

Walczyk Lubelski (Poland)

Walczyk Lubelski (VAHL-chik loo-BEL-skee), translated means "Lublin Waltz." It is a couple dance in 3/4 meter danced throughout the Lublin region of eastern Poland to several melodies and arrangements. One variation of this waltz was described in Let's Dance in July/August 1977. That variation was presented by Ada and Jas Dziwanowski at the 1976 University of the Pacific at Stockton, California.

The dance described below was presented by Jacek and Bozena Marek at the University of the Pacific Folk Dance Camp at Stockton, California in 1986 and again in 1991.

RECORD: Dances of Poland Presented by Jacek and Bozena Marek. Side B/1 3/4 meter

FORMATION: Cpls in a circle around the room, ptrs facing. M with back to ctr.

STEPS and Bow: M nod head slightly; W, keeping knees together, bend knees slightly.
STYLING:

MUSIC 3/4 meter PATTERN

Measures

INTRODUCTION

- 1-2 No action
- 3 Beg MR, WL turn 1/4 in place with 3 steps, M CCW, W CW to end both facing LOD (CCW), W to R of M. M raise R arm smoothly fwd, shldr level, slightly rounded. W put R hand on M R hand, L hand on M R shldr. M L hand on hip.
- 4 Both move slightly bkwd (M L,R,L; W R,L,hold).

I. STEP-SWING IN LOD; WOMAN DANCE ACROSS

- 1 Cpls moving in LOD, step on R ft diag fwd to R (ct 1); swing L ft in front of R with L knee bent and toe down (cts 2-3).
- 2 Repeat meas 1 with opp ftwk, moving diag fwd to L in LOD.
- 3 Repeat meas 1.
- 4 M: Beg L dance 3 steps to move into ptrs place.
W: Beg L dance 3 steps across in front of M, turning once CCW to end on M L side. On ct 3, change to L hands joined at shldr level and held fwd.
W R hand on M L shldr.
- 5-7 Repeat meas 1-3.
- 8 M: Beg L, dance 3 steps in place turning 1/4 CCW to end facing ctr.
W: Beg L, dance 3 steps across in front of M, turning 3/4 CW to end on M R side facing ctr.
All join hands in "W" pos in one large circle, facing R of ctr.

II. STEP-SWING IN LOD AND RLOD

- 1 Both step on R ft in LOD (ct 1); swing L ft in front of R, bending L knee slightly (cts 2-3).
- 2 Repeat meas 1 with opp ftwk, still moving in LOD.
- 3 Repeat meas 1.
- 4 Step on L (ct 1); while swinging R, turn 1/4 CCW on ball of L to end facing L of ctr.
- 5-7 Repeat meas 1-3 but moving RLOD.
- 8 M: Beg L, dance 3 steps backing up slightly to face ctr.
W: Beg L, dance 3 steps sdwd to end in front of, and slightly to R of ptr, facing ctr.
M put hands on W hips; W hold skirt.

III. STEP-CLOSE TO RIGHT AND LEFT, PARTNERS CIRCLE ONE-HALF

- 1 Both step on R to R side (ct 1); close L to R, taking wt (ct 2); hold, looking at each other over W L shldr (ct 3).
- 2 Both step on R to R side, M taking longer steps to end at R side of W (ct 1); close L to R, no wt (ct 2); hold, looking at each other over W R shldr (ct 3).
- 3 Continuing to look at each other over W R shldr, both step on L to L side (ct 1); close R to L, M taking wt on R, W no wt on R (ct 2); hold (ct 3)..
- 4 M: Beg L, dance 3 steps bkwd twd outside of circle. M release hands from W hips ct 1.
W: Beg R, turn 1/2 CW with 2 steps (cts 1,2); hold (ct 3).
End facing ptr, W back to ctr.
- 5 Beg R, dance 3 short steps twd ptr, joining hands and extending arms out to sides at shldr level.
- 6 Beg L, dance 3 steps away from ptr, hands still joined with arms rounded at shldr level.
- 7 Beg R, with 3 steps dance 1/2 circle CW, hands still joined. End with M back to ctr and W facing ctr.
- 8 Release M L hand and W R hand. Beg L, dance 3 small steps bkwd in RLQD and end as in the pos of Fig 1.

DANCE SEQUENCE: Dance pattern as written 3 times. At end of last repeat (Fig III, meas 8), do not back up, but keep hands joined and Bow to ptr.