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Note: For easy reading open staples,
remove description, close staples.

ALANDSFlickAN

(Finland - Sweden)

The Alandsflickan (Oh lahnds Flick ahn) or the Aland Girl, which is described here, is a variant of a Finnish couple dance which originated in the region of Kimito, Aboland, Finland. This variant comes from the Aland Islands in the Gulf of Bothnia on the Baltic Sea. This archipelago is territorially a part of Finland, but has been inhabited by the Swedes since time immemorial. Gordon E. Tracie introduced the dance at Stockton Folk Dance Camp in 1962.

MUSIC: Record: RCA FAS 665

FORMATION: Any number of cpls in a single circle, M facing LOD, W facing RLOD.

STEPS AND STYLING: Two-Step*, Polka*. The ft do not slide or shuffle, dancers should not exaggerate lifting the ft. Free hands are on the hips. Liveliness and determination characterize the dance.

*Described in Volumes of Folk Dances from Near and Far, published by the Folk Dance Federation of California, Inc., 1095 Market Street, Room 213, San Francisco, California 94103.

MUSIC 3/4

PATTERN

Measures

4 meas INTRODUCTION. No action.

I. POLKA STEPS FWD

A 1 Beginning ML WR ft, dance 1 polka step in LOD.

2 Repeat action, meas 1, beginning MR WL ft.

3 Beginning MR-WL, dance 2 two-steps LOD in double time.

4 Repeat action of meas 1.

1-4 Repeat action of meas 1-4, but using opp footwork throughout.

(repeated)

II. COUPLES POLKA

B 1-8 In closed pos, beginning ML-WR, dance 8 polka steps turning CW and moving fwd LOD. The polka has somewhat of a bouncy characteristic.

Repeat dance from beginning.