Vulpita
(Romania)

Vulpita (voo-PEE-tsah) meaning "The Little Fox," comes from the Oltenia region of Romania. Sunni Bloiland learned it from a colleague, Marius Korpel of Schiedam, Holland who is a leading researcher and teacher of Romanian dance. Sunni presented Vulpita at the International Folkdance Seminars, Stanford University, February 1975.

RECORD: Romanian Folk Dances, Nevafoon 15005 Side A/7. Slow record slightly. 2/4 meter.

FORMATION: Closed circle of M and W, facing ctr. Hands joined and held down ("V" pos).

STEPS and STYLING:
Step-hop: Step on indicated ft (ct 1); hop on same ft, free ft raised beside supporting ankle (ct 2).

Steps are fast, light and staccato.

MUSIC 2/4

Patterns

16 meas INTRODUCTION No action.

I. TOWARD CENTER AND BACK; SIDEWARD RIGHT
1   Step-hop on L twd ctr (cts 1,2).
2   Step-hop bkwd on R (cts 1,2).
3*  Moving fwd twd ctr, step on L (ct 1); step on R beside L (ct 2).
4*  Step-hop fwd on L (cts 1,2).
5   Step-hop diag bkwd R on R (cts 1,2).
6   Step-hop sdwd L on L (cts 1,2).

Note: Arms swing easily fwd and bkwd, meas 1-6.

7   Moving sdwd in LOD, step R on R (ct 1); step on L behind R (ct 2).
8   Step-hop sdwd R on R (cts 1,2).

Note: Hands do not move, but are held down and slightly fwd, elbows straight, meas 7-8.

II. RLOD; LOD
1-2  Facing and moving RLOD, step-hop fwd L, R (cts 1,2; 1,2).
3   Face ctr, step sdwd L on L (ct 1); step on R beside L with emphasis (ct 2).
4-5  Repeat meas 3, two times.
6*  Step-hop sdwd L on L (cts 1,2). Turn to face LOD at end.
7   Moving in LOD, step-hop on R (cts 1,2).
8   Continuing in LOD, step fwd on L (ct 1); small leap onto R (ct 2).
III. GRAPEVINE

1-2  Facing ctr and moving sdwd in LOD, dance 1 grapevine step:
Step on L across in front of R, R to R side, L across in back of R, R to R side (cts 1,2; 1,2).

3  Continuing in LOD, step on L across in front of R (ct 1); step sdwd R on R (ct 2).

4  Step on L across in front of R (ct 1); hop on L, arcing R ft around in front of L (ct 2).

5-8  Repeat meas 1-4 with opp ftwk and direction.

IV. FACING OUT: TRAVEL IN LOD

1  Step-hop on L twd ctr (cts 1,2).

2  Step-hop on R twd ctr (cts 1,2). On hop, release hands and turn 1/2 CCW to face out of circle.

3  Rejoin hands and move away from ctr with 2 small steps, L,R (cts 1,2).

4  Step-hop fwd on L (cts 1,2).

5  With back to ctr of circle move in LOD: Step on R across in front of L (ct 1); step sdwd L on L (ct 2).

6-7  Repeat meas 5 twice.

8  Step on R across in front of L (ct 1); hop on R, releasing hands and turning 1/2 CCW to face ctr (ct 2).

Rejoin hands to begin dance again.