

SCANDINAVIAN POLKA

(Scandinavia-America)

This is a dance which has been danced by local groups for many years to Scandinavian polka music. It is believed to have been introduced by Scandinavian dancers attending the San Francisco 1939 World's Fair.

MUSIC: Record: Any 8 measure Scandinavian polka. Some available ones are Victor 447-0127 "Hot Clarinet"; National 4512; Harmony 45-16; RCA Victor 25-1059.

FORMATION: A double circle of cpls, M back to ctr of circle, MR and WL hands joined.

STEPS: Three-step turn*, Pivot turn*.

MUSIC 2/4

PATTERN

Measures

- 1-2 Each make a three-step turn LOD (M CCW, W CW). Clap own hands (meas 2, ct 2).
- 3-4 Repeat action of meas 1-2 RLOD (M CW, W CCW).
- 5-6 Starting L, M walk 4 steps fwd LOD. Starting R, W make a three-step turn CW progressing LOD, then take one step L twd ptr to assume shoulder-waist pos.
- 7-8 Starting ML, WR, cpls pivot 4 steps CW progressing slightly LOD. Pivot steps are even and on the beat, ft are kept close to ptr ft and the body should lean away to attain balance and momentum. M finish with back twd ctr of circle to repeat dance from the beginning.

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