

# Come to the English & Scottish Country Dance Workshop and Party

**Sunday, April 19, 2020**

Featuring charismatic,  
fully-accredited RSCDS teachers

**Bruce Hamilton & Alan Twigg**

Dancing to live music with  
Susan Worland Bentley, violin,  
and Lyle Ramshaw, piano

St. Bede's Church  
2650 Sand Hill Rd.  
Menlo Park, CA

- 2:30 pm: Doors open, chatting, warm ups/stretching
- 3:00 - 6:00 pm: Workshop - alternating English & Scottish dances at all levels
- 6:00 - 7:00 pm: Potluck dinner, bring your favorite dish. Snacks for the workshop also appreciated. There is no oven but we have access to refrigerators
- 7:00 - 8:00 pm: Dancing to our English and Scottish favorites

**Donation: \$17**

Bruce is a very popular and well-respected English country dance leader and teacher with more than 45 years' experience. Alan passed both of the Royal Scottish Country Dance Society teaching exams at St. Andrews in the 1980s, and since then he has been teaching regular weekly classes and serving as a guest instructor at weekend workshops across North America. Both teachers emphasize the joys of these social dance forms. See reverse for full bio of both teachers.

No partners needed. We change partners after each dance. All dancers are welcome; however, basic knowledge of the fundamental of English & Scottish country dancing is beneficial.

For more information: Karen at [kbegonia@me.com](mailto:kbegonia@me.com)



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Moveable Feet Club





# Bruce Hamilton

Bruce Hamilton is a well-respected, thoughtful, and energetic teacher of English and Scottish dancing with 45 years' experience. He has launched dance classes, trained teachers, coached performing groups and adjudicated festivals.

A retired research scientist, Bruce is always looking for new ways to understand and present ideas for the dancer. When he presents workshops he weaves many conceptual threads besides dance technique and choreography into his lessons. Musicality, sociability, and physiology are his current favorites. People often say they come away with a different way to experience and think about dance. Occasionally he holds a weekend teachers' class that also draws high praise. He continues to run a bi-weekly English dance class in the Bay Area. In the recent past he was the president of the Country Dance and Song Society. With invitations to teach at many festivals and dance camps each year, he has taught workshops all around the United States and in the United Kingdom, Canada, Japan and Australia.

Bruce lives in Menlo Park, California with his wife, Jo, along with the many dogs and cats that her rescue operation happens to have on hand.

# Alan Twigg

With Scottish heritage on both sides of his family, Alan developed a love for the traditional music at an early age. His parents danced with the Reel & Strathspey Club that preceded the formation of the San Francisco Branch of the Royal Scottish Country Dance Society and often took him to Highland Games and pipe-band concerts as a child.



Alan himself discovered Scottish Country Dancing as a college student, amongst other dance forms such as ballroom and international folk. The music resonated with some early memories, and the intricate patterns of SCD stood out from the other styles. He soon sought out a weekly class, then two...

Alan passed both of the RSCDS teaching exams at St. Andrews in the 1980s, and has been teaching regular weekly classes at various levels ever since. He has served as a guest instructor at weekend workshops across North America and tutored candidates for teaching exams. He also continues to participate in SCD performances, chiefly with the Red Thistle Dancers. Favourite memories include choreographing and performing a sword dance for the San Francisco Opera as well as teaching and performing in Norway, the Czech Republic, and Russia.