

# TA'AM HAMAN

(Israeli)

Ta'am Haman (Tah-AHM Hah-MAHN) is a Buckharan-Jewish tune and is translated "The Taste of Manna." Buckhara, a former emirate of W. Asia, is a city of approximately 50,000 population in Central Asia in W. Uzbek of the SSR, east of Amu Darya.

The lyrics and music were written by I. E. Navon, and the dance was choreographed by Yoav Ashriel. It was learned in Israel by Miriam Lidster and was introduced by her at the 1960 University of the Pacific Folk Dance Camp.

**MUSIC:** Record: Symphonia HS-203, Side 1, Band 1 (accelerate slightly); Vanguard VRS-9048, "Folk Songs by the Karmon Israeli Singers and Dancers"; Tivka T69-LP, Side 1, Band 4.  
Piano: Melodic Line: Pamphlet #8, Merkaz Letarbut Ulechinuch, Israel, 1957.

**FORMATION:** Cpls in double circle, facing CCW, W to M R; hands joined R in R, L in L.

**STEPS AND STYLING:** Yemenite Step: Left (2 meas). Step swd L with L, bending knee (cts 1, 2), step R slightly behind L, extending knees (ct 3); step L across in front of R, bending both knees (cts 1, 2); hold, extending L knee (ct 3). The quality of the step should be that of the camel - a down-up, down-up. There is none of the smooth, slinky quality of the tango. Hips remain straight and do not turn. Yemenite Step, Right, would use opp ftwork.

Sliding Step: (2 meas) Step L (cts 1, 2), close R to L (ct 3); step L (cts 1, 2, 3). This should be a wide step with R ft chasing. Next step would begin R.

Brush\*

**NOTE:** Because the music is written in fast 3/4 meter, the pulse or underlying beat of the music is similar to 6/8.

---

MUSIC 3/4

PATTERN

---

## INTRODUCTION

Symphonia, 8 meas.

Tivka, 4 meas.

Vanguard, no introduction.

### I. YEMENITE, SLIDE-BRUSH

- 1-2 a) Dance 1 Yemenite Step L.  
3 Step R in front of L, bending knee slightly (ct 1, 2, 3).  
4 Transfer wt back onto L (ct 1, 2, 3).  
5-6 Repeat action of meas 3-4.  
7-8 Dance 1 Yemenite Step R.  
1-8 Repeat action of meas 1-8.  
(repeated)  
9-10 b) With L shoulder twd ctr, dance 1 sliding step L (twd ctr).  
11-12 Brush R ft across in front of L, lifting R knee, toe pointed up (ct 1, 2, 3); make a slight dip on L, bending L knee (ct 1, 2, 3).

TA'AM HAMAN (concluded)

- 13-16 Repeat action of meas 9-12 with opp ftwk and direction.  
9-16 Repeat action of meas 9-16 (Fig I, b).  
(repeated)  
17-18 c) Dance 1 Yemenite step L.  
19-20 Beginning R, move fwd CCW with a smooth step-close-step. Slight lift and reach on first step.  
21-24 & Repeat action of meas 17-20 three more times.  
17-24  
(repeated)

II. PARTNERS FACE TO FACE

- a) Double circle, ptrs face to face, M back to ctr. Both hands of M hold R hand of W in an upright pos (or it may be danced with just R hands joined at chest height).  
1-8 & Repeat action of Fig I, (a) meas 1-8 and 1-8 repeated. On the fwd  
1-8 step, M keep R ft on the outside of W R, R shoulders adjacent.  
(repeated)  
9-16 & b) Repeat action of Fig I (b), meas 9-16 and 9-16 repeated, moving to  
9-16 own L. While bending knee on ct 3 (meas 1, 2), M join L hand with W  
(repeated) to his L (R knee is bent and R ft touches ft of new W). W does the same  
with M to her L, thus forming a chain of joined hands. On the repeat  
to R, change hands with ptr and join hands with new W to M R, touching  
L ft.  
17-24 & c) Repeat action of Fig I (c), exactly.  
17-24  
(repeated) The number of times the dance is repeated depends upon the record  
being used.