

## Trabzoni Bar

(Armenia)

Trabzoni Bar (trahb-ZOH-nee bahr) means “dance from Trabzond,” a region in former West Armenia, present Turkey. The dance is created by Tineke van Geel, based on elements of Armenian dances from the region around Trabzond (Research Armenia 1985-1997). Presented by Tineke at the 2003 Stockton Folk Dance Camp.

CD: *Dances from Armenia*, Compilation Van Geel Records, Band 1. 2/4 meter

Formation: Mixed lines, arms down in V-pos, face ctr. Leader has the option of extending the straight arm lifted high, palm up. (Leader was traditionally a man).

Styling: Sharp movements. Syncopated yells can be done at any time. Tineke usually yelled on meas 1: “hey” on & cts; meas 2: “hey” on first & ct and ct 2. The call “ver-cheen” indicates last time through.

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Meas	Pattern
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4 meas INTRODUCTION

### FIGURE

- 1 Step on L across over R (L moves decisively fwd, then bkwd close to outside of R ft with straight leg), forearms swing to W pos with emphasis on up, but remain close to body (ct 1); step on R to R, arms swing down to V-pos and slightly back (ct 2);
- 2 Repeat meas 1.
- 3 Turn to face LOD, step on L to L twd ctr in plié with body wt over the L leg, arms to “debka pos” (L hand on own back) (ct 1)(ct 1); relevé on L (ct &); bounce on L heel (ct 2); bounce on L heel (ct &).
- 4 Two-step (RLR) in LOD: step fwd on R (ct 1); step on L beside R (ct &); step fwd on R (ct 2).
- 5 Two-step (LRL) in LOD: step fwd on L (ct 1); step on R beside L (ct &); step fwd on L (ct 2).
- 6 Step fwd on R (ct 1); step fwd on L (ct 2).
- 7 Two-step (RLR) in LOD: step fwd on R(ct 1); step on L beside R (ct &); turn to face ctr, step on R in place, arms down in V-pos (ct 2).
- 8 “Kerdzi” step: hop on R, while L knee is sharply lifted (ct &); extend upward with straight arms (ct 1); then swing down to V-pos (cts &,2). During meas 8, arms come up to W pos (ct &); extend with upward movement and sway down through a fwd ctr movement (cts 1,&,2).