SZÖKKENÓS
(Hungary)

(Pronounced Soo-keh-noosh)

This is a simple couple dance from Dévaványa in Eastern Hungary. Szökken is a general term for a leap or hop, from which the dance's name is derived.

SOURCE: Zs. Vágó and M. Szentpál. Published material by the Dance Department of the Institute of Popular (Folk) Culture in Hungary. The dance was arranged for recreational folk dancing in the United States by Andor Czombo, 1967.

MUSIC: "Esik eso" . . . . is the recommended melody. Record: Buccaneer #14431A.
The dance is described in 4/4/ meter.

STYLE: Light and playful.

FORMATION: Couples scattered around the room, facing CCW. M stands to L of W. W hands are placed on the hips. M escorts W with his R arm.

BASIC STEPS: Walk, run, leap and hop.

PATTERN

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PART I (MELODY I)

Introduction. No movement
Beginning with R ft, walk forward 4 steps. Each step takes 2 counts.
Take 3 running steps fwd, R,L,R.
Hop on R ft.
Repeat Meas 7 with opposite footwork.
Do 4 of the run, run, run, hop combinations, alternating the leading ft, R,L,R,L.
Without changing the handhold, M acts as a pivot and leads the W forward around so that the couple turns together in place CCW.
Partners release the handhold and turn away from each other, W R, M L, making a full turn in a small circle with four walking steps. Each step takes 2 counts. Return to the original position and resume handhold.
Repeat 9-14, but at the end, instead of joining side-by-side, partners face each other and join hands low, R to L hand, L to R hand.
NOTE: At the end, the M actually takes 3 steps, and closes his L ft to his R without taking weight. This frees his L for the next figure.

PART II (Melody I repeated)

1 Partners moving sideways, M L, W R, do a step, step, step, hop pattern, M starting with L, W with the R. Do the first 2 steps as stamps, bending forward slightly and turning to face the LOD.

2 Facing each other, partners do 2 leap-hops in place, M starting with R and W with L. At the same time, swing joined hands to the same side as the Leap-hop.

3-4 Repeat meas 1-2 with opposite footwork moving in the other direction.
5-8 Repeat meas 1-4

9 Partners turn away from each other, M to the L, W to the R, with a run, run, run, hop pattern.

10 Doing another run, run, run, hop figure, partners complete the turn and face each other.
again, resuming the simple two handhold,

11  1-2  Take 2 running steps in place.
3    Sharply close the feet together
4    Pause

12  Same as Meas 11, but this time, both partners begin with the R ft.

13  1-3  Partners do 3 small running steps, beginning with R ft and turning CCW as a couple, but still facing each other.
4    Pause and sit on R.

14  Repeat Meas 13 with opposite footwork, moving CW

15-20 Repeat Meas 9-14, but at the end, instead of facing each other, W moves to the R side of the M with 3 running steps. Resume the handhold described at the beginning of the dance.

From here, repeat the whole dance from the beginning. Replace the Introduction with the same movements as Meas 5-8 of Part I and continue as before.

The directions for this dance are meant only as refresher notes for those who have learned the dance from a qualified teacher.


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