LET'S DANCE SEPTEMBER 1975

YEVARECHECHA

(Israel-Chassidic)

Yevarechecha (YEH-vah-reh-heh-HAH) is translated "May You be Blessed". It was presented by Shlomo Bachar at the University of the Pacific Folk Dance Camp in the summer of 1974. The choreography is by Giora Kadmon and the music by D. Weinbranz.

MUSIC:

I Remember, Hadarim IV. Side A, Band 2.

Step bkwd on R, L, R, L (ct 1-4).

Repeat action of meas 1-8 (Part II).

FORMATION:

Single circle, facing ctr.

8

9-16

STEPS AND STYLING:		Walk*, Grapevine* Steps are light and quick with joyous chassidic abandon.
MUSIC 4/4		PATTERN
Measures		
2		INTRODUCTION
	I	- GRAPEVINE
1		Hands joined and down. Small leap R to R (ct 1); step L across in front of R (ct 2); step R to R (ct 3); step L behind R (ct 4).
2		Step R twd ctr of circle (ct 1). Step twd ctr of circle on L bending knees and pushing slightly fwd with hips, simultaneously bending arms and lifting hands to head level (ct 2). Step back on R, then L, lowering hands (ct 3, 4).
3-8		Repeat action of meas 1-2 three more times.
	II	- KNEE LIFT AND BOUNCE
1		Hands on neighbor's shoulders. Step R to R (ct 1); step L behind R (ct 2); step R to R (ct 3). Lean to R while lifting L ft to L side about 12 inches from floor. The knee is straight but not rigid and there is a very small push through the L heel (ct 4).
2		Repeat action of meas 1 (Part II) moving to the L. Reverse step exactly.
3		Step R across L, lifting L ft slightly (ct 1); step down on L (ct 2); step R to R (ct 3) step L across R, lifting R ft slightly (ct 4).
4		Step down on R (ct 1); step L to L (ct 2); step R across L, lifting L ft slightly (ct 3) step down on L (ct 4).
5		Step R to R bending L knee and bringing L leg fwd with bent knee, almost to hip height (ct 1). Bounce gently 3 times on R ft brushing ball of L ft CCW on floor in front of R (ct $2-4$).
6		Repeat action of meas 5 (Part II) moving to L. Reverse ftwk exactly.
7		Fall fwd twd ctr onto R bending body fwd (ct 1). Step fwd on L bending R knee and lifting R leg fwd to almost hip height (ct 2). Bounce twice on L ft with R leg remaining lifted (ct 3, 4).