

# WALCZYK LUBELSKI

(Poland)

Walczyk lubelski (VAHL-chik too-BEHL-skee) translated means Lublin Waltz. It is a couple dance done all over the Lublin region of eastern Poland to different melodies and arrangements. This version comes from the area of Osmolice. Walczyk is derived from a mazur rhythm. When, in the XIX century, the fashion for dancing the waltz came from western Europe to the Polish villages, the peasants started to dance the mazur in a slower tempo. Walczyk lubelski has two hand holds not typical of Polish folk dancing (see meas 13, Fig II and meas 24, Fig III) which probably have their origin in some old forms of the chodzony (walking dance). Walczyk is the most lyrical, romantic, and melancholic of the Lublin dances. The melody, the lyrics, and the way it is danced all convey the tenderness of young people in love and a little of the bride's sadness about leaving the life of her maidenhood. The dance was usually done at the end of the wedding celebrations when guests were nearly exhausted after dancing to their heart's content. It was accompanied by singing or humming. The tune is composed of 16 meas with a repeat of the last 8 meas (24 meas altogether). This dance was introduced at the 1976 University of the Pacific Folk Dance Camp, by Ada and Jaś Dziewanowski, who learned it in Poland from Ryszard Kwiatkowski, noted Polish folk dance authority.

MUSIC: Record: "Tańce ludowe z Polski" (Folk Dances from Poland). RPC ZM-40591, Side A, Band 1.

FORMATION: Circle of couples, all hands joined shldr level, W to R of M, all facing LOD.

STEPS and STYLING: Biłgoraj (bee-oo-GOH-righ) step: Step fwd with R ft, bending knees deeply, straighten knees slowly, gradually extending L ft fwd, toe down knee straight, and about 3" above floor, wt bearing ft flat on floor, (cts 1-3). For repeat use reverse ftwk.  
Waltz step: Step is done on full ft. Step on R ft with slightly bent knee (ct 1); small step on L ft (ct 2); small step with R ft near L ft (ct 3).

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## MUSIC 3/4

## PATTERN

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### Measures

4 meas INTRODUCTION No action.

### I. CIRCLE

1-7 Beg R ft all dance 7 Biłgoraj steps in LOD.

8 With 1 Biłgoraj step turn 1/2 CCW, pivoting on L ft to face RLOD. The R leg stays extended during pivot.

9-15 Repeat action of meas 1-7 in RLOD.

16 M turn 1/2 CW stepping L, R (no wt) while W steps L, R in place. Ptrs assume shldr-waist pos, arms relaxed, M hands at side of W waist.

17-23 Beg M R ft fwd, W L ft bkwd, dance 7 waltz steps in LOD turning 1/2 CW with each Waltz step.

24 Both turn to face ctr: M turn 1/4 CW with 2 steps (L, R); W turn 1/4 CCW with 1 Waltz step (RLR) to finish with W in front of M and holding skirt out to side. M place hands on ptr's waist.

II. "SZUFLADKI" (shoo-FLAHT-kee) (meaning "The Drawers")

- 1 Beg L ft both move sdwd L; step on R beside L; hold.
- 2 Step sdwd L on L; touch R beside L; hold, W turn head to R to look at ptr.
- 3 Repeat action of meas 1 (Fig II) with opp ftwk and opp direction.
- 4 M step R, releasing ptr (ct 1); step on L beside R (ct 2); hold (ct 3). W turn 1/2 CCW to face ptr stepping R, L (cts 1-2) to finish about 2 ft apart both arms extended fwd, M palms up, W palms down finger tips on M finger tips (ct 3).
- 5 Beg R ft dance 1 Waltz step twd ptr sliding arms fwd as far as ptrs shldrs (called "Szufiadki".)
- 6 Repeat action of meas 5 (Fig II) with opp ftwk and direction until finger tips touch again.
- 7 Repeat action of meas 5 (Fig II).
- 8 M step L, R, hold. W repeat meas 6 (Fig II). Join both hands straight across with ptr.
- 9 Ptrs move sdwd to ML (RLOD) with one step together (no wt); hold. Gently swing arms at waist level in the direction of movement.
- 10 Repeat action of meas 9 (Fig II) with opp ftwk and direction.
- 11-12 Repeat action of meas 9-10 (Fig II), on meas 12 M take wt on L ft (ct 2); hold (ct 3).
- 13-15 Release hands; M place hands on own hips fingers fwd, W place R hand on M R shldr, arm extended and L hand holding skirt to side. Beginning R ft, both dance three Waltz steps CW one full turn around each other.
- 16 Dance on Waltz step into "Szufiadki" pos.
- 17-20 Repeat action of meas 5-8 (Fig II), except on meas 20, M dance one Waltz step and ptrs do not join hands.
- 21-23 Repeat action of meas 13-15 (Fig II).
- 24 Release ptr; with one Waltz step W join hands shldr high to form a circle; M place L hand on ptrs L wrist and R hand on own hip; all face LOD.

III. COGWHEEL

- 1-16 Repeat action of Fig I, meas 1-16, in formation of Fig II, meas 24. On meas 8, M with 1/2 turn CCW place R hand on ptrs L wrist and L hand on own hip.
- 17-23 Repeat action of Fig I, meas 17-23.
- 24 M dance one Waltz step in place facing RLOD. W take two steps (R, L) to turn 1/2 CW to stand to R of ptr facing RLOD. Both join R hands, arms extended fwd, M palm facing away from center of circle and W R hand resting lightly on top, palm down. M place L hand on own L hip. W place L hand on ptrs R shldr, elbow bent and lay L side of head on her L hand ("sleepy" pos).

IV. "SLEEPY" FIGURE

- 1-8 Beg R in "Sleepy" pos all dance eight Bilgoraj steps in RLOD.
- 9 M (as if to awaken ptr) walk 3 steps (R, L, R) around and in front of ptr to end at her R side; turn 1/2 CW to end facing RLOD. W stand in place, raise head and take hold of skirt with L hands.
- 10 Both stamp in place L, R(cts 1, 2) ending with wt on both ft; hold (ct 3).
- 11 M stand in place. W repeat M action of meas 9 (Fig IV).
- 12 Repeat action of meas 10 (Fig IV).
- 13-16 Resume "Sleepy" pos and beginning R both dance four Bilgoraj steps in RLOD.
- 17 M stand in place. W repeat action of meas 11 (Fig IV) with same ftwk but opp direction.
- 18 Repeat action of meas 10 (Fig IV).
- 19 M repeat action meas 9 (Fig IV) with opp ftwk and opp direction. W stand in place.
- 20 Both stamp in place M (R,L), W (L, R) (Cts 1, 2); hold (ct 3).
- 21 Take shoulder-waist pos, arms relaxed, M facing ctr, W facing ptr and beg M R, W L, with one Waltz step make 3/4 CW turn, moving in LOD.
- 22-24 With three Waltz steps dance three 1/2 CW turns, moving in LOD.