

TRATA

(Greece)

Trata (TRAH-tah) refers to the fishing boats of Megara. This dance from Megara, not far from Athens, is done only by women and only at Easter time. There are other dances called Trata. This dance was presented by John Pappas at the 1967 University of the Pacific Folk Dance Camp.

MUSIC: Record: Aegean Echoes, Nina L 66, Side 1, Band 2
National 45-90A

FORMATION: A broken circle using front basket hold: Each dancer's R arm passes in front of the L arm of the neighbor to her R, and she holds the L hand of the second woman to her R. The leader, with her R hand, takes the R hand of her neighbor to her L. In the same manner, the two women at the other end of the line join their L hands.

STEPS AND Walk, point.

STYLING: Because the dance is for women, it should be very feminine in styling with ft never far from the floor. The dips should be graceful and smooth.

MUSIC 2/4

PATTERN

Measures

8 meas

INTRODUCTION

I. FIRST STEP

- A 1 Step R sdwd R (ct 1); step L across in front of R, bending knees in a dip (ct 2).
2 Step sdwd R (ct 1); face RLOD, point L toe diag L, bending R knee and leaning away from L ft (ct 2). The trunk of the body and the L leg should form a straight line, toe on floor with heel well lifted.
3 Shift wt to L ft while turning to face ctr (ct 1); continue turn to face LOD, point R ft to R, bending L knee and leaning away from R ft (ct 2). Trunk of body and R leg should form a straight line, R heel well lifted.
4-12 Repeat action of meas 1-3 three times (four times in all).

II. SECOND STEP

- B C 1 Face ctr and step R ft in place (ct 1); step bkwd L (ct 2).
2 Step bkwd R, L (cts 1, 2).
3 Step R sdwd R (ct 1); step L across in front of R, bending both knees in a dip (ct 2).
4-12 Repeat action of meas 1-3 (Fig II) three times (four times in all).
13-14 Repeat action of meas 1-2 (Fig II).

Repeat dance four times.

Note: When repeating the dance, the first dip of FIRST STEP appears to be the final dip of SECOND STEP.