Věnec
(Czech Republic)

Věnec (vee-YEN-ets) is a couple dance from the Horácko region of western Moravia and adjacent Bohemia. It can also be done as a women's dance. The name means "wreath." The dance is a combination of mazurka and polka motifs. A similar version of this dance was taught by František Bonoš at the 1979 University of the Pacific Folk Dance Camp. This version was presented by Radek Rejšek and Eva Rejšková at the 2000 University of the Pacific Folk Dance Camp.

Cassette: Dances from the Czech Republic, Stockton Folk Dance Camp 2000, Side A/7.
3/4, 2/4 meter

Formation: Cpls in a single circle facing ctr, W on M's R side; hands held down (V-pos).

Steps and Styling:

Mazurka step (3/4): step fwd on L with accent, bending body slightly fwd (ct 1), step on R behind L, straightening body (ct 2), hop on R bringing L ft up in front (ct 3). This step can also be done beginning on R. In this dance it is also done sideways.

Polka step (2/4): step fwd on L (ct 1), close R ft to L (ct &), step fwd on L (ct 2), hop (bounce) on L (ct &). Repeat with opp ftwk. This step can also begin on R. Note that this polka has the hop on the last 1/8 note of the meas instead on the last 1/16 note of the preceding meas.

*Described in the "General Glossary" of Steps & Styling (rev. 1996), published by the Folk Dance Federation of CA, Inc.

<table>
<thead>
<tr>
<th>Measures</th>
<th>3/4, 2/4 meter</th>
<th>PATTERN</th>
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</thead>
<tbody>
<tr>
<td>3/4</td>
<td></td>
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<tr>
<td>5 meas</td>
<td>INTRODUCTION Meas 1-3: no action. Meas 4-5: release hand hold and turn 1/4 to face ptr (M facing LOD).</td>
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<tr>
<td>I. GRAND RIGHT AND LEFT WITH ELBOW TURN</td>
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<tr>
<td>1-4</td>
<td>Dance Grand R &amp; L starting with R ft and R hand to ptr, 1 meas (3 steps) per person and dip slightly on ct 1 of each meas. Look at each person as you pass them. Free hand makes broad arc up and fwd.</td>
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<tr>
<td>5-7</td>
<td>Join 5th person with R elbow hold (L hand on hip or free at side) turn as a cpl for 3 meas (9 steps both starting with R); free hands can be held out to side, down, or on hips. Turn 1 1/2 times CW to end facing opp direction in large circle (M facing RLOD).</td>
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<tr>
<td>8</td>
<td>Release elbow hold and back away from ptr with 3 steps (L,R,L); no wt on last step.</td>
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9-16重复措施1-8的方向，都从左脚开始。左肘握持和转身（措施13-15）是与原始指示的。在措施16做一步挨近（R,L）来保持右脚自由，打开出来形成圈子（W在M的R），然后双手在V-位置。

II. MAZURKAS AND WALKS

1-2 面向右方的中央，2支Mazurka步sdwds在LOD开始，从右脚开始。

3-4 仍然面向右方的中央，走6步 LOD小步（从R开始），在每个措施上加重步伐1。

5-7 重复措施1-3。

8 步在L停位置（ct1）；靠近R到L，重点关注（ct2）；保持，将体重移到R（ct3）。

9-15 重复措施1-7在RLOD开始，从L脚。

16 步在R停位置（ct1）；关闭L到R，同时释放双手并转身面对指示器（M面向LOD）（ct2）；保持（ct3）。

III. GRAND RIGHT AND LEFT WITH ELBOW TURN

1-16 重复图1，但在措施16情况下，没有转向面对中央，W面向LOD，M向前站在W旁边。加入在游行位置（M的R胳膊在W的L），但手臂保持直，握下，R的胳膊靠近L。在措施16结束，M把体重放在R脚和W的L。

IV. MAZURKAS AND WALKS

1-7 重复图II，措施1-7但保持在游行位置（M从L开始，W从R开始），并移动前在LOD。手臂向前移动一小步，在ct1和ct3之间。

8 转向彼此面对RLOD，M向前（ct1）；靠近L到R，重点关注（ct2）；保持（ct3）。W使用相反的手势。

9-16 重复措施1-8在RLOD中并使用相反的手势（M从R，W从L）。在单一的圈子里，指示器并列。M面向LOD。手臂保持并交叉（R臂在上）。

V. POLKA AND TURNS

1-2 跳2支Polka步在LOD，M朝前行（从L开始）和W朝后行（从R开始）。

3-4 用4步一跳（M从L，W从R），M转W一次，她的R在举起的并拢的胳膊下。L的胳膊在上，在结束时。

Let's Dance. May/June 2001
5-8  Repeat meas 1-4, except that on meas 7-8, M turn W to her L, ending with R arms on top.

9-10 Repeat meas 1-2, except M back up and W go fwd.

11-12 Repeat meas 3-4, except W turn M once around to his R (L arms now on top).

13-16 Repeat meas 9-12, except W now turn M once around to his L (meas 15-16), and on meas 16 drop hand hold, and M omit final Step-Hop just touching R next to L.

VI. ELBOW TURNS

1-2  Ptrs hook R elbows, and both starting on R ft, dance 2 Polka steps turning CW; W free hands are on hips or held straight out. M free hand held high or behind back.

3-4  Continue CW turn with 4 Step-Hops.

5-7  Repeat meas 1-3.

8  Release elbow hold, step R (ct 1); close L to R with a stamp, M clap with vertical motion of arms (ct 2).

9-15  Repeat meas 1-7 with L elbow hold and opp ftwk.

16  Repeat meas 8 with opp ftwk. At the end, open out into single circle (W on M's R), hands held in V-pos.

VII. FINALE

1-7  Dance 14 Slide-Close steps sdwd in LOD (with emphasis on R step).

8  Dance 1 more Slide-Close step (cts 1, &); step to R on R (ct 2), close L to R with emphasis and no wt (ct &).

9-12 Dance 8 Slide-Close steps sdwd in RLOD.

13-16 Facing ctr, jump with ft apart 8 times (twice each meas), bringing bent legs up behind on each jump.

(9-16) Optional ending: Designated leader drop L hand hold and curl line CW twd ctr using the same ftwk.