Syrtos Roudou
(Greece)

Syrtos Roudou (seer-TOHS ROH-doo), meaning Syrtos from Rhodes, was taught by Vyts Beliajus at the 1971 Kolo Festival in San Francisco.

MUSIC: Record: Folkraft 1572 (45)

7/8 meter (may be counted 1, 2, 3) Rhythm S, Q, Q

FORMATION: Circle (or lines) of cpls, all facing ctr. W to M R; all hands joined in "W" pos.

STEPS and CLOSE: Draw ball of free ft to supporting ft.

STYLING: When hands are free, M place knuckles at small of back or extend arms sdwd at about shldr level; W place knuckles on hips.

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Measures

I. BASIC

A 1 Touch ball of L ft fwd, with easy bend of R knee (ct 1); step bkwd on L (ct 2); turn to face diag R of ctr and step on R beside L (ct 3).

2 Continuing diag R (LOD), step fwd on L (ct 1); turn to face ctr and step sdwd R on R (ct 2); close L beside R, taking wt (ct 3).

3 Face diag L and moving RLOD, step fwd on R ft with easy bend of knee and raise L ft back of R leg (ct 1); step bkwd on L, turning to face ctr (ct 2); step sdwd R on R (ct 3).

4 Step on L across in front of R ft (ct 1); close R beside L, taking wt (ct 2); hold (ct 3).

5-8 Repeat action of meas 1-4.

II. PARTNERS CHANGE PLACES

B 9 Repeat action of meas 1 (Basic).

10-12 M: Place knuckles at back or extend arms. Repeat action of meas 2-4 (Basic) exactly.

10 W: Place knuckles on hips. Step fwd diag twd ctr on L ft (ct 1); step fwd on R, turning T/2 CCW to face ptr (W is now inside with back to ctr of circle) (ct 2); close L beside R, taking wt (ct 3).

11 Facing ptr, step on R ft across in front of L with 1/4 turn CCW to bring R elbows almost touching, L ft raised back of R leg (ct 1); step back on L in place with 1/4 turn CW to again face ptr (ct 2); step fwd on R (ct 3).

12 Step fwd on L ft, turning 1/2 CW to face ctr, at ptr L side (ct 1); step on R ft beside L, as all rejoin hands (ct 2); hold (ct 3).

13-16 Both repeat action of meas 9-12, with M moving twd ctr to change places while W dances in place.

Repeat dance from the beginning.