

TROIKA (RUSSIAN)

Troika is translated from the Russian as meaning "Three Horses." Introduced to the Federation by Madelynne Greene.

MUSIC: Record: Kismet A104
Piano: Dance direction sheets put out by Michael Herman Group.

FORMATION: In a large circle, facing counter clockwise. Sets of three--one man with a lady on either side. Inside hands joined at shoulder height. Outside hands extended outward at shoulder height.

STEPS: *Leap *Run

*Description to be found in Introduction

THE DANCE

DANCE	DESCRIPTION	CHECK LIST
A.		
Measure	I. <u>Leap-run forward</u>	I. Leap-run forward
1	Starting with R foot, take 4 leaping steps forward diagonally to the R.	
2	Continue leaping 4 diagonally forward to L.	
3-4	Continue leaping 8 directly forward in line of direction in large circle.	
	II. <u>Arch</u>	II. Arch
5-6	Keeping inside hands joined with man, R hand lady runs 8 in front of man and through arch formed by hands of man and other lady; returning to place. Man follows her around, running 8, turning inside own L arm. Second lady runs 8 in place.	
7-8	L hand lady runs 8 under arch formed by man and R hand lady. Man follows under own arm. Second lady runs 8 in place.	
B.	III. <u>Circle</u>	III. Circle
1-3	Each set of three join hands in own small circle and run 12 in clockwise circle.	
4	Stamp 3 times.	
5-7	Sets of three circle and run 12 in counter clockwise direction ending with man facing in line of direction of <u>large circle</u> .	
8	Man runs forward through arch formed by inside hands of 2 ladies and progresses on to the two ladies of the set ahead.	