TRIPLE SCHOTTISCHE

(Scandinavian)

Triple Schottische was learned by members of Valborg Gravander's Swedish Applied Arts Group, originally in San Francisco. The dance spread to the local folk dance clubs and became popular in the early years of the Federation.

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| MUSIC: | Records: Harmony 45-1 "Balen I Karlstad"; Imperial 1035 "Balen I Karlstad" (2 meas intro.); RCA Victor 26-0017; V25-004B "Tunes from Home Schottische" (originally used for this dance but not now available). Wait 8 meas.; Express 247, Schottische; Any good Swedish Schottische with 14-8 meas phrases. |
| FORMATION: | Groups of three, usually 1 M and 2 W, anywhere on the floor. M stand in front, facing LOD, arms folded across chest; W $\#1$ directly behind M, with hands on his shoulders: W $\#2$ behind W $\#1$ with hands on her shoulders. |
| STEPS AND STYLING: | Schottische*, Step-hop*. Throughout the dance the following schottische sequence is used: (4 meas) - Schottische beginning L, schottische beginning R, 4 step-hops - L R L R. When W hands are free, place them on hips with fingers fwd. *Described in Volumes of Folk Dances from Near and Far, published by the Folk Dance Federation of California, Inc., 1095 Market Street, San Francisco, California 94103 |
| MUSIC 4/4 | PATTERN |
| Measures | |
| | INTRODUCTION (Number of meas depends upon record selected.) |
| | I. SCHOTTISCHE SEQUENCE IN FORMATION |
| 1-12 | Beginning L, all dance 3 schottische sequences, M leading line around the floor in LOD. When schottische begins L, M may lead fwd diag L; when Schottische begins R, M may lead fwd diag R; on step-hops move directly fwd in LOD. |
| 13-14 | Schottische L, Schottische R |
| 15-16 | M Clap hands on ct 1 (meas 15), extend them out to sides and dance the 4 step-hops in place. M Dance the 4 step-hops, W #1 moving fwd to M R side, W #2 to his L side. W join inside hands with M, elbows down, hands at shoulder height; outside hands on hips. Dancers are now three abreast, M in ctr, all facing LOD. |
| | II. SCHOTTISCHE SEQUENCE, WOMEN CROSS OVER |
| 1-4 | Beginning L, dance 1 schottische sequence in LOD. |
| 5-6 | Schottische L, Schottische R. |
| 7-8 | On the 4 step-hops W change places: W $\#1$ cross in front of M, passing under the raised arms of M and W $\#2$, while W $\#2$ at the same time crosses to the opp side. Without releasing hands, M turn under own L arm. All finish facing RLOD (CW), W $\#2$ on outside. |

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TRIPLE SCHOTTISCHE (Concluded)

| 9–16 | | Repeat action of meas 1-8 (Fig II) moving fwd in RLOD. W $\#2$ pass under the raised joined hands of M and W $\#1$. All finish facing LOD, as at beginning of Fig II. |
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| | III. | SCHOTTISCHE SEQUENCE, WOMEN CROSS OVER AND PULL |
| 1-4 | | Beginning L, dance 1 schottische sequence fwd in LOD. |
| 5-6 | | Schottische L, schottische R. |
| 7 | | M Dance 2 step-hops in place. Remain facing LOD. With 2 step-hops cross over, W #1 passing under raised joined hands of M and W #2. Finish side by side, facing M, without releasing hands. W join outside hands over the other joined hands. |
| 8 | | W move bwd with 2 step-hops, pulling M in LOD, while with 2 step-hops he stoops low and resists somewhat. |
| 9-16 | | Beginning L, dance 2 schottische sequences as W continue moving bwd, pulling M in LOD. |
| | IV. | WOMEN SCHOTTISCHE ACROSS AND CIRCLE THREE |
| 1-2 | | M Release hands, fold arms high across chest and schottische L, moving slightly bwd, and schottische R slightly fwd. Join R hands and exchange places, passing in front of M with a schottische L. Keeping hands joined, return to place with a schottische R. |
| 3-4 | | All clap hands on ct 1 (meas 3), place hands on adjacent shoulders, keeping arms rounded to make a small circle, and revolve once CW with 4 step-hops. |
| 5-8 | | Repeat action of meas 1-4 (Fig IV). After the last step-hop, M duck under arms of W and all take original formation in column of three to repeat dance from the beginning. |