

TATRA DANCE
(Carpathian)

This vigorous couple dance comes from the region of the high mountains in the Carpathians, close to the Polish border. It partakes of the spirit of both Slovakian and Polish dances. (LC)

Music Attached.

Formation Couples, in circle formation, progressing counter-clockwise. Open position, outside hands held high.

Steps Cross polka*, skipping*, a special step to be described.

<u>Music</u>	<u>Step Pattern</u>
Measures	I. <u>Cross Polka progressing fwd</u> --Couples stand during 4 measures of introductory music.
1-4	Starting with R foot, 4 cross polka steps fwd.
1-4 repeated	8 skipping steps fwd lifting the knees.
5-8 twice	Repeat all. End in a single circle, facing partner, hands on hips.
9-12	II. <u>Cross Polka in place</u> --Starting with R foot, movements of measures 1-4 are repeated, dancing almost in place.
9-12 repeated	With arms folded and elbows lifted, 8 skipping steps passing partner, R shoulder to R shoulder and back to back(do-si-do).
13-16 twice	Movements of measures 9-12 are repeated.
17	III. <u>Jumping Step</u> --Partners jump, landing with L heel against inner border of R toe and drop down, bending knees deeply (ct.1), hep on L, lifting R leg sdwd with straight knee(ct.2).
18	Step R behind L(ct.1), step L sdwd(ct.and), step R in front of L(ct.2). (M move sdwd toward center of circle, W away from center of circle.)
19-20 and 17-20 repeated	Movements of measures 17-18 are repeated 3 times beginning with R,L,and R in front.
21-18	Partners with R side to R side, R arms around partner's waist, free hand held high. Turn clockwise with 16 skipping steps.

Introduction

Tatra

Handwritten musical score for measures 1-4. The system consists of two staves: a treble clef staff and a bass clef staff. The key signature is two sharps (F# and C#) and the time signature is 2/4. A dynamic marking of *f* (forte) is present at the beginning. The treble staff contains a melodic line with slurs and accents. The bass staff contains a bass line with slurs and accents. Measure numbers 1, 2, 3, and 4 are written below the treble staff.

Handwritten musical score for measures 5-9. The system consists of two staves. The treble staff has a dynamic marking of *p* (piano) at the start of measure 5. A second ending bracket labeled "II" spans measures 8 and 9. The bass staff continues the bass line. Measure numbers 5, 6, 7, 8, and 9 are written below the treble staff.

Handwritten musical score for measures 10-16. The system consists of two staves. The treble staff continues the melodic line. The bass staff continues the bass line. Measure numbers 10, 11, 12, 13, 14, 15, and 16 are written below the treble staff.

Handwritten musical score for measures 17-22. The system consists of two staves. A second ending bracket labeled "II" spans measures 17 and 18. The treble staff continues the melodic line. The bass staff continues the bass line. Measure numbers 17, 18, 19, 20, 21, and 22 are written below the treble staff.

Handwritten musical score for measures 23-28. The system consists of two staves. The treble staff continues the melodic line. The bass staff continues the bass line. Measure numbers 23, 24, 25, 26, 27, and 28 are written below the treble staff.