

MAN IN THE HAY

(Germany)

"Man in the Hay" was introduced at the Third Folk Dance Camp, College of the Pacific, by Morry Gelman.

MUSIC: Record: The Folk Dancer M.H. 1051.
FORMATION: Four couples in regular square dance formation.
STEPS: Skip*, Slide*, Basket.

MUSIC 2/4

PATTERN

Illustrations by Carol Gove

Measures

INTRODUCTION

1-8 All join hands and swing the arms vigorously fwd. and back 8 times; swing fwd. (ct. 1), swing arms bwd. (ct. 2). Keep the elbows straight on the swing and make the movement small and staccato. Keep a close formation so that hands are almost at side. With feet together rise on toes (preliminary "and" ct.), strike heels on floor (ct. 1), rise on toes (ct. and), strike heels on floor (ct. 2); continue foot movement through all 8 measures.



I. SKIP AND CIRCLE

9-16 Beginning L, with all hands joined and still swinging arms, take 16 skipping steps CW to original places.

CHORUS

1-2 In closed position, beginning M L, W R, couples 1 and 3 move to the center with 3 sliding steps and 1 stamp (M L, W R).

3-4 Without changing position, repeat the action of the Chorus, meas. 1-2, moving backward to place, beginning M R, W L.

5-8 Couples 1 and 3 take 8 slides to opposite side of the square, M passing back to back.

9-12 Repeat action of Chorus, meas. 5-8, returning to place, W passing back to back.

13-24 Couples 2 and 4 repeat action of Chorus, meas. 1-12.

Note: When floor is crowded, couples slide in a curve around corner or along wall to complete slide.



II. WOMEN CIRCLE

1-8 W join hands in the center of the square; beginning L, take 16 skipping steps CW to original place.. M stand with hands at side.

Chorus

1-24 Repeat action of Chorus, meas. 1-24.



III. MEN CIRCLE

1-8 M move to the center of the square, join hands; beginning L, take 16 skipping steps CW to original place. W stand with hands at sides.

Chorus

1-24 Repeat action of Chorus, meas. 1-24.



IV. BASKET, CROSS-STEP

1 Couples 1 and 3 move to center. W join both hands (ct. 1 &), M join both hands across the W hands (ct. 2 &), M raise arms up and outward over the heads of the W, placing them at the small of the W back (ct. 3 &), W raise arms up and outward over the heads of the M, placing them across the shoulder blades of M (ct. 4 &).

2-8 Beginning L, move in a circle (basket formation) with quick side-cross steps: Step to L on ball of L ft. (ct. &), step across in front of L ft. onto flat of R ft., bending knees and accenting (ct. 1); step again to L straightening knees (ct. &), step again across in front of L ft. with R, bending knees and accenting (ct. 2). Make steps very small. Continue cross-step until 3rd ct. of meas. 8. Drop hands (ct. 3 &), and return to original place in the square (ct. 4 &).

(Cont. next page)

MAN IN THE HAY (CONT.)

MUSIC 2/4

PATTERN

CHORUS

1-24 Repeat action of Chorus, meas. 1-24.

V. BASKET, CROSS STEP

1-8 Couples 2 and 4 repeat action of Fig. IV, meas. 1-8.

CHORUS

1-24 Repeat action of Chorus, meas. 1-24.

VI. SKIP IN CIRCLE

1-8 Repeat action of Fig. 1, meas. 9-16.