

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:

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NOTE:
For easy reading, open staples,
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TANT' HESSIE

(SOUTH AFRICA)

Tant' Hessie – Aunt Esther's White Horse, a recreation dance from South Africa, was presented at University of the Pacific Folk Dance Camp by Huig Hofman of Antwerp, Belgium, 1962.

MUSIC: Record: Folkraft 337-006B – Band 2

FORMATION: Cpls in double circle, ptrs facing about 4 feet apart, M back to ctr.

STEPS AND STYLING: Walking step*, buzz turn (tikiedraai)*, dos a dos*. Walk with light, springy steps, weight fwd over ball of ft; heels barely touch floor. Hands hang naturally at sides and swing easily fwd and bwd with motion of ft and body.

* Described in Volumes of Folk Dances from Near and Far, published by Folk Dance Federation of California, Inc. 1095 Market Street, San Francisco 3, California.

MUSIC 2/4

PATTERN

Measures

1-8 INTRODUCTION – No action.

I. ADVANCE AND RETIRE

1-2 Both begin L. Walk fwd twd ptr with four steps, closing on fourth step. Form single circle, R shoulders adjacent. Nod to ptr.

3-4 Walk bwd to place with four steps, closing on fourth step.

5-6 Repeat action of meas 1-2, to form single circle with L shoulders adjacent.

7-8 Repeat action of meas 3-4.

II. DOS-A-DOS

1-4 With 8 walking steps, dos-a-dos; pass R shoulders with ptr.

5-8 Repeat action of meas 1-4 (Fig II); pass L shoulders with ptr.

III. SWING WITH PARTNER

1-8 W place both hands on M shoulders, M place R hand on W waist, L hand on her upper R arm. With buzz turn (tikiedraai), swing slowly CW. (NOTE: If danced by children, an elbow turn may be used.) On completion of swing, ptrs separate to reform double circle facing each other.

Each progress to person at L on first walk fwd (Fig I, meas 1-2) to repeat dance with new ptr.