VARSOUVIENNE QUADRILLE

(American)

A medley of varsouviene steps as found in the great southwest by Frank Kaltman of New Jersey and arranged in this special sequence to fit the record listed below.

MUSIC: Record: Folkcraft—F 1034-A “Put Your Little Foot.”

FORMATION: Couples in varsouviene position facing counterclockwise in small circle of four or five couples around the hall.

NOTE: This dance may also be done in one large circle if desired.

STEPS:


¢ Varsouviene Step - Long Phrase: The first step of the movement is taken on ct. 3 of the last measure of the introductory music:

NOTE: On the above action couples travel diagonally L along floor.
This step may also be done beginning R and travelling diagonally R along floor or it can be done moving forward, backward, or turning.

¢ Varsouviene Step - Short Phrase:
Same as last two measures of Long Phrase—“Glide, Step, Turn and Point.”

NOTE: Short Phrase may be done beginning either on R or L moving forward, backward, or turning.

Important: When making pivot in varsouviene position on either long or short phrase, M maneuvers W from his R side to his L and vice versa.

<table>
<thead>
<tr>
<th>MUSIC 3/4</th>
<th>PATTERN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measures</td>
<td>Illustrations by Annemarie J. Steinbiss</td>
</tr>
</tbody>
</table>

A. 1-4
I. To Center and Out
Beginning L, move diagonally L toward center of circle with one long phrase.
5-8
Beginning R, move diagonally R toward rim of circle with one long phrase.

B. 9-10
Beginning L, move toward center of circle with one short phrase.
11-12
Beginning R, move toward rim of circle with one short phrase.
13-16
Repeat action of measures 9-12.

NOTE: On all of Fig. 1 couples progress slightly forward counterclockwise.

II. Ladies’ Star
A. 1-2
Beginning L, couples progress ffd. along rim of circle on first two measures of long phrase.
3-4
M releases W R hand retaining L hand hold, and while M moves forward along rim of circle, W moves forward counterclockwise, crossing in front of M, into center of circle to form R hand star on last 2 meas. of long phrase.
5-6
Beginning R, and keeping L hands joined, repeat first 2 meas. of long phrase with L retaining star formation, M moving along rim of circle.
7-8
W drops R hand and moves counterclockwise under joined L hand back to original position on M R, again joining R hands to assume varsouviene position, while M beginning R moves continuously along rim of circle on long phrase.
### VARSOUVRIENNE QUADRILLE (Continued)

