

ÅTTA MAN ENGEL

(Finland)

Åtta Man Engel (OHT-tah mahn ENG-el), a dance for four couples in square formation, comes from the western part of Finland. Since the people of that area are Swedish-speaking, it is proper to use the Swedish title rather than the Finnish title "Kahdeksan Hengen Enkeliska" (KAH-dek-san HENG-en EN-kel-is-kah). The dance was introduced at the 1976 University of the Pacific Folk Dance Camp by Susanna Daley of Helsinki, Finland.

MUSIC: Record: Suomen Nuorison Liitto, S-A, B-5. 2/4 meter.

FORMATION: Cpls in a square facing ctr, M behind ptr, hands jointed with ptr in Slide pos. Cpl 1 stand with backs to music or head of hall; cpl 2 face cpl 1; cpl 3 stand to L of cpl 1; cpl 4 stand to R of cpl 1. Cpls 1 and 2 are Head cpls; cpls 3 and 4 are side cpls.

STEPS and STYLING: Slide Pos.(W in front): M offers his hands by extending them fwd on either side of W so that his palms are parallel to W body at rib cage level. W take hold of M hands with her palms resting on the back of the M hands and W fingers bent up across his palms. M curls his fingers over the W fingers. W places the joined hands at her sides as high as is comfortable on the rib cage. Also done with M in front holding W hands high on his rib cage.
Sliding Step:(2 to a meas) Moving to R side, step on R with a smooth gliding step (cts 1, &); close L to R (ct ah); repeat exactly (cts 2, ah). To change direction take no wt on last closing of L ft to R. To move to L side, start with L ft.
Buzz Step (2 to a meas): To circle CW or turn CW with a ptr, push off from ball of L ft on upbeat of preceding meas (ct &); step on full R ft, bending knees (ct 1); repeat exactly (cts &, 2). To circle CCW or turn CCW with a ptr, push off from ball of R ft on upbeat (ct &); step on full L ft, bending knees (ct 1); repeat exactly (cts &, 2).
CW Spin Pos: Place R hand on ptrs R shldr, arms well extended and inside of elbows adj; join L hands with ptr about waist level. Turn with Buzz Steps, stepping onto full R ft on ct 1.
CCW Spin Pos: Place L hand on ptrs L shldr, arms well extended and inside of elbows adj; join R hands with ptr about waist level. Turn with Buzz steps, stepping onto full L ft on ct 1.
Basket: Make 1 large circle facing ctr. M join hands with adj M; W join hands with adj W. When circling CW (to L) L arms are under neighbor's R arms. When circling CCW (to R) R arms are under neighbor's L arms.
Jump: (1 to a ct) Spring from one or both ft and land on both ft.

MUSIC 2/4

PATTERN

Measures

2 meas INTRODUCTION - no action

I. SLIDES AND BUZZ TURNS

A 1-16 Head cpls - Sliding Steps: Dance 8 short Sliding Steps to own R (meas 1-4). Dance 8 long Sliding Steps to own L passing through own place and continuing out to L side to match distance traveled to R side (meas 5-8). Dance 8 long Sliding Steps to own R ending in about the same place as in meas 4 (meas 9-12). Dance 8 short Sliding Steps to own L to end in orig place (meas 13-16).
Side Cpls - Buzz Turns: W 3 and M 4 (pass ptr to the R) beg R ft, walk 4 steps to meet in the middle of set and take CW Spin Pos (R hands on R shldrs) (meas 1-2). Turn CW with 12 Buzz Steps (meas 3-8). End facing own place. W 3 and M 4 pass by L shldr (keep L hands joined long enough to give help) beg L ft, walk 4 steps to meet own ptr and take CCW Spin Pos (L hands on L shldrs) (meas 9-10). W 4 and M 3 are inactive during meas 1-10. Turn CCW with 12 Buzz Steps (meas 11-16). Finish in orig Slide Pose (W in front).

B 1-16 Head Cpls: Dance Buzz Turns with W 1 and M 2 active. End in Slide Pos but with M in front.
Side Cpls: Dance Sliding Steps with W in front.

- A 1-16 Head Cpls: Dance Sliding Steps with M in front.
 Side Cpls: Dance Buzz Turns with W 4 and M 3 active. End in Slide Pos but. with M in front.
- B 1-16 Head Cpls: Dance Buzz Turns with W 2 and M 1 active.
 Side Cpls: Dance Sliding Steps with M in front.

At end all should be ready to start a Grand Right and Left.

II. GRAND RIGHT AND LEFT; GRAND LEFT AND RIGHT

- A 1-12 Give R hand to ptr and beg R ft, walk 24 steps in a Grand R and L to meet ptr a second time (orig place).
- 13-16 With ptr take CW Spin Pos (R hands on R shldrs) and turn with 8 Buzz Steps. End with M facing RLOD and W facing LOD.
- B 1-12 Beg L ft and L hand with ptr, walk 24 steps in a Grand L and R to meet ptr a second time (orig place).
- 13-16 With ptr take CCW Spin Pos (L hands on L shldrs) and turn with 8 Buzz Steps. End in orig place facing ctr with W to R of ptr, ready to form a basket.

III. BASKETS CW AND CCW

- C 1-6 All form a basket with L arms under, facing a little L of ctr. Beg R ft circle CW (L) with 12 walking steps. Stamp on last 2 steps.
- 7-12 Continue to circle CW with 12 Buzz Steps.
- D 1-6 Release hands and facing ctr, jump 3 times in place, clapping own hands on each jump. Reform basket with R arms under, facing a little R of ctr. Beg R ft circle CCW (R) with 9 walking steps. Stamp on last 2 steps.
- 7-12 Continue to circle CCW with 12 Buzz Steps.
- C 1-6 Release hands and do jumps and claps as before. Reform basket with L arms under. Beg L ft circle CW (L) with 9 walking steps. Stamp on last 2 steps.
- 7-12 Continue to circle CW with 12 Buzz Steps.
- D 1-6 Release hands and do jumps and claps as before. Reform basket with R arms under. Beg R ft circle CCW (R) with 9 walking steps. Stamp on last 2 steps.
- 7-12 Continue to circle CCW (R) with 11 Buzz Steps. Keeping hands joined end facing ctr with one jump.