TOI NERGIS
(Armenia)

Toi Nergis (Toi nair-GEES) was introduced at the University of the Pacific Folk Dance Camp in 1970, by Vyts Beilajus.

MUSIC: Record: Folkraft 1528 x 45, Side B.

FORMATION: Broken circle, leader at R end of line. M and W dance in separate lines.

M line: Arms extended sdwd, hands on nearer shoulder of adjacent dancers. Dancer at each end of line hold free arm extended, but slightly rounded, with palm down.

W line: W link little fingers with adjacent dancers, elbows bent, hands near shoulders. Dancer at each end of line (both M and W) may hold handkerchief in free hand.


*Described in volumes of "Folk Dances from Near and Far", published by the Folk Dance Federation of California, Inc., San Francisco, California 94103.

MUSIC 2/4  PATTERN

Measures

8 meas  INTRODUCTION  No action

THE DANCE

M STEPS

1  Facing slightly to R,
   M step fwd (LOD)
on R (ct 1).
   Step fwd on L (ct 2).

2  Step fwd on R, turning
to face ctr (ct 1).
   Lift L knee in front
   of R (ct 2).

3  Step sdwd to L on L (ct 1).
   Touch R toe in front of L,
knee turned out (ct 2).

4  Stamp R beside L three
times (cts 1, & 2).

W STEPS

W, facing ctr, step R to R,
at same time bring joined
hands over to R (ct 1).
   Step L beside R, at same time
   bringing joined hands over to L (ct 2).

   Step R to R, bringing hands over
to R (ct 1).
   Close L to R (no wt) bringing hands
   over to L (ct 2).

   Step L to L, bringing hands down
to sides (ct 1).
   Touch R toe in front of L,
knee turned out. Bring hands to
shoulder level (ct 2).

   Stamp R beside L three
times (cts 1, & 2).