

Trei păzește de la Măceșu Romania

Trei păzește de la Măceșu (TRAY puh-ZESH-teh deh lah muh-CHEH-shoo) is from the village of Măceșu very near to Goicea in Oltenia. In this popular generic dance form the title means "three times, attention!", a warning to the dancers that the next step will be difficult or tricky. The dance was taught by Theodor Vasilescu at the '95 Stockton Folk Dance Camp.

Cassettes: Theodor Vasilescu: Romanian Folk Dances, Stockton 1995 Side A/7;
California Tour 1995 Side A/5. 2/4 meter

Formation: Mixed open circle, hands joined in V-pos, or lines with hands joined in front basket hold, L over R.

Styling: As is traditional, Vasilescu often shouted counts and words of encouragement during the dance. The following, offered here in parentheses at the ends of some measures, are suggestions; there is no obligation to use them.

one	una	(OO-nah)	five	cinci	(CHEENCH)
two	două	(DOH-uh)	listen	iausi	(ee-OWZ)
three	trei	(TREY)	let's go	haide	(HIGH-duh)
four	patru	(PAH-troo)	hey	hei	(HEY)

Measures 2/4 meter PATTERN

8 meas INTRODUCTION No action.

I. HEEL STEPS TO CENTER AND SCUFFS TO RIGHT AND LEFT

- 1-4 Facing and moving twd ctr, step fwd on R heel (ct 1); step on L near R heel (ct &); step fwd on R with accent (ct 2) (una). Repeat measure three times, alternating ftwk (două, trei, patru).
- 5 Facing and moving in LOD, step on R (ct 1); scuff L heel fwd beside R (ct &); repeat cts 1,& with opp ftwk (cts 2,&) (haide, haide).
- 6 Step in LOD on R (ct 1); scuff L heel fwd beside R (ct &); pivoting to face ctr, raise L leg fwd with knee bent (ct 2); stamp L beside R without wt (ct &).
- 7-8 Repeat meas 5,6 with opp ftwk and direction (haide, haide).

II. STAMPS TO RIGHT AND LEFT

- 1 Facing ctr and moving in LOD, step on R to R (ct 1); step on L across behind R (ct &); step on R to R (ct 2); stamp L beside R, no wt (ct &) (iausi una).
- 2 Moving in RLOD step on L to L (ct 1); step on R across behind L (ct &); step on L to L (ct 2).
- 3 Stamp R twice beside L, no wt (cts 1,2) (hei, hei).
- 4-8 Repeat meas 1-3; then repeat meas 1,2 (iausi două, hei, hei, iausi trei).

III. PIVOT TURNS AND TRAVEL IN RLOD

- 1 Facing ctr, step fwd on R (ct 1); step back on L, pivoting 1/4 CCW to face RLOD (ct 2) (una).
- 2-4 Repeat meas 1 three times, turning 1/4 CCW each time to end facing ctr (două, trei, patru). Join hands when facing twd or away from ctr; release hands when facing LOD or RLOD.
- 5 Facing ctr and moving in RLOD, step on R heel across in front of L (ct 1) (una); step on L behind R with accent (ct &); repeat cts 1,& (cts 2,&) (două).
- 6 Repeat meas 5, cts 1,& (cts 1,&) (trei); step on R across in front of L (ct 2) (patru); turning to face ctr, raise L leg slightly and bring it fwd (ct &).

IV. LEAPS AND STAMPS

- 1 Facing ctr, leap vigorously fwd onto L, bending both knees and bringing raised R leg in an arc around to the front (ct 1) (una); step on R across in front of L (ct 2); step back on L (ct &).
- 2 Step on R beside L (ct 1); step on L across in front of R (ct &); step back on R, bending both knees as L leg is raised in front (ct 2).
- 3 Repeat meas 1 (două).
- 4 Repeat meas 2, cts 1,& (cts 1,&); step on R to R (ct 2); step on L beside R (ct &).
- 5 Facing ctr and keeping L ft in place, stamp R diag fwd L with wt (ct 1); step back on L with accent (ct &); step on R beside L with accent (ct 2); step on L beside R with accent (ct &).
- 6 Repeat meas 5.
- 7 Repeat meas 5, cts 1,& (cts 1,&); moving bkwd away from ctr, step R, L (cts 2,&).
- 8 Repeat meas 7, cts 2,& (cts 1,&); step on R with accent, bending both knees and raising L leg fwd.
- 9 Brush L ft back, then fwd (cts 1,2).
- 10 Bending both knees, leap onto L bringing raised R leg fwd in a CCW arc (ct 1); step on R across in front of L (ct &); step back on L, bending knees and facing ctr with R leg raised fwd (ct 2).

SEQUENCE: Dance pattern three times as written; then repeat Figure I, meas 1-4 (una, două, trei, patru); end by stamping R fwd (meas 5, cts 1,2) (cinci).