

PAIDUSHKO HORO

(Bulgaria-Macedonia)

Paidushko Horo (Pie-DOOSH-koh hoh-ROH) is a dance type found widespread in Bulgaria and Macedonia. Each village has one or more variants of the dance, but the characteristic 5/16 rhythm is common to all. This version, frequently referred to as a "basic Paidushko," was presented to dancers of the Folk Dance Federation of California by Gordon Engler at the Dancers' Institute held in connection with their Statewide Festival in San Francisco, California, in May, 1958.

MUSIC: Record: Xopo X-309A "Paidushko Horo" (Preferred)
Xopo 306 "Paidushkata"; Kime Nanchoff (Delmar) #7
"Paidusko Horo"

FORMATION: Broken circle of dancers facing LOD, hands joined down at sides, with a leader at R end of line. M and W dance in the same circle, but ptrs are not required. Wt is on L ft.

STEPS AND STYLING: The irregular 5/16 meter (2/16 + 3/16) may be counted 1-2, 1-2, etc., with the second beat of the measure accented by holding it a bit longer than the first. The dance pattern consists of ten meas and the musical phrase eight. Leader may select the first beat of any phrase to begin the dance. All steps are done with knees slightly bent. There are no large, showy steps in this simple Paidushko.

MUSIC 5/16

PATTERN

Measures

I. THE DANCE

- 1 Moving fwd in LOD, hop on L (ct 1); step fwd on R, raising L ft slightly in front of R (ct 2).
- 2 Repeat action of meas 1 with opp ftwork (cts 1-2).
- 3-4 Repeat action of meas 1-2.
- 5 Bending very slightly fwd, turn to face ctr and bring R ft around in a low arc to step in front of L (ct 1); step to L on L (ct 2). This is frequently described as a "limping" step.
- 6-7 Repeat ftwork of meas 5 two more times, still moving RLOD.
- 8 Resume erect posture, facing ctr, and hop on L (ct 1); step on R beside L (ct 2).
- 9 Repeat action of meas 8 with opp ftwork.
- 10 Step on R in front of L (ct 1); step back on L, turning to face LOD (ct 2).

NOTE: Dance is easily remembered as 4 hop-steps, 3 step-steps, 2 hop-steps, 1 step-step.

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:
Bernice Schram