

TIMONIA

(Russia)

Timonia (Tee-MOH-nyah) comes from the region of the Ural Mountains. The name Timonia is said to commemorate Timothy who was the father of Ermak, the discoverer of Siberia. Timonia was introduced by Anatol Joukowsky at the University of the Pacific Folk Dance Camp, 1970.

MUSIC: Record: National 4525 B

FORMATION: Broken circle of cpls, W to L of ptr. Hands are joined and held low. Leading M R hand is free and last W has back of L hand on hip.

STEPS and STYLING: Walk: Unless otherwise designated, do one step to each beat. Knees flex easily on each step.

Basic Pattern: (6 meas of 2/4 meter) Walk in designated direction R,L,R,L (meas 1,2). Continuing step R (meas 3, ct 1). Stamp L beside R, no wt (ct 2). Walk L,R,L,R (meas 4,5). Almost in place stamp lightly L,R,L (meas 6, cts 1,&,2). Repeat of pattern would again start R.

Note: The Basic Pattern done twice moving in LOD occurs throughout the dance and may be thought of as a Chorus figure.

Prysiadka: (3 meas of 2/4 meter) From standing pos, squat to heels, hands crossed between knees with palms turned in (meas 1). Spring to standing pos with wt on R and L heel a little fwd (meas 2, ct 1). Arms are extended to side about hip height. Hold pos for meas 2, ct 2 and meas 3. On repeat of the prysiadka, wt would be on L with R heel on the floor.

MUSIC 4/4, 2/4

PATTERN

Measures

4/4

4 meas INTRODUCTION

2/4 I. BASIC PATTERN IN LOD, TO CTR, IN LOD

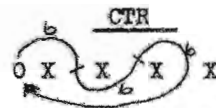
1-12 Moving in LOD (CCW) dance Basic Pattern twice (Chorus).

13-24 Facing ctr, dance 1 Basic Pattern twd ctr and 1 Basic Pattern, moving bkwd away from ctr. Going in, joined hands may raise a little and resume orig pos on backing out.

25-36 Moving in LOD dance Basic Pattern twice (Chorus).

II. WOMEN SERPENTINE

1-12 Women: Fig takes 24 walking steps to complete. Begin R ft. Backs of hands are on hips and shoulders lead naturally. Make an arc to go in front of ptr and then between ptr and 2nd M (6 steps). Continuing, make an arc behind 2nd M and then go between 2nd M and 3rd M (6 steps). Make an arc to go in front of 3rd M and then between 3rd and 4th M (6 steps). Go behind M line to end in orig place (6 steps). The first 2 W in line dance the described floor pattern even if there is no M standing there.



Men: Stand in place with wt on L ft and hands clasped behind back. Straighten knees on ct 1. Relax knees on ct 2. Continue this action for 12 meas.

All: At end of meas 12 rejoin hands in the line.

III. BASIC PATTERN (CHORUS)

1-12 Moving in LOD dance Basic Pattern twice.

4/4 IV. BRUSH STEP

1-2 Women: With back of hands on hips, walk 8 small steps moving diag fwd R. Make a 1/2 turn L (CCW) to end facing ptr.

3 Stamp R (ct 1). Brush L ft fwd (ct 2). Brush L ft diag bkwd R across R ft (ct 3). Brush L ft diag fwd L (ct 4).



TIMONIA (continued)

- 4 In place step L,R,L (cts 1-3). Place R ft a little fwd (ct 4).
Men: Stand in place with hands clasped behind back watching the W (meas 1-4).
- 5-6 Men: Repeat action of W brush step (meas 3) twice. Start with stamp on R and do the repeat starting with stamp on L.
- 7-8 With 8 steps beginning R move twd ptr.
Women: Stand in place with backs of hands on hips watching the M (meas 5-8). At very end turn CCW so all may join hands to reform the line.

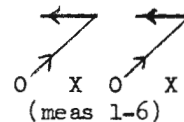
2/4 V. BASIC PATTERN (CHORUS)

- 1-12 Moving in LOD dance Basic Pattern twice. If necessary move the line away from the ctr of the hall.

VI. MEN PRYSIADKA AND WOMEN PROMENADE

- Men: Meas 1-12 In place dance 4 prysiadkas beginning with L heel extended first.
- 1-3 Women: With back of hands on hips, move diag fwd R with 5 small steps beginning R ft. Making a 1/8 turn L, step L next to R.
- 4-6 Walk fwd 5 steps beginning R ft. Making 1/2 turn L, stamp L next to R, no wt.
- 7-9 Retracing floor pattern of meas 4-6, walk fwd 5 steps beginning L. Making a 1/8 turn R, stamp R next to L, no wt.
- 10-12 Retracing floor pattern of meas 1-3, walk 6 steps back to orig place. At end, turn L (CCW) so line may be reformed.

CTR



VII. BASIC PATTERN (CHORUS)

- 1-12 Moving in LOD dance Basic Pattern twice.
- 68 meas REPEAT ACTION OF FIG II - VII

VIII. FINALE

- 1 Moving in LOD run 3 small steps R,L,R (cts 1,&,2). Stamp L next to R, no wt (ct &).
- 2 Repeat action of meas 1, starting L ft.
- 3-4 Repeat action of meas 1-2.
- 5 Repeat action of meas 1.
- 6 Almost in place stamp L,R,L (cts 1,&,2).
- 7-12 Repeat action of meas 1-6.