

TRAVA TRAVA

(Greece)

Trava Trava (TRAH-vah TRAH-vah) (move on or travel on) was presented by John Filcich at University of the Pacific Folk Dance Camp in 1962.

MUSIC: Record: Festival 3510 (45 rpm)

FORMATION: Short lines of 6 to 8 M and W; dancers face ctr, arms straight out to sides, hands on nearest shoulders of persons adjacent. Leader should be a M. (In Greek dances, sometimes entire families dance in one line.)

STYLING: Ft are kept close to the floor and directly under the body; steps are small and are not performed vigorously. They are smooth and flowing and the body is held erect.

MUSIC 2/4

PATTERN

Measures

4 meas INTRODUCTION

Wait quietly in place.

I. THE DANCE

- 1 Step sdwd R (ct 1), step L back of R (ct 2).
- 2 Step sdwd R (ct 1), step L across in front of R (ct 2), keeping R ft in place, although rising slightly.
- 3 Shift wt to R ft in place (ct 1), shift wt fwd onto L ft (ct 2), shift wt again to R (ct &).
- 4 Shift wt fwd onto L again (ct 1), swing R slightly fwd with bent knee, toe pointing downward (ct 2). There may also be a slight raising and lowering of L heel on ct 2.

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:
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