

## Vulpița

(Romania)

Vulpita (vool-PEE-tsah) meaning "The Little Fox," comes from the Oltenia region of Romania. Sunni Bioland learned it from a colleague, Marius Korpel of Schiedam, Holland who is a leading researcher and teacher of Romanian dance. Sunni presented Vulpița at the International Folkdance Seminars, Stanford University, February 1975.

RECORD: Romanian Folk Dances, Nevafoon 15005 Side A/7. Slow record slightly. 2/4 meter.

14 FORMATION: Closed circle of M and W, facing ctr. Hands joined and held down ("V" pos).

STEPS and STYLING: Step-hop: Step on indicated ft (ct 1); hop on same ft, free ft raised beside supporting ankle (ct 2).

Steps are fast, light and staccato.

MUSIC 2/4

PATTERN

Measures

16 meas INTRODUCTION No action.

I. TOWARD CENTER AND BACK; SIDEWARD RIGHT

1 Step-hop on L twd ctr (cts 1,2).

2 Step-hop bkwd on R (cts 1,2).

~~3 Moving fwd twd ctr, step on L (ct 1); step on R beside L (ct 2).~~

4 Step-hop fwd on L (cts 1,2).

5 Step-hop diag bkwd R on R (cts 1,2).

6 Step-hop sdwd L on L (cts 1,2).

Note: Arms swing easily fwd and bkwd, meas 1-6.

7 Moving sdwd in LOD, step R on R (ct 1); step on L behind R (ct 2).

8 Step-hop sdwd R on R (cts 1,2).

Note: Hands do not move, but are held down and slightly fwd, elbows straight, meas 7-8.

II. RLOD; LOD

1-2 Facing and moving RLOD, step-hop fwd L, R (cts 1,2; 1,2).

3 Face ctr, step sdwd L on L (ct 1); step on R beside L with emphasis (ct 2).

4-5 Repeat meas 3, two times.

6 Step-hop sdwd L on L (cts 1,2). Turn to face LOD at end.

7 Moving in LOD, step-hop on R (cts 1,2).

8 Continuing in LOD, step fwd on L (ct 1); small leap onto R (ct 2).

III. GRAPEVINE

- 1-2 Facing ctr and moving sdwd in LOD, dance 1 grapevine step:  
Step on L across in front of R, R to R side, L across in back of R, R to R side (cts 1,2;  
1,2).
- 3 Continuing in LOD, step on L across in front of R (ct 1); step sdwd R on R (ct 2).
- 4 Step on L across in front of R (ct 1); hop on L, arcing R ft around in front of L (ct 2).
- 5-8 Repeat meas 1-4 with opp ftwk and direction.

IV. FACING OUT: TRAVEL IN LOD

- 1 Step-hop on L twd ctr (cts 1,2).
- 2 Step-hop on R twd ctr (cts 1,2). On hop, release hands and turn 1/2 CCW to face out of circle.
- 3 Rejoin hands and move away from ctr with 2 small steps, L,R (cts 1,2).
- 4 Step-hop fwd on L (cts 1,2).
- 5 With back to ctr of circle move in LOD: Step on R across in front of L (ct 1); step sdwd L on L (ct 2).
- 6-7 Repeat meas 5 twice.
- 8 Step on R across in front of L (ct 1); hop on R, releasing hands and turning 1/2 CCW to face ctr (ct 2).  
Rejoin hands to begin dance again.