

Zot Yerushalayim (Israel)

Zot Yerushalayim (ZOTE yeh-roosh-ah-LIME) is a couple dance which translated means "This is Jerusalem". It was choreographed by Bentsy Tiram, and presented at the 1979 Folk Dance Camp, University of the Pacific, by Ya'akov Eden.

MUSIC: Blue Star 78, Side B, Band 5. Slow to 32 rpm.

FORMATION: Cpls facing LOD with inside hands joined and held a little fwd, about shldr level; outside hands also held at shldr level.

STEPS Walk*, brush, three-step-turn
and Yememite (L), three count: Step on L to L bending knees (ct 1); step on R toe behind or near L straightening knees (ct 2); step on L across in front of R bending knees (ct 3). Yemenite R uses opp ftwk.

STYLING: A soft but firm brush is used several times, giving a distinctive quality to the dance.

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MUSIC 4/4

PATTERN

Meas Cts
4 meas

INTRODUCTION: No action

Steps described for M, W uses opp ftwk.

INTRODUCTION FIGURE

1-2 Touch L heel fwd just ahead of R toe (ct 1); lift L knee with L ft slightly off floor (ct 2). There is a soft bend of R knee on lift.

3-6 Repeat action of cts 1, 2 twice.

7 Touch ball of L firmly beside R without taking wt.

I. YEMENITE, WALK AND LUNGE

While beginning Yemenite step, turn to face ptr and join both hands.

1-6 Beg L, dance two Yemenite steps (L, R).

7 Brush L heel firmly on the floor and turn to face LOD.

8-10 Release hands. Beg L, take three walking steps diag away from ptr (L,R,L). On the third step lunge with L knee bent, R leg straight; M body faces twd ctr, W faces out; arms are extended at chest level, elbows straight and palms of hands pushing outward strongly (as if pushing against a wall), fingers extended up.

11 Hold lunge pos.

12-14 Beg R, dance a three-step turn CW (RLR), returning to orig place facing ptr. Rejoin inside hands.

15-16 Brush L heel softly on floor and open to LOD.

II. AWAY-TOGETHER, CROSS OVER

1 1-2 Step sdwd on L extending free arm sdwd at chest level; look at extended arm (ct 1); look at ptr and step on R in place (ct 2).

3 Step on L across in front of R touching L palm of hand with ptr R palm.

4 Step on R in place.

- 2 1-2 Repeat action of meas 1, cts 1-2 (Fig II).
- 3 Keeping inside hands joined, raise hands to form an arch as M steps on L across in front of R, passing behind W as W passes, with back to M, across in front of M. Release joined arched hands after completing the cross-over. Look at ptr thru arch.
- 4 Join new inside hands and brush R heel fwd softly on floor.
- 3-4 5-8 Repeat action of meas 1-2 (Fig II), reversing ftwk, hand hold, and direction.

III. CROSS BEHIND, YEMENITE, AND ROCK

- 1 1-2 Beg L, move fwd in LOD with two walking steps (L,R).
- 3 Step on L to L while turning inward to face ptr. Join both hands.
- 4 Step on R across behind L.
- 2 1-3 Dance one Yemenite L.
- 4 Brush R heel on floor while turning 1/4 CW to face RLOD. Lift joined M R hand and W L hand high above head to form an arch. Inside hands remain joined down and close to body.
- 3 1-2 Beg R, move fwd with two walking steps in RLOD (R,L).
- 3 Keeping hands arched high, take one small step fwd on R; both knees bend easily.
- 4 Step in place on L toe, both knees straighten. Body and arms remain up. Gaze is twd ptr.
- 4 1-2 Repeat action of meas 3, ct 3-4 (Fig III). Bend body fwd on repeated action. As body bends fwd, arched arms move fwd with body.
Note: The action of meas 3 is like a "buzz" step danced in place. All action is very soft.
- 3 Step on R in place.
- 4 Brush L on floor while making a pivotal turn 1/2 CW to face LOD. Remain close to ptr while making the turn.

Repeat the dance from the beginning: the Introduction Fig. now has only 5 cts; begin with ct 3 as notated (two soft heel touches).