Szot Madziar (CPl)

(Poland)

Szot Madziar (shawt MAH-djar) is a couple dance influenced by the Walachs culture, some elements of which have survived until today in the western Carpathian Mountains - the Silesian Cieszyn area in southern Poland.

Music: CD: Dance Poland, 1977 Band 14 4/4 meter

Formation: Cplrs at random about the area, ptrs facing with R hands joined and L hand on hip.

Steps and Styling:

Side Step (2 to a meas): Moving to L: Step on L ft sdwd to L, straightening knees (ct 1); close R to L, taking wt and bending knees (ct 2); repeat cts 1,2 (cts 3,4).

Moving to R: Use opp ftwk and direction.

Note: Each Side Step is preceded by a bend of the knees on ct 4 of the meas before.

Triangle (R ft active): With wt on L ft, touch toe of R ft in front of L (ct 1); touch R toe out to the side (ct 2); close R ft to L taking wt (ct 3); hold (ct 4).

Triangle (L ft active): Same as Triangle (R ft) with opp ftwk.

Hands: When free, make into loose fists and place on hips.

Clap: (M only) Turn L palm up about waist level while raising R hand up about head height. Bring R hand down in a CCW arc and strike R palm on L palm.

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<td>INTRODUCTION None. Just before the music starts, bend knees.</td>
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<td>I. SIDE STEPS AND ELBOW HOOKS</td>
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A 1

Beg M L and W R dance 2 Side Steps.

2

Dance a Triangle pattern with M L and W R toe doing the touching. At the end, bend knees (ct 4).

3–4

Repeat meas 1–2 with opp ftwk and direction.

5

Both beg L, hook R elbow and circle 1/2 CW with 4 steps, changing places with ptr. M clap hands on 1 and then raise L hand up diag sdwd L with elbow straight. W left hand is still on hip.

6

Releasing R elbows, both beg L ft and walk an individual circle to own L (CCW) with 3 steps (cts 1,2,3); hold (ct 4). Hold L hand in front about waist level, arm rounded and palm facing the body. R hand is on hip.

7–8

Repeat meas 5–6 with opp ftwk and direction (R hand still claps against L). At the end, bend knees (meas 8, ct 4).
II. **SIDE STEP WITH A CROSSING STEP**

A 1  With R hands joined, beg M L, W R and step sdwd to M L, straightening knees (ct 1); with M R, W L step across in front of the other ft, bending knee (ct 2); repeat (cts 3,4).  

2  Repeat Triangle with M L ft, W R ft active. At end, bend knees (ct 4).

3-4  Repeat meas 1-2 with opp ftwk and direction.

5  Repeat Fig I, meas 5 (Hook R elbows and exchange places).

6  With hands on hips, turn R (CW) in place with 3 steps (cts 1,2,3); hold (ct 4). End facing ptr.

7-8  Repeat meas 5-6 with opp ftwk and direction. At end, bend knees (meas 8, ct 4).

III. **SIDEWARD AWAY FROM PARTNER**

B 1  With hands on hips dance 2 Side Steps to own R.

2  Repeat Triangle with R ft active. At end, bend knees (ct 4).

3-4  Repeat meas 1-2 with opp ftwk and direction. Omit knee bend at the end of meas 4.

5  Beg R, turn CW once while moving sdwd R with 3 steps (cts 1,2,3); step on L beside R (ct 4).

6  Repeat Triangle with R ft active.

7-8  Repeat meas 5-6 with opp ftwk and direction. At end, bend knees (meas 8, ct 4).

IV. **SIDEWARD AND CHANGE PLACES**

B 1-4  Repeat Fig III, meas 1-4.

5-6  M make fists and hold out to sides about head level. Both beg R, change places in CW direction with 4 slow steps (1 step to 2 cts). M make fists and hold out to sides about head level. M cross over with 2 steps and then turn L (CCW) to face ptr. W may make a CW or CCW turn on last 2 steps. End with ptrs facing.

7  M:  Bend knees, lean fwd and slap R thigh with R hand (ct 1); 
     L thigh with L (ct &); clap hands in front about chest level (ct 2); hold (ct &); repeat (cts 3, & 4, &).
     W:  Make a R (CW) turn in place with 4 steps (1 to a ct).

8  M:  Kneel on R knee (R knee close to L heel, R toe extended so that top of R ft is on floor) and spread both arms to side (ct 1); hold (ct 2); rise (ct 3); place hands on hips (ct 4).
     W:  Dance Triangle with R ft active.

SEQUENCE:  Dance pattern as written three times.