

## Featuring charismatic, fully accredited RSCDS teachers Bruce Hamilton & Alan Twhigg

St. Bede's Church 2650 Sand Hill Rd. Menlo Park, CA

2:30 pm: Doors open, chatting, warm ups/stretching

3:00 - 6:00 pm: Workshop - alternating English & Scottish dances at all levels

6:00 - 7:00 pm: Potluck dinner, bring your favorite dish. Snacks for the workshop also

appreciated. There is no oven but we have access to refrigerators

7:00 - 8:30 pm: Dancing to our English and Scottish favorites

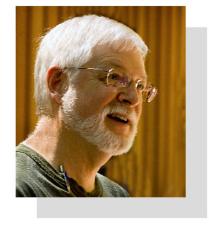
## **Donation: \$15**

Bruce is a very popular and well-respected English country dance leader and teacher with over 45 years' experience. Alan passed both of the Royal Scottish Country Dance Society teaching exams at St. Andrews in the 1980s, and since then he has been teaching regular weekly classes as well as guest instructor at weekend workshops across North America. Both teachers emphasize the joys of these social dance forms. See next page for full bio of both teachers.

Send your requests for both the workshop and party dances to LucySChang@gmail.com. No partners needed. We change partners after each dance. All dancers are welcome; however, basic knowledge of the fundamental of English & Scottish country dancing is beneficial.



Sponsored by the Moveable Feet Club



## Bruce Hamilton

Bruce Hamilton is a well-respected, thoughtful, and energetic teacher of English and Scottish dancing with 45 years' experience. He has launched dance classes, trained teachers, coached performing groups and adjudicated festivals.

A retired research scientist, Bruce is always looking for new ways to understand and present ideas for the dancer. When he presents workshops he weaves many conceptual threads besides dance technique and choreography into his lessons. Musicality, sociability, and physiology are his current favorites. People often say they come away with a different way to experience and think about dance. Occasionally he holds a weekend teacher's class that also draws high praise. He continues to runs a bi-weekly English dance class in the Bay Area. In the recent past he was the president of the Country Dance and Song Society. With invitations to teach at many festivals and dance camps each year, he has taught workshops all around the United States and in the United Kingdom, Canada, Japan and Australia.

Bruce lives in Menlo Park, California with his wife Jo along with the many dogs and cats that her rescue operation happens to have on hand.

## Alon Tuonigs

With Scottish heritage on both sides of his family, Alan developed a love for the traditional music at an early age. His parents danced with the Reel & Strathspey Club that preceded the formation of the San Francisco Branch of the Royal Scottish Country Dance Society and often took him to Highland Games and pipe-band concerts as a child.



Alan himself discovered Scottish Country Dancing as a college student, amongst other dance forms such as ballroom and international folk. The music resonated with some early memories, and the intricate patterns of SCD stood out from the other styles. He soon sought out a weekly class, then two...

Alan passed both of the RSCDS teaching exams at St. Andrews in the 1980s, and has been teaching regular weekly classes at various levels ever since. He has served as a guest instructor at weekend workshops across North America and tutored candidates for teaching exams. He also continues to participate in SCD performances, chiefly with the Red Thistle Dancers. Favourite memories include choreographing and performing a sword dance for the San Francisco Opera as well as teaching and performing in Norway, the Czech Republic, and Russia.

To support his dance hobbies, Alan makes his living as a technical writer/editor in the computer industry. Recent projects include expanding the audience for SCD among the international folk dance and contra dance communities.