

# TOI NERGIS

(Armenia)

Toi Nergis (Toi nair-GEES) was introduced at the University of the Pacific Folk Dance Camp in 1970, by Vyts Beliajus.

MUSIC: Record: Folkraft 1528 x 45, Side B.

FORMATION: Broken circle, leader at R end of line. M and W dance in separate lines.

M line: Arms extended sdwd, hands on nearer shoulder of adjacent dancers. Dancer at each end of line hold free arm extended, but slightly rounded, with palm down.

W line: W link little fingers with adjacent dancers, elbows bent, hands near shoulders. Dancer at each end of line (both M and W) may hold handkerchief in free hand.

STEPS AND Walk\*, stamp\*.

STYLING: M dance with energy. W dance in restrained manner.

\*Described in volumes of "Folk Dances from Near and Far", published by the Folk Dance Federation of California, Inc., San Francisco, California 94103.

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MUSIC 2/4

PATTERN

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## Measures

8 meas INTRODUCTION No action

### THE DANCE

#### M STEPS

- 1 Facing slightly to R,  
M step fwd (LOD)  
on R (ct 1).  
Step fwd on L (ct 2).
- 2 Step fwd on R, turning  
to face ctr (ct 1).  
Lift L knee in front  
of R (ct 2).
- 3 Step sdwd to L on L (ct 1).  
Touch R toe in front of L,  
knee turned out (ct 2).
- 4 Stamp R beside L three  
times (cts 1, &, 2).

#### W STEPS

- W, facing ctr, step R to R,  
at same time bring joined  
hands over to R (ct 1).  
Step L beside R, at same time  
bringing joined hands over to L (ct 2).
- Step R to R, bringing hands over  
to R (ct 1)  
Close L to R (no wt) bringing hands  
over to L (ct 2).
- Step L to L, bringing hands down  
to sides (ct 1).  
Touch R toe in front of L,  
knee turned out. Bring hands to  
shoulder level (ct 2).
- Stamp R beside L three  
times (cts 1, &, 2).