

ST. BERNARD WALTZ

This is an Old Time ballroom dance of Scotland and England. It was learned by Charles Reindollar in England during World War II, and introduced to California dancers shortly thereafter.

MUSIC: Records: Folk Dancer 3019; Folkraft 1162; London 432
(Not available); Victor 26-0014 (Not available);
Columbia 10119 (Not available); National 4528.

FORMATION: Couples in closed position, M back to ctr.

STEPS: Step-close, Waltz*, Walk

MUSIC 3/4

PATTERN

Measures

1-4 INTRODUCTION. No action.

I. STEP-CLOSE, STAMP, WALK, WALTZ

1-2 Beginning on ML, WR, dance 2 step-close steps in LOD;
step (ct 1), hold (ct 2), close (ct 3) on each meas.

3-4 Continue in same direction; step ML, WR (ct 1), hold (cts 2,3);
stamp (MR-WL) without transferring wt (ct 1), hold (cts 2,3).
Ft is stamped very close to supporting ft.

5-6 Moving RLOD, reverse ftwork and repeat action of meas 1-2,
but taking no wt on close of meas 6 (ct 3), ending with wt
on MR, WL.

7-8 Walk 2 steps into ctr, M moving bwd starting L, W fwd on R,
using one meas for each step.

9-10 Walk 2 steps away from ctr, M moving fwd starting L,
W bwd on R.

11-12 With leading hands raised (ML, WR), W turn once to R under
raised arms with 2 waltz steps, while M takes 2 waltz steps
in place.

13-16 Resume closed pos and dance 4 waltz steps turning CW and
progressing LOD.

NOTE: Do NOT twirl W on last 2 waltz steps.

Repeat dance from beginning.

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