Tokyo Polka (U.S.A.)

Tokyo Polka is a line dance choreographed by Richard Powers and presented by him at the 2011 Stockton Folk Dance Camp at the University of the Pacific.

| Music: | 2/4 meter CD: Stockton 2011, Richard Powers Dances, Track 1, Leva's Polka, 124 BPM. The Savo Finnish tune Ievan Polkka, meaning Eva's Polka, is also known as Loituma's Polka and Leva's Polka. The version remixed by Beatnick has a stronger polka beat. The Japanese version of that tune is by Hatsune Miku and is the better match for Tokyo Polka. It is the one on the camp CD. |
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| Video: | 2011 Stockton Folk Dance Camp DVD. Camp videos can be viewed in the library at University of the Pacific, or by contacting a camp participant who purchased it. YouTube video: http://www.youtube.com/watch?v=4]cofrSpIQM . |
| Formation: | Individual dancers, all facing top of hall. |
| Steps and Styling: | Styling is smooth with arms flowing naturally with the movements, but hands can also be held loosely at waist level, elbows bent. |
| | $\underline{Polka\ step}\text{: Hop on }R\ (ct\ \&);\ step\ L\ to\ L\ (ct\ \&);\ step\ L\ to\ L\ (ct\ \&);\ step\ L\ to\ L\ (ct\ 2).\ This\ step\ can\ also\ be\ done\ with\ opp\ ftwk.$ |
| Measures | 2/4 meter PATTERN |
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| | INTRODUCTION: 4 meas. Begin the dance with the lyrics of the song. |
| 1 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). |
| 2 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). |
| 2 3-4 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L to enear R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. |
| 2 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on |
| 2 3-4 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). |
| 2 3-4 5 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). Polka Step turning 180° CCW, traveling back around to L (cts &, 1, &, 2). Polka Step as in meas 6, continuing traveling back around to L to finish a 360° turn back to face as in |
| 2 3-4 5 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). Polka Step turning 180° CCW, traveling back around to L (cts &, 1, &, 2). |
| 2 3-4 5 6 7 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). Polka Step turning 180° CCW, traveling back around to L (cts &, 1, &, 2). Polka Step as in meas 6, continuing traveling back around to L to finish a 360° turn back to face as in orig pos (cts &, 1, &, 2). |
| 2 3-4 5 6 7 8 9 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). Polka Step turning 180° CCW, traveling back around to L (cts &, 1, &, 2). Polka Step as in meas 6, continuing traveling back around to L to finish a 360° turn back to face as in orig pos (cts &, 1, &, 2). Rock back onto L (ct 1); rock fwd on R (ct 2). Repeat meas 5 (cts 1, 2). Polka Step sideways, beg L to L (cts &, 1, &, 2). |
| 2 3-4 5 6 7 8 9 10 11 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). Polka Step turning 180° CCW, traveling back around to L (cts &, 1, &, 2). Polka Step as in meas 6, continuing traveling back around to L to finish a 360° turn back to face as in orig pos (cts &, 1, &, 2). Rock back onto L (ct 1); rock fwd on R (ct 2). Repeat meas 5 (cts 1, 2). Polka Step sideways, beg L to L (cts &, 1, &, 2). Repeat meas 9 with opp ftwk. |
| 2 3-4 5 6 7 8 9 10 11 12 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). Polka Step turning 180° CCW, traveling back around to L (cts &, 1, &, 2). Polka Step as in meas 6, continuing traveling back around to L to finish a 360° turn back to face as in orig pos (cts &, 1, &, 2). Rock back onto L (ct 1); rock fwd on R (ct 2). Repeat meas 5 (cts 1, 2). Polka Step sideways, beg L to L (cts &, 1, &, 2). Repeat meas 9 with opp ftwk. Polka Step sideways, beg R to R (cts &, 1, &, 2). |
| 2 3-4 5 6 7 8 9 10 11 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). Polka Step turning 180° CCW, traveling back around to L (cts &, 1, &, 2). Polka Step as in meas 6, continuing traveling back around to L to finish a 360° turn back to face as in orig pos (cts &, 1, &, 2). Rock back onto L (ct 1); rock fwd on R (ct 2). Repeat meas 5 (cts 1, 2). Polka Step sideways, beg L to L (cts &, 1, &, 2). Repeat meas 9 with opp ftwk. Polka Step sideways, beg R to R (cts &, 1, &, 2). Polka Step beg L traveling fwd, twisting upper body slightly CW to throw L shldr fwd (cts &, 1, &, 2). |
| 2 3-4 5 6 7 8 9 10 11 12 13 | Hopping on R, place L heel fwd to diag L (ct 1); hopping on R, place L toe near R (ct 2). Polka Step to diag L (cts &, 1, &, 2). Repeat meas 1-2 with opp ftwk and direction. Rock fwd on L across R, rotating upper body CW, L arm crossing over with ft (ct 1); rock back on R (ct 2). Polka Step turning 180° CCW, traveling back around to L (cts &, 1, &, 2). Polka Step as in meas 6, continuing traveling back around to L to finish a 360° turn back to face as in orig pos (cts &, 1, &, 2). Rock back onto L (ct 1); rock fwd on R (ct 2). Repeat meas 5 (cts 1, 2). Polka Step sideways, beg L to L (cts &, 1, &, 2). Repeat meas 9 with opp ftwk. Polka Step sideways, beg R to R (cts &, 1, &, 2). Polka Step beg L traveling fwd, twisting upper body slightly CW to throw L shldr fwd (cts &, 1, &, 2). |
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The result from meas 15-16 is a $3\!\!/\!\!4$ turn from orig pos in meas 1.