<table>
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<tr>
<td>B. 9-10</td>
<td>M and W drop hands again and beginning L, W moves to form center star momentarily on one short phrase.</td>
<td><img src="image1" alt="Illustration" /></td>
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<tr>
<td>11-12</td>
<td>Beginning R, W break R hand star and returns again to original position on M R while M continues to move along rim on one short phrase.</td>
<td><img src="image2" alt="Illustration" /></td>
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<tr>
<td>13-16</td>
<td>Repeat action of meas. 9-12 (Fig. II), ending in varsouvrienne position.</td>
<td><img src="image3" alt="Illustration" /></td>
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<tr>
<td>III. Single Circle</td>
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<tr>
<td>A. 1-2</td>
<td>Beginning L, couples move forward along rim of circle on first two meas. of long phrase.</td>
<td><img src="image4" alt="Illustration" /></td>
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<tr>
<td>3-4</td>
<td>M release W L hand and she moves fwd. making one half turn clockwise to face M in single circle formation keeping R hands joined on last two meas. of long phrase.</td>
<td><img src="image5" alt="Illustration" /></td>
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<tr>
<td>5-6</td>
<td>Beginning R, couples move counterclockwise along rim of circle, M fwd, W bwd, while taking action of first 2 meas. of long phrase keeping R hands joined.</td>
<td><img src="image6" alt="Illustration" /></td>
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<tr>
<td>7-8</td>
<td>W makes one-half turn counterclockwise, backing into original position at R of M, again assuming varsouvrienne position on last two meas. of long phrase. M takes action of last 2 meas. of long phrase in place.</td>
<td><img src="image7" alt="Illustration" /></td>
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<tr>
<td>B. 9-10</td>
<td>Beginning L, W moves to single circle formation on one short phrase while M takes action of one short phrase in place.</td>
<td><img src="image8" alt="Illustration" /></td>
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<tr>
<td>11-12</td>
<td>Beginning R, W returns to original varsouvrienne position on M R on one short phrase, while M takes action of one short phrase in place.</td>
<td><img src="image9" alt="Illustration" /></td>
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<tr>
<td>13-16</td>
<td>Repeat action of meas. 9-12, Fig. III.</td>
<td><img src="image10" alt="Illustration" /></td>
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<tr>
<td>IV. Couples Walk and Turn</td>
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<tr>
<td>A. 1-2</td>
<td>Beginning L, couples move fwd. counterclockwise on rim of circle on first 2 meas. of long phrase.</td>
<td><img src="image11" alt="Illustration" /></td>
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<tr>
<td>3-4</td>
<td>Couples make one complete turn clockwise with 5 walking steps, L, R, L, R, L, then lift R foot across L instep. M maneuvers W from his R side to his L on this turn.</td>
<td><img src="image12" alt="Illustration" /></td>
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<tr>
<td>5-8</td>
<td>Repeat action of Fig. IV, meas. 1-4, beginning R and turning counterclockwise on the walking steps and end by lifting the L ft. across the R instep. M maneuvers W from his L side to his R side on this turn.</td>
<td><img src="image13" alt="Illustration" /></td>
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<tr>
<td>B. 9-16</td>
<td>Couples repeat action of Fig IV, meas. 3-4, 4 times beginning L, R, L, R, and turning R, L, R, L, respectively.</td>
<td><img src="image14" alt="Illustration" /></td>
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<tr>
<td><strong>Note:</strong> Each time couples make R turn, M maneuvers W from his R side to his L. On L turn, M maneuvers W from his L side back to his R. Throughout all of Fig. IV couples retain varsouvrienne position and finish each turn facing counterclockwise.</td>
<td><img src="image15" alt="Illustration" /></td>
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A. 1-4  
**V. Mazurka and Waltz**
- Beginning L, couples move to center of circle on one long phrase using a modified mazurka on the lift and glide step, accenting the first step (ct. 1), being careful not to stamp. Finish phrase pointing R foot to outside with all backs towards center.
- Beginning R, couples move out of rim of circle on one long phrase using modified mazurka.
- **Note:** Instead of pointing foot at end of phrase, M turns W L to face him by raising her R hand over her head, his back toward center of circle.

B. 9-10  
- In closed position, M takes one waltz balance backward on L, W fwd. on R.
- M takes one waltz balance fwd. on R, W backward on L.

11-14  
- Couples, still in closed position, M beginning L, W R, take four waltz steps turning clockwise and progressing counterclockwise around circle.
- M release W. Beginning L, both make a 3 step turn L, M moving toward center, W toward outside, separating to form double circle, ending about 3 or 4 feet apart with M back to center, W facing center.
- Take Spanish pose: W step on R (ct. 1), L arm going into high arc, R arm curved in low arc.
- Point L toe diagonally to L side (ct. 2), hold (ct. 3), M steps on R placing back of hands over hip pockets (ct. 1), points L toe diagonally to L side (ct. 2), hold (ct. 3).

VI. Spanish Turn and Pose

A. 1-2  
- M and W travel to own L on rim of respective circles on first 2 meas. of long phrase.
- Both turn once counterclockwise in place on last 2 meas. of long phrase ending by pointing R toe toward each other and snapping fingers twice on cts. 2 and 3 of meas. 4.
- **Note:** M keeps hands over hip pockets throughout. W reverses hand position on turn ending with R hand high and L hand low.

3-4  
- Beginning R, M and W repeat action of Fig. VI, meas. 1-4, moving R on rim of their respective circles back to position opposite each other.

5-8  
- M and W repeat action of Fig. VI, meas. 3 and 4, 4 times beginning L, R, L, R, and turning L, R, L, R, respectively. On last R turn (meas. 16) couples move toward each other to end in varsouvienne position facing counterclockwise.

B. 9-16  
- Couples repeat action of Fig. I, meas. 1-14.
- **Note:** Each time couples move outside of circle they increase length of steps in order to enlarge circle somewhat.

15  
- M makes one-half turn to L to face center of circle, at the same time M turns W to L by raising her R hand over her head, dropping her L hand and placing her in center facing him.

16  
- M ends in deep bow, while W curtseys low on floor.

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LET'S DANCE!