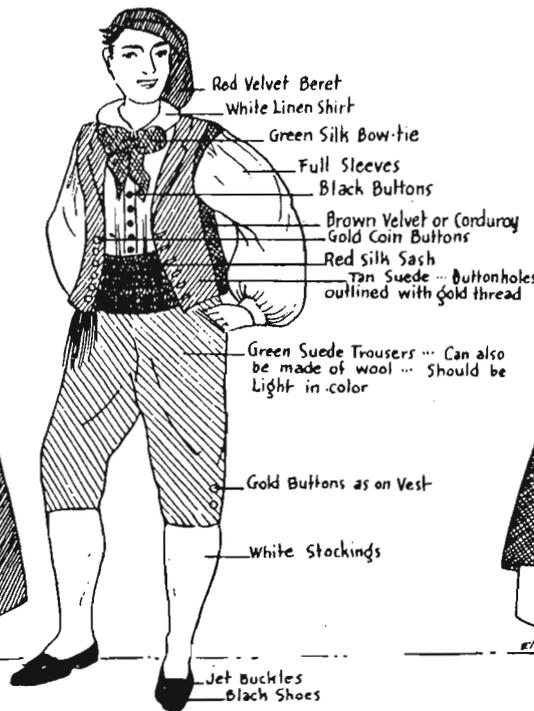
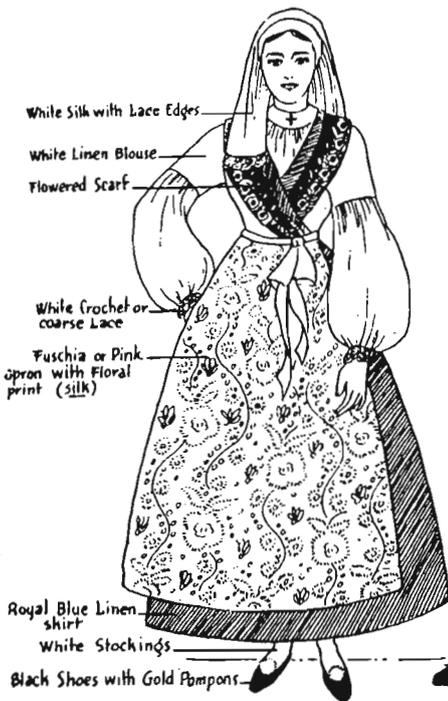
